

Support
Our Island
Businesses
**SHOP AND
DINE LOCAL**



PRSRT STD
U.S. POSTAGE
PAID
FT MYERS, FL
PERMIT #5718

Postal Customer
ECRWSS

VOL. 29, NO. 2

SANIBEL & CAPTIVA ISLANDS, FLORIDA

JULY 9, 2021

JULY SUNRISE/SUNSET: 9 6:42 • 8:25 10 6:43 • 8:25 11 6:43 • 8:25 12 6:44 • 8:24 13 6:44 • 8:24 14 6:45 • 8:24 15 6:45 • 8:24

FISH Of SanCap Hosting Virtual Cooking Class

FISH of SanCap will host its second Cooking with Leslie webinar on Thursday, July 22 from 2 to 3 p.m. The program will be offered monthly via Zoom and registration is required.

Leslie Adams, chef and owner of Sanibel Captiva Catering, LLC/Catering by Leslie Adams, will lead the class.

The format will allow participants to cook together, virtually, as a group. Ingredients can be provided on the day of the class, compliments of FISH, and delivered to Sanibel and Captiva residents, or participants can purchase them on their own with a list provided by FISH. Recipes are geared toward smaller portion sizes.

This month's recipes are Pecan Encrusted Salmon, Creamy Risotto, Hericot Vert (French green beans), and Mascerated Berries for dessert.

Adams is the former owner of award-winning Rosie's Deli on Sanibel. After six years of ownership, Adams sold the deli to



Leslie Adams

photo provided

devote her energy and talents to catering and private chef service. She was trained at the California Culinary Academy in San Francisco and expanded her expertise by attending classes at Le Cordon Bleu in Paris. She has been a caterer and private chef on Sanibel and Captiva for 14 years.

"Our first session was a huge success,"
continued on page 38

BIG ARTS Hosting Reception With The Artists

On Saturday, July 17 from 5 to 7 p.m., BIG ARTS will host a fine arts reception and artist talk to celebrate the current exhibit, Fast Forward, which features works by alumni of Florida SouthWestern State College. The reception will be held in BIG ARTS Dunham Family Gallery. Complimentary wine and other beverages will be available, and the talk will begin at 5:30 p.m.

"We're thrilled to have a reception and artist talk back at BIG ARTS," said Lauren Huff, program and gallery manager. "It's really exciting to host these seven young up-and-coming artists at BIG ARTS. This has been a really fantastic exhibit, and we're really looking forward to having all the artists here to discuss their work."

Featuring artists Martha De la Cruz, Dalton Howard, Alejandro Gómez Hernandez, Claire Malécot, Leila Mesdaghi, Kirsten Pettifor and BA Wikoff, Fast Forward is a multi-media exhibition



The Queens Rising Variation by Leila Mesdaghi

photo provided

in which the artists imagine the future from the vantage point of this historically turbulent and uncertain time. The work on display ranges from pieces as personal as sewing together one's cultural and familial

continued on page 34

Longstanding Donor Honored At SCCF Preserve

Sanibel-Captiva Conservation Foundation (SCCF) has acquired 2.2 acres of environmentally sensitive land off Pine Avenue on Sanibel that was donated by the Valade family.

The Gretchen C. Valade Preserve honors one of SCCF's most innovative and longstanding donors. A seasonal island resident since 1980, Gretchen Valade was the primary underwriter for the first five years of the SCCF Marine Lab's operating plan and also took a leadership role in inspiring others to give through challenge grants that matched public-sector funding.

"Preserving this wildlife habitat is the perfect way for our family to honor our mother's longstanding support of SCCF's conservation efforts on and around Sanibel and Captiva," said Mark Valade.

The Pine Avenue property contains uplands that are covered in shrubs and hardwoods, including the exotic Australian pine. There are a few active gopher tortoise burrows, but most have been choked out by the shade due to overgrowth of canopy trees. A lot of



photos provided

the ground is covered in Australian pine needles that have eliminated native groundcover plants.

SCCF CEO Ryan Orgera said the donation has "made it possible for us to acquire key parcels we had identified that are in need of re-wilding to restore native habitat for wildlife. We are thrilled to have Gretchen's name on one of our preserves to honor her legacy of giving."

The thin section of the parcel along



The preserve will be restored to provide native wildlife habitat

Sanibel-Captiva Road is a mixture of native and non-native hammock trees. The exotic Phoenix palm and more Australian pines will be removed or treated so native vegetation can become the

dominant species on this strip of land.

Restoration through exotics removal and strategic replanting of native flora of the larger section will allow sunlight to

continued on page 40



The Community House

Community House Events

Children ages 6 to 12 are invited to “Flamingle” Some Fun at summer camp, which runs Monday through Friday, July 5 to 9 from 9:30 a.m. to 1:30 p.m. There will be arts and crafts, cooking, outdoor games and gardening. Cost is \$50 per day or \$225 for the week. Lunch is available for \$10 a day. Call 472-2155 to register.

The next paper shredding day is Saturday, July 17 from 9 a.m. to noon. Cost is \$5 per bag or box.

Shell Crafters are on site every Monday from 9 a.m. to 1 p.m. with a class offered from 10 to 11 a.m. There is no charge to attend the class; supplies range between \$3 and \$5.

The Community House is looking for mangoes for cooking chutneys and

photo by Logan Hart

barbecue sauce. Drop off any time between 9 a.m. and 1 p.m.

Aerobics with Mahnaz Bassiri is offered on Monday, Wednesday and Friday from 10:30 to 11:30 a.m. Participants can bring their own weights. Cost is \$5 per class.

Every Thursday at 1 p.m., Tommy Williams leads Living Life Current, an open forum discussion. All are welcome to discuss what is going on locally, nationally and globally. Suggested donation is \$5.

Chair Stretching/Yoga with Mahnaz Bassiri is offered on Thursdays from 1 to 2 p.m. Cost is \$5 per class.

The Sanibel Hearts Club meets every Friday at 1 p.m. Play the card game Hearts. For beginners to experts, all are welcome. Suggested donation is \$5.

The Sanibel-Captiva Art League exhibit by Keith Johnson and David Tompkins is on view through July 31.

Shell Critter Kits to Go are available

for purchase or to ship. Choose four out of 13 critters to assemble. Cost is \$20 per kit; shipping is \$8 additional.

Art Kits to Go are also available for purchase or to ship. There are eight different postcards to color and Zentangle. Marker and educational

video link included. Cost is \$20 per kit; shipping is \$8 additional.

The Community House is located at 2173 Periwinkle Way. Visit www.sanibelcommunityhouse.net or call 472-2155.✪

Showing Support For Clean Water



This group of children displayed their sign on the beach

by Wendy McMullen

photo by Wendy McMullen

The Progressive Club of the Islands alerted passing cars on the Sanibel Causeway of the need

for clean water on the morning of July 3. Meanwhile, island children and friends staged their own demonstration on the beach off West Gulf Drive on Independence Day.✪

Try Our Purple Cow Ice Cream



It's

Unforgettable!

Quarts and Pints to go

Black Raspberry Ice Cream with Chocolate Chips



Freshly Brewed Lavazza Coffee

Specialty Coffees:

Cappuccino • Espresso
Latte • Americano
Cafe Mocha
Cafe Cubano
Chi Latte
Affogato

Fresh Made Sandwiches To Go! Getting ready to go to the beach? Let us pack a lunch for you!

Open Daily from 8am-10pm • Two Great Shops In One Location! On the East End of Sanibel, near the Lighthouse
362 Periwinkle Way • 239-476-0796 • www.SanibelsBestHomemadeIceCream.com

Please like us on [Facebook](#), [Instagram](#) and [Twitter](#)

We deliver to East End



Summer campers learned all about coconuts

photo provided

Sea School Holds Variety Of Summer Camps

In Sanibel Sea School's fourth week of summer camp, counselors and staff were busy with multiple camps for youth, from 4 years old all the way to 17. Two camps were offered out of the flagship campus – Let's Get Co-Conutty, for ages 6 to 13, as well as Wahine Toa, an all-girls paddleboarding camp.

At the Bailey Homestead, an additional section of Co-Conutty Week was added to accommodate this week's demand, and a limited camp for children ages 4 to 6 years old was offered, themed Little Crabby Week.

"It is great to be back in the hustle and bustle of summer camp season," said Sanibel Sea School Director Nicole Finnicum. "We just love having kids out all over Sanibel exploring, learning new skills and having fun."

In coconut week, campers spent their days learning about the popular tropical fruits. They painted coconuts, dissected coconuts, and even learned how to

crack one open. Campers also did their best coconut impressions by putting on lifejackets and floating in the sea to demonstrate how coconuts drift with the currents.

Over at the Homestead, the littlest campers at Sanibel Sea School learned all about crabs. They explored the ocean for different types of crabs using both seine nets and even set out a crab trap. Campers also snorkeled to search for crabs crawling across the seafloor. For many of the children, this was their first time using a snorkel, so counselors taught snorkeling techniques and allowed the campers to get comfortable in the water.

For the teens, the all-girls paddleboarding camp was offered for campers ages 13 to 17 years old. The girls set out on paddling adventures throughout the week, including a mangrove paddle near Bowman's Beach and a paddle around Fisherman's Key where they spotted several nurse sharks.

Sanibel Sea School camps are full until mid-August. If you would like information about future camps, visit <https://www.sanibelseaschool.org/contact-us> to request to be added to the summer camp mailing list.✱

ATTENTION High School Graduates

Email the following information to **press@islandsunnews.com** so we can include you in our graduation pages.

- your name and photo
- name of high school
- names of your parents
- school you will be attending in the fall

Any questions, call 395-1213



spa • salon • boutique



"This is my go to product First thing in the morning to wake up my skin and give it an all day glow!"

NOW ONLY **\$19** reg. **\$45**

XO Kay

massage • facials • nails • hair • makeup

Revitalize Glow Serum Now On Sale!

This luxurious Serum is infused with several naturally nourishing, skin-brightening, antioxidant-rich ingredients, including nourishing Ginkgo biloba and Grape Seed extracts, and healing, deep-conditioning Orange, Apricot, and Jojoba oils.

In addition to rejuvenating SeaRose and Nectapure, Kay's Glow serum also features:

REVINAGE - a retinoid-like compound extracted from Bidens Pilosa that helps to increase collagen and elastin, lighten and brighten skin tone, restore firmness, smooth wrinkles and improve overall texture and radiance.

BV-OSC - a stable, oil soluble form of Vitamin C (an antioxidant) that helps to lighten and brighten skin, inhibit melanogenesis, eliminate age spots, synthesize collagen, and protect against UV damage.

FOR A LIMITED TIME, RECEIVE FREE REFINE GENTLE EXFOLIANT AND RESURFACE DETOXIFYING MASK FOR EVERY \$150 SPA OR BOUTIQUE PURCHASE.

- available in-store or online -

Cannot be combined w/ any other discounts or offers.

Skincare • Cosmetics • Hair+Body Care
Vitamins • Essential Oils • Candles
Home Accessories • Jewelry • Apparel



CAPTIVA
CHADWICK'S SQUARE
14830 Captiva Drive
239-579-1470

captivaspa@kaycasperson.com



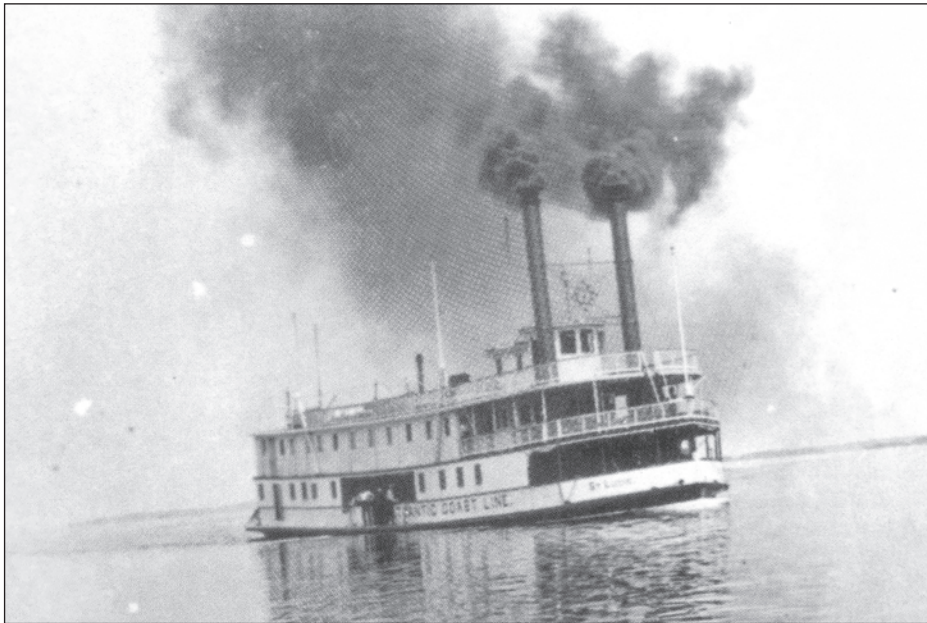
SANIBEL
SUNDIAL RESORT
1451 Middle Gulf Drive
239-395-6002

sundialspa@kaycasperson.com

SHOP + CONNECT WITH US ONLINE

KAYCASPERSON.COM





The St. Lucie in 1903

photo courtesy Historical Museum of Southern Florida

Sanibel Historical Museum And Village

Looking Back: The St. Lucie

The St. Lucie steamboat began running the Punta Gorda-Fort Myers route in 1896 with the steamer Alice Howard. The Atlantic Coast Line purchased the Plant System railroad and steamboat assets after Henry B. Plant's



death in 1899, but the railroad did not extend into Fort Myers until 1904, so steamers continued to be the transport of choice.

The Sanibel Historical Museum and Village is located at 950 Dunlop Road, next to BIG ARTS. Hours are 10 a.m. to 1 p.m. Tuesday through Saturday. Guided tours are available by reservation, based on docent availability. There is handicap access to the buildings. Admission is \$10 for adults over 18, no charge for members and children. For more information, visit www.sanibelmuseum.org or call

Churches/Temples

BAT YAM-TEMPLE OF THE ISLANDS

Shabbat Worship Services at 7 p.m. on the first Friday of the month for June, July and August. Services held in Fellowship Hall at Sanibel Congregational United Church of Christ. Masks and social distancing guidelines will be followed. Those who wish to Zoom the services can find the link in their email notice. Send any questions to batyamsanibel@gmail.com. Rabbi: Stephen Fuchs, Cantor: Murray Simon, President: Alan Lessack 773-251-8862

HISTORIC CAPTIVA CHAPEL BY THE SEA

Rev. Larry Marshall. Outdoor services every Sunday at 11 a.m. Nov. 14, 2021 through April 24, 2022. Previous services posted on the chapel's website for viewing. www.captivachapel.com, www.facebook.com/Captiva-Chapel-By-The-Sea, 11580 Chapin Lane, Captiva, 472-1646.

CHAVURAT SHALOM

(Fellowship of Peace) Friday Shabbat services led by members at 6 p.m. Saturday morning Jewish current events at 11 a.m. Talks by members on topics of interest Thursdays at 11 a.m. Contact ChavuratShalom@gmail.com to participate on Zoom.

FIRST CHURCH OF CHRIST, SCIENTIST Services at the Christian Science Church of Sanibel-Captiva have resumed as follows: Sunday service at 10:30 a.m., Wednesday meeting at 4:30 p.m. Reading room open on Friday, 10 a.m. to noon. 2950 West Gulf Drive, 472-8684.

SANIBEL COMMUNITY CHURCH

Sunday services at 9 a.m. in the Sanctuary and 11 a.m. in the Historic Chapel. View the Sunday services via livestream at 9 a.m. or

later online at www.sanibelchurch.com. Sanibel Community Church is an evangelical, non-denominational congregation, 1740 Periwinkle Way, 472-2684

SANIBEL CONGREGATIONAL UNITED CHURCH OF CHRIST

The Reverend Dr. John H. Danner, Sr. Pastor. The Rev. Deborah Kunkel, Associate Pastor. 10 a.m. Traditional Worship Service, www.sanibelucc.org, 2050 Periwinkle Way, 472-0497.

ST. ISABEL CATHOLIC CHURCH

Father Ed Martin, Pastor, Saturday Vigil Mass at 5 p.m., Sunday Mass at 9:30 a.m. Daily Mass Wednesday, Thursday and Friday at 8:30 a.m. 3559 Sanibel-Captiva Road, 472-2763.

ST. MICHAEL & ALL ANGELS EPISCOPAL CHURCH

The Rev. Bill Van Oss, Rector. Summer service schedule, Saturday 5pm and Sunday 9:30 a.m. Masks will be optional for the fully vaccinated attending services. Masks are highly recommended for those who are unvaccinated. There will be some seating in the back of church spaced apart for those who wish to maintain physical distancing. The 9:30 a.m. Sunday service will also be live streamed. www.saintmichaels-sanibel.org, 2304 Periwinkle Way, 472-2173.

UNITARIAN UNIVERSALISTS OF THE ISLANDS

Meets 5 p.m. on the third Sunday of each month from December through April at Sanibel Congregational United Church of Christ. A potluck is held at a member's home on the third Sunday of each month. ryi39@aol.com, 2050 Periwinkle Way, 433-4901.

Email changes to press@islandsunnews.com or call 395-1213.*

She Sells Sea Shells

"An Ocean Boutique"

"Where Islanders Have Sent Their Friends & Family To Shop Since 1976"

Sanibel & Worldwide Shells • Corals & Exotic Sealife
Shell Gifts • Jewelry • Books • Candles • Lamps • Craft Supplies
T-Shirts • Tanks • Muscles • Hoodies • Hats • Cover-Ups & Dresses
Handmade Shell Xmas Ornaments & Flowers

WELCOME VISITORS

TRY OUR SALT WATER TAFFY

ALL BEACH DRESSES

Reg. \$26

THIS WEEK \$22

LOTS OF STYLES & COLORS

BEAUTIFUL SHELLS IN BASKETS

LOTS OF SIZES

THIS WEEK 25% OFF

FREE GIFT!

WE SHIP!

20% Off

Any Single Item (cash sales only)

Good with coupon not valid on sale items

Adult & Kids T's sizes XS-XL

3 for \$25

XXL 3 for \$33

1157 Periwinkle Way
472-6991 • 472-8080
Open 7 Days 9am 'til 8:30pm
SheSellsSeaShellsSanibel.com

Voted The Best Shell Shop in SW Florida - News Press Readers Poll 2000-2019

Voted The Best Gift Shop in SW Florida 2019

Winner Best Shell Shop - Islander/Island Reporter Readers Poll 2000-2020

2015 Best Craft Shop & Best Gift Shop

Island Winds Coiffures

HAIR SALON FOR WOMEN & MEN

Manicures and Pedicures by Lois

Hair Styling

LINDA • MARISA • JEANNE

695 Tarpon Bay Road, Sanibel

239-472-2591

NOW OPEN

Hours: Mon-Thurs. Noon - 9pm
Fri-Sat. Noon - 9:30pm & Sunday 1 - 9pm

July 8 **Snickerdoodle Cookie**

July 9 **Cookie Dough and M&M**

July 10 **Sea Salt Caramel Truffle**

July 11 **Almond Joy**

July 12 **Banana Peanut Butter Crunch**

July 13 **Waffle Caramel Crunch**

July 14 **Lemon Raspberry**

July 15 **Fluffer Nutter**

DAILY FLAVORS

(239) 312-8626 • www.sanibelshack.com
1219 Periwinkle Way, Sanibel • Located next to Topsy Turtle

Lecture On How Oysters Impact Water Quality

In celebration of its 25-year anniversary milestone, the Bailey-Matthews National Shell Museum continues its virtual lecture series, which is designed to highlight some of the diverse connections between shells and different fields of human endeavor.

The next lecture in the series, titled *Oysters: A Crystal Ball for Water Quality in Southwest Florida*, will be held at 5 p.m. on Tuesday, July 13 with Melissa A. May, PhD, assistant professor of marine biology at Florida Gulf Coast University.

Dr. May leads Florida Gulf Coast University's oyster monitoring research program in Estero Bay. Oysters are mollusks and essential members of coastal water ecosystems. These shelled animals play an important role in the health of water, and their reefs provide homes and food for other marine animals. They act as indicators for declines in water quality or other stressors imposed on estuarine ecosystems, and help to clean the water by filtering large volumes of water through their shells.

Dr. May's talk will focus on the range of threats to the health of oysters and other mollusks in Southwest Florida (in addition to freshwater releases from Lake Okeechobee), with an emphasis



Melissa A. May

photos provided

on her new research program in Estero Bay.

The lecture series is free, but advance registration is required at www.shellmuseum.org. The series will continue through the fall, with the next lecture, *Supersized Squid*, taking place at 5 p.m. on Tuesday, July 27 with Rebecca Mensch, senior marine biologist at the Bailey-Matthews National Shell Museum. Additional lectures will be announced shortly.

The Bailey-Matthews National Shell Museum is a natural history museum, and the only museum in



Oysters

the United States devoted solely to shells and mollusks. Its mission is to use collections, aquariums, programs, experiences and science to be the nation's leading museum in the conservation, preservation, interpretation and celebration of shells, the mollusks that create them, and their ecosystems. Permanent exhibitions on view include the Great Hall of Shells which displays highlights of the museum's collection of some 500,000 shells, as well as the Beyond Shells living gallery of aquariums and over 50 species of marine life. For more

information, visit ShellMuseum.org or call 395-2233.

The Bailey-Matthews National Shell Museum is located at 3075 Sanibel-Captiva Road.*

Seminole Club Annual Fishing Tournament

The Southwest Florida Seminole Club has renamed the 12th annual Seminole Catch & Release Fishing Tournament in honor of Sean Shearman, the late son of former club president and tournament chair, Robert Shearman, and wife Susan. Sean was the Shearmans' youngest son, who passed away in October 2020 in a car accident in Tallahassee, Florida, where he was a senior at Florida State University.

"We are overwhelmed by the amount of support this tournament is receiving," said tournament co-chair Richard Akin. "We remember Sean and his love for fishing and all things FSU."

"Proceeds from the tournament benefit the Sean Shearman Scholarship, which provides a Lee or Charlotte County high school graduate with the funds to further their education," said co-chair Justin Thomas. "We continue to honor Sean and his devotion to FSU."

The area's top anglers, and FSU fans

continued on page 6

Now is the time to register your 2-, 3- or 4-year-old/VPK child for classes starting August 10, 2021.

WE OFFER:

- Small class sizes that allow individualized attention for each student.
- A warm, nurturing environment for a quality education.
- Professional teachers.
- Classes from 8:00 a.m. to 2:45 p.m.
- Three or Five days a week schedules for 2 and 3 years old.
- VPK classes Monday-Friday 8:00-11:30 a.m.
- Early drop off available starting at 7:00 a.m.
- Aftercare until 6:00 p.m.

We believe a parent's current economic situation shouldn't limit the quality educational start they can offer their child, so we offer generous scholarships. We are an approved VPK and School Readiness Provider.

Contact Director D'Ann Miller at 239-472-0497 for more information or to schedule a tour. Visit www.sanibelucc.org/preschool for registration and scholarship forms.



Sanibel Christian Preschool is located at 2050 Periwinkle Way, Sanibel and is a community outreach by the Sanibel Congregational United Church of Christ.

DCF# C20LE0116

OBITUARY



LYDIA ANN VERNAGLIA

Lydia Ann (Freitas) Vernaglia of Sanibel, Florida and Winchester, Massachusetts passed away at age 78 on July 2, 2021.

Lydia was born in Boston and raised in Peabody, Massachusetts to the late Olive (Frye) of Harrington, Maine and Joseph Freitas of New Bedford, Massachusetts. Lydia graduated from Peabody High School and Simmons College where she studied journalism, resulting in positions at the Smithsonian Astrophysical Observatory, Cornell Medical School, and Columbia Medical

School, where she was the editor of the *American Journal of Immunology*.

She is survived by her husband of 55 years, Paul A. Vernaglia, MD; sons, Larry and Brian and their wives, Liz and Shannon (all of whom called her "Mom"); and grandchildren John, Marina and Rebecca (all of whom called her "Deamie"); nieces, Leah (Norton) and her husband, Bill, and their children; and Ty (Armstrong) Miller and her husband, James. She is also survived by her sister-in-law, Mandy; and brother-in-law, John, and his wife, Rosa, and their children, Jane and Drew, and his wife, Lynda, and their families. She touched the lives of so many other relatives as well.

In addition to her parents, Lydia was predeceased by her sister, Jane, and her husband, Glenn Armstrong of Lexington, Massachusetts and their son, Scott.

She will be missed by many friends in Winchester and on Sanibel Island, Florida.

On Sanibel, and in life, Lydia and Paul were inseparable, cherishing their time together in nature, whether spotting seabirds on the beaches or finding a new trail (and snakes!) through the native plants and trees. Lydia enjoyed making music on the piano, violin and viola (self-taught as an adult), playing duets with Paul, friends, or singing to her grandchildren. Beautiful and folksy pottery, Christmas ornaments and other personal crafts she designed provide warm memories

of her around every corner.

Quick with words, a voracious reader (she traded stacks of books with her daughters-in-law), and spunky and irreverent every day, Lydia brought her early career as a writer to her true calling, being a wife, mother and friend. She was the family editor (on her old Smith Corona typewriter), grammarian (often unsolicited), and humorist, making sure the rest of the family didn't take themselves too seriously. Even when burdened with Alzheimer's Disease for the past couple of years (of which she never complained), her lively personality and wry sense of humor always showed through.

Lydia loved raising her family, and hosted memorable parties, dinners and celebrations. Her well-worn cookbooks and recipes will forever be in service in her children's kitchens. Her stove always full of cookies and other treats, Lydia passed on her baking skills to Marina and Rebecca, starting at their earliest ages with the annual festival of Christmas cookies. She spun elaborate adventure stories for John, populated with exotic characters like Minnetonka, fairies and other mysterious creatures.

A celebration of life was held at Lane Funeral Home in Winchester, Massachusetts on July 7 and a funeral mass was held at St. Eulalia's Church in Winchester on July 8.✧

From page 5
Tournament

will compete to catch the largest snook, redbfish or trout, and finish off by enjoying the Seminole Splash Party at 'Tween Waters Island Resort.

Competing in the tournament will be some former Florida State University football players, including William Floyd who continues his support of the event. Floyd played with FSU from 1990 to 1994, competing on the 1993 National Championship Team. He is currently the color analyst on the Seminole ISP Sports Network along with Gene Deckeroff, the voice of the Seminoles.

Also attending will be Jason Whitaker, offensive tackle with FSU from 1993 to 1995, was a consensus All-American in 1999; Jimmy Jordan, FSU quarterback from 1976 to 1979, Hall of Fame Class of 1985; and Barry Smith, a wide receiver with FSU from 1970 to 1972, Hall of Fame Class of 1979.

The captain's dinner will be held on Friday, July 16 at 'Tween Waters and the fishing tournament runs from 7 a.m. to 3 p.m. Currently over 40 boats and over 150 anglers are registered to compete.

Southwest Florida Seminole Club has numerous fundraising events throughout the year and has provided local students with scholarships to Florida State University. For more information, email SWFloridaSeminoleClub@gmail.com.✧

Priscilla's

OF SANIBEL

SHOP OUR EXCLUSIVE COLLECTION OF THE OLIVER THOMAS QUILTED TOTE BAGS, TENNIS BACKPACKS, PICKLEBALL DRAWSTRING BACKPACKS AND ACCESSORIES.



Priscilla's of Sanibel is a fun and unique boutique that offers women-owned products, artists and designers. Inspired by the legendary Priscilla Murphy, who was the first realtor on the island and one of the many trailblazing women of Sanibel.

We can't wait to meet you!

The Village Shops • 2340 Periwinkle Way F1
www.PriscillasOfSanibel.com • 239-558-4441
@PriscillasOfSanibel

BE WOWED BY OUR GIANT PACIFIC OCTOPUS

ATTEND A **KEEPER CHAT** AT 11 A.M. DAILY

SEE **SPECTACULAR EXHIBITS** OF MOLLUSKS AND SHELLS

ENCOUNTER **LIVE ANIMALS** IN OUR TOUCH POOLS

WIN A PRIZE ON OUR **SCAVENGER HUNT**



BAILEY-MATTHEWS **NATIONAL SHELL MUSEUM**

3075 Sanibel-Captiva Rd., Sanibel, FL (239) 395-2233 • ShellMuseum.org

Open Daily 10 a.m.-5 p.m.

LEE COUNTY TOURIST DEVELOPMENT COUNCIL

It's Like Shopping In A Park!

Voted Sanibel's #1 Shopping Destination
By The Lee County Visitor & Convention Bureau

**WE'RE ALWAYS SERVING
UP SOMETHING SPECIAL!**

Open every day from 8am - 8pm!



239-472-2525 • BlueGiraffeRestaurant.com
 Call for Takeout! - 2075 Periwinkle Way at Periwinkle Place



Sanibel Day Spa

ESCAPE RELAX RESTORE

**Massage
Skincare
Hair & Nails**



239.395.2220 • 877.695.1588
 PERIWINKLE PLACE SHOPPING CENTER



MM# 2782



2075 Periwinkle Way • 2 miles off Causeway Road on the Left • PeriwinklePlace.com

Shop Mon - Sat 10-6, select stores until 7 • Sun 12-5 • Dine 8am to 8pm (or later)





Supervisory Refuge Ranger Toni Westland peers through the new scope that the refuge will unveil that day photos provided

Great American Outdoors Day At The Refuge

Wednesday, August 4 marks the first celebration of Great American Outdoors Day across federal lands. This date is now one of six fee-free days the government has designated throughout the year. JN “Ding” Darling National Wildlife Refuge on Sanibel also celebrates with the unveiling of a spotting scope engineered specifically for colorblind viewers, and with other free on site activities.

Among the 560 refuges in the National Wildlife Refuge System, “Ding” Darling will be the first to expand its accessibility initiatives to include a colorblind-friendly spotting scope. Specially manufactured by SeeCoast Manufacturing using EnChroma’s patented lens technology for color blindness, the scope will be mounted at the Wildlife Drive observation tower.

Besides the scope unveiling and free admission to Wildlife Drive from 7 a.m. to 7:30 p.m., the Wildlife on Wheels (WoW) mobile classroom will be available to tour for free at the

observation tower on Wildlife Drive from 9 a.m. to 3 p.m.

“Accessibility and urban interaction are two of our main goals in 2021,” said Supervisory Refuge Ranger Toni Westland. “Visitors will be able to experience our wheelchair-accessible WoW classroom, one of our proudest achievements toward community outreach. It has been visiting schools and summer camps throughout the region since it debuted in January, reaching more than 6,000 visitors already.”

Also, from 10 a.m. to 1 p.m., 2021 Artist in Residence Rachel Pierce will be doing a pop-up plein-air painting demonstration along Wildlife Drive to illustrate the difference between colorblind and normal vision. Visitors will have the opportunity to watch her paint and meet the artist, whose year-long “residency” will culminate in an exhibition of her refuge-inspired and other works starting October 1.

“We have invited individuals living with color-blindness to the unveiling – at a time to be announced – to try the scope for the first time and share their reactions,” said Westland, who led the project to get the scope in place. “This follows on the heels of numerous



Artist in Residence Rachel Pierce will be painting plein-air along Wildlife Drive, where admission is free all day

facilities and services – such as the observation tower’s accessible ramp, a lift for the Visitor & Education Center, and wheelchair accessibility on the Tarpon Bay Explorers tram tours – to make visitor services at the refuge available to the greater public.”

For more information about Great American Outdoors Day at the refuge, call 472-1100 ext. 237.✧

Florida Yards Sought For TV Makeover Series

The City of Sanibel has received notice that the Florida Department of Environmental Protection (DEP) and the University of Florida Institute of Food and Agricultural Sciences (UF/IFAS), are seeking nine Florida homeowners who want help “flipping” their yard into a Florida-Friendly landscape as part of the *Flip My Florida Yard (FMFY)* television series.

The FMFY team will work with the selected homeowners to determine how to flip the yard, develop a landscape design and bring it to life. Depending

on the size and needs of the landscape, a yard or a portion of the yard could be flipped.

Sanibel property owners are encouraged to visit the City of Sanibel’s Department of Natural Resources website for resources on native vegetation, fertilizer, water quality and protecting the beaches, as well as the *Environmental Reference Handbook*.

Contact Rachel Rainbolt in the Natural Resources Department by email at rachel.rainbolt@mysanibel.com or phone at 472-3700 with any questions.

The FMFY show will travel to homes around the state for the ultimate Florida-Friendly makeover, transforming selected yards to help protect and conserve Florida’s natural resources through science-based landscape practices. The landscape designs are based upon the nine principles of Florida-Friendly Landscaping (FFL): right plant, right place; water efficiently; fertilize appropriately; mulch; attract wildlife; manage yard pests responsibly; recycle yard waste; reduce stormwater runoff; and protect the waterfront.

To learn more or sign up to be considered for season two, visit, <https://www.flipmyfloridayard.com/want-your-yard-flipped.html>.✧

Independently Owned And Operated
COPYRIGHT 2021 Island Sun
LORKEN Publications, Inc.



Read Online: www.IslandSunNews.com



USPS 18: Bulk Rate permit paid, Sanibel, FL, 33957
Postmaster: Send change of address to Island Sun,
1640 Periwinkle Way, Suite 2, Sanibel, FL 33957

Published every Friday for the people and visitors of Sanibel and Captiva Islands.
Distribution: 8,000-10,000 per week (seasonal).
Mailed free to Sanibel and Captiva residents every Friday. Subscription prices:
Third Class U.S. \$60 one year, \$30 six months (allow 2-3 weeks for delivery).
First Class U.S. \$150 one year, \$75 six months (allow 3-5 days for delivery).
Prices include state sales tax. Subscription requests by mail, email or phone.

Readers with news, tips, comments or questions, call 239-395-1213,
write to: Island Sun, 1640 Periwinkle Way, Suite 2, Sanibel, FL 33957
or email: press@islandsunnews.com. To advertise, email: ads@islandsunnews.com.

*The Island Sun reserves the right to refuse, alter or edit any editorial or advertisement.
We will correct factual errors or matters of emphasis and interpretation in news stories.*

Publisher
Lorin Arundel

Accounting
Mike Terry

Advertising
Bob Petcher

Graphic Arts & Production
Ann Ziehl, Manager
Amanda Hartman
Willow Peterson

Reporters
Kathy Kurtz Ferrari
Wendy McMullen

Contributing Writers

Kay Casperson
Constance Clancy, EdD
Suzy Cohen
Linda Coin
Cindy Carter
Clay C. Ewell
Marcia Feeney
Katie Frederic
Shelley Greggs
Jarred Harris
Marion Hauser, MS, RD
Ross Hauser, MD
Bryan Hayes
Craig R. Hersch

Dr. Jose H. Leal, PhD
Kealy McNeal
Capt. Matt Mitchell
Trinette Nelson
Howard Prager
Gerri Reaves PhD
Angela Larson Roehl
Julie Rosenberg, MD
J. Brendan Ryan, CLU,
ChFC, MSFS
Di Saggau
Jeanie Tinch
Allison Havill Todd



SHOP ON SANIBEL

Come for the beaches...
discover the shopping!

An upscale ambiance at four distinctive Centers.
You'll find boutique shopping, family dining, personal services.



Tahitian
GARDENS
1975-2019 Periwinkle Way

The
VILLAGE SHOPS
2340 Periwinkle Way

Town
CENTER
2496 Palm Ridge Road

Olde
SANIBEL SHOPPES
630 Tarpon Bay Road


TAHITIAN GARDENS

1975-2019 PERIWINKLE WAY

Adventures In Paradise
Cedar Chest Fine Jewelry
Cheeburger Cheeburger 
Pandora's Box
Paper Fig Kitchen 
Sanibel Cafe 
Sanibel Resort Wear
Sanibel Sole
Shiny Objects
Synergy Sportswear
Wilford & Lee Home Decor

THE VILLAGE SHOPS

2340 PERIWINKLE WAY

Coco y Cabana
Priscilla's of Sanibel
MacIntosh Books + Paper
Tribeca Hair Salon
Traders 2 (T2) 
T2 Gifts
Watson MacRae Gallery
Why Knot

OLD SANIBEL SHOPPES

630 TARPON BAY ROAD

Amy's Something Special
Island Paws
jb designs
On Island
Over Easy Cafe 
Sanibel Art & Frame
Suncatcher's Dream

TOWN CENTER

2496 PALM RIDGE ROAD

Subway® 
The Pecking Order 



For individual shop information:

www.ShopOnSanibel.com





The children had an opportunity to study local marine life photos provided

Children Explore Island Thanks To Outreach Project

Sanibel-Captiva Conservation Foundation (SCCF) and Captiva Cruises hosted 17 children, ages 6 through 12, from the Children's Advocacy Center of Southwest Florida recently. The center aims to improve the lives of at-risk children and their families through prevention services.

The No Child Left on Shore



The group aboard *The Playtime* motor catamaran

Environmental Education Outreach Project is a collaborative endeavor of SCCF and Captiva Cruises to provide the younger generation of Southwest Florida with an informative and fun way to gain experiential knowledge of the region's marine ecology.

This enriching initiative enables local youth to form a deeper connection to their coastal surroundings and to spark their curiosity. Many of the recent participants had never been on a boat before this field trip.

Departing McCarthy's Marina aboard

Captiva Cruises' motor catamaran *The Playtime*, the children were thrilled to observe dolphins close to the boat while cruising the waters of Pine Island Sound on the way to Cayo Costa State Park.

The Children's Advocacy Center Summer Program participants had the opportunity to get their feet wet, explore the shoreline and discover the diversity of marine life with Captiva Cruises/SCCF Educator Richard Finkel.

Due to a stormy afternoon, their time on the water and exploring the beach habitat was cut short, but they were

excitedly talking about wanting to come back as they recounted the highlights of their field trip.

SCCF Board of Trustee member John Raho, who serves as CFO at the Children's Advocacy Center, was thrilled to see the two organizations merge missions through the trip.

"It's such a wonderful way to enrich how our summer program participants experience Southwest Florida. Getting out on the water and up to Cayo Costa helps them appreciate our natural world and the value of healthy ecosystems," said Raho.

For more information about the No Child Left On Shore project or to sponsor a local youth group field trip, contact Richard Finkel at richardfinkel@captivecruises.com or 472-5300.*

City Hurricane Seminar Now Available Online

The City of Sanibel held its annual hurricane seminar on June 17. Citizens of Sanibel who were unable to attend can watch the 96-minute seminar online. The seminar was presented by the Sanibel Police Department and can be viewed at <https://www.youtube.com/watch?v=oR52lf-MjK0>.

For more information on hurricane preparedness, call the Sanibel Police Department at 472-3111.*



BAILEY-MATTHEWS

NATIONAL SHELL MUSEUM

CELEBRATING 25 YEARS LECTURE SERIES

Free, virtual program, presented via Zoom. Register online at ShellMuseum.org/lecture-series



JULY 13 • 5 PM

OYSTERS: A CRYSTAL BALL FOR WATER QUALITY IN SOUTHWEST FLORIDA

By **Melissa A. May, Ph.D.**
Florida Gulf Coast University

JULY 27 • 5 PM

SUPERSIZED SQUID

By **Rebecca Mensch**
Bailey-Matthews National Shell Museum



3075 Sanibel-Captiva Rd., Sanibel, FL
(239) 395-2233 • ShellMuseum.org



Open Daily
10 a.m.-5 p.m.



Breakfast, Lunch & Dinner & Later
Pizza & Wings • Ice Cream
Gluten Free Options
& So MUCH MORE!



WINNER
Best Pizza
Taste of the Islands



BOAR'S HEAD

Dine In or Take Out

239-472-2555
www.sanibeldeli.com
2330 Palm Ridge Rd.
(Across from CVS)

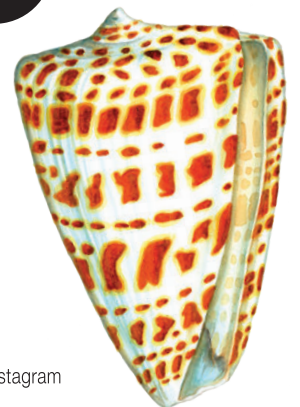
Seashell Collection

WATERCOLOR SERIES

by Heather Slabosz

Starting at \$15

Alphabet Cone



Heather Slabosz

Instagram

Facebook

@HeatherSlaboszArt

29 Different Seashells as Giclee Art Prints
Take a Seashell Home With You!

Sanibel Art & Frame

630 TARPON BAY RD. Unit 8
by Over Easy Cafe

(239) 395-1350

— Discover —

Tahitian Gardens Shopping Center

1975 Periwinkle Way

From Antiquity and Beyond...
Authentic Ancient and Treasure Coins



THE CEDAR CHEST
FINE JEWELRY
A Sanibel Tradition Since 1975

Shop in-store, by phone
or online

Tahitian Gardens
1993 Periwinkle Way
239-472-2876 or 800-749-1987
www.CedarChestSanibel.com



LET'S EAT!

CREATIVELY CRAFTED,
ABSOLUTELY FRESH &
UNDENIABLY DELICIOUS!

- ☕ morning nosh/cold brew & hot coffee
- 🍷 daily crafted handhelds, salads, soups, pizzas, sweets, & much more!
- 🍽️ oven ready entrees/hors d'oeuvres
- 🍷 event catering & private chef services
- 🍷 concierge menus

2003 Periwinkle Way (Tahitian Gardens Plaza) • Sanibel

239.887.0050 • paperfigkitchen.com

Natural Beauty Island Style



Tahitian Gardens
1993 Periwinkle Way
239-472-2876 or 800-749-1987
www.CedarChestSanibel.com

THE CEDAR CHEST
FINE JEWELRY
A Sanibel Tradition Since 1975

Shop in-store, by phone
or online



Sanibel Sole



Tahitian Gardens
1985-87 Periwinkle Way
Sanibel (239) 395-0385

BIRKENSTOCK COLUMBIA
VIONIC taos OOFOS Teva

SYNERGY

Tahitian Gardens
1981 Periwinkle Way
(239) 395-0385
synergysportswear.com

LIFE IS GOOD®



ILSE JACOBSEN
HORNØK



ALEX AND ANI

For individual shop information: www.ShopOnSanibel.com



Roostertree is a larval host and nectar plant for the monarch butterfly but is not native to Florida photo by Gerri Reaves

Plant Smart
Roostertree

by Gerri Reaves

Roostertree (*Calotropis procera*) is a non-native ornamental shrub or tree of the dogbane family. Another common name for this native of Asia and tropical Africa, giant milkweed, indicates its value to monarchs, which require milkweed species to survive. Monarchs use the plant in the larval stage and later as a nectar source. It's important to note, however, that planting native milkweeds for native butterfly species is always preferable to relying on non-native ones. Roostertree typically grows eight to 15 feet tall with an equal width. The thick evergreen leaves are opposite, gray-green and up to 10 inches long with white veins. New foliage tends to be downy. Broken leaves and stems exude a milky sap that can be irritating to the skin

and mucous membranes. Waxy-looking clusters of striking purple or white flowers appear in the leaf axils of the upper leaves. Flower centers resembling small crowns inspire another common name, crown flower. The fruit is a large pod that contains silky fibers that have been used as pillow stuffing. The tufted seeds are dispersed on the wind after the pod splits at maturity. The bark is cork, and the fibrous wood is used in making rope, fishing line and thread. This plant adjusts to a range of soil conditions and prefers full sun. It is drought and somewhat salt tolerant. It has a variety of medicinal uses. Sources: *Florida Landscape Plants* by John V. Watkins and Thomas J. Sheehan, <https://blogs.ifas.ufl.edu>, <https://fairchild.gardenexplorer.org>, www.gardeningknowhow.com and www.missouribotanicalgarden.org. *Plant Smart* explores the diverse flora of South Florida.✱

Tag Your Reptile This Sunday At Animal Services

New rules require owners of pet tegus and green iguanas to apply for a no-cost permit and mark their pets with a Passive Integrated Transponder (PIT) tag, also known as a microchip. Working with a variety of partners, the Florida Fish and Wildlife Conservation Commission (FWC) has helped pet owners by tagging nearly 150 tegus and green iguanas for free. The new rules took effect on April 29, but a 90-day grace period has provided pet owners an opportunity to come into compliance and take advantage of Tag Your Reptile Day events that the FWC is holding throughout the state. These events offer pet owners an opportunity to have their pet green iguanas or tegus microchipped for free. Staff are also present to help address questions about the permit application process. The FWC will hold a Tag Your Reptile Day on Sunday, July 11 from 9 a.m. to 4 p.m. at the Lee County Domestic Animal Services, located at 5600 Banner Drive in Fort Myers. The rule changes to Chapter 68-5, FAC specifically address 16 high-risk invasive reptiles including pythons, tegus and green iguanas that pose a threat to Florida's ecology, economy, and human health and safety. The new rules also include reporting requirements for permittees, biosecurity requirements to limit escape of these high-risk invasive species, and additional language to clarify limited exceptions for possession of green iguanas and tegus for commercial sales or as pets. The 90-day grace period ends July 28, 2021 and by that time, all pet green iguanas and tegus must be permanently microchipped and owners must have applied for a no-cost permit. All other entities must come into compliance with the new rules by July 28 as well, including entities possessing the regulated species



A green iguana getting microchipped photo provided

for research, educational exhibition, eradication/control or commercial sale purposes. Additionally, entities with these species will have 180 days to come into compliance with the new outdoor caging requirements. The 180-day grace period for upgrading outdoor caging ends October 26, 2021. More than 500 nonnative species have been reported in Florida. Approximately 80 percent of these species have been introduced via the live animal trade with more than 130 established in Florida, meaning they are reproducing in the wild. Since most nonnative invasive fish and wildlife find their way into Florida's habitats through escape or release from the live animal trade, it is important to create regulations to prevent high-risk nonnative invasive wildlife from becoming introduced or further established in Florida's environment. For more information on how these new rules will impact pet owners, commercial sellers, exhibitors, trappers and other groups, or to learn more about Tag Your Reptile Day events, visit www.MyFWC.com/ReptileRule. More information about nonnative species in Florida can be found at www.MyFWC.com/Nonnatives.✱

EXPERIENCE: HUNDREDS OF SUCCESSFUL LANDSCAPES

ALL NATIVE
GARDEN CENTER, NURSERY & LANDSCAPES

300 Center Road, Fort Myers FL 33907
PHONE **239.939.9663** • FAX **239.939.8504**
www.NoLawn.com • www.AllNative.biz
OPEN DAILY: 9 to 5 Mon - Sat • 10 to 3 Sun

OUR NURSERY FEATURES OVER 200 SPECIES OF NATIVE PLANTS ON SEVERAL ACRES

- Butterfly Gardens ■
- Wildlife/Bird Sanctuaries ■

We also offer landscape design, consultation, installation and maintenance.

THE QUESTIONS ARE SIMPLE:

Should the Island Senior club have a permanent home in the existing facility they have enjoyed since 1993 and operate independently at the discretion of their Board?

YES

Should the City of Sanibel have a new multi-million-dollar Center 4 Life building to compete with the Recreation Center and Community House?

NO

Paid for by CITIZENS FOR FISCAL RESPONSIBILITY

SCCF Shorebird Nesting Update



Snowy plover chick, just under 4 weeks old

photo by Aaron White

The shorebird nesting season is full of highs and lows that reflect the challenges wildlife constantly encounters.

Last week, one of the island's snowy plover (*Charadrius nivosus*) broods lost all its chicks within a few days. The parents had left their chicks unattended to attack other broods, so their chicks weren't getting the attention they needed to survive. The adults can be territorial due to limited habitat availability and busy beaches filled with people, dogs and natural predators such

as ghost crabs, crows and herons.

The good news is, this pair has re-nested so Sanibel-Captiva Conservation Foundation (SCCF) shorebird monitors are expecting more chicks to hatch in about a month. In addition, there are a total of four snowy plover chicks roaming the beach. The oldest is just under 4 weeks old and the youngest is a pair of 2-week-old chicks. Snowy plover chicks take four to six weeks to fledge.

"That's a long time for such a fragile bird, which is why we stress the importance of giving them space to

forage and grow," said SCCF Shorebird Intern Aaron White.

There is a Wilson's plover (*Charadrius wilsonia*) brood on the west end that still has all three chicks. They are 4 weeks old, and should soon be able to fly.

If you are observing territorial behavior among remaining broods, maintain a safe distance of at least 100 feet. Giving them proper space is important so that they can return to their established territories and properly tend to their chicks. If you are observing shorebirds in the presence of a predator, allow them plenty of space (especially laterally) so that they can retreat from the threat.

If you are out on the beach and happen to find a new snowy plover nest, leave it undisturbed and contact SCCF at 813-756-8773. If you have any questions or concerns regarding shorebirds, email shorebirds@sccf.org.

Tip For Students In The Workforce

When a student gets his or her first job, one thing he or she needs to learn early on is how to read and understand their pay stub, according to the Kentucky Higher Education Assistance Authority (KHEAA).

Federal and state tax codes are complicated, so learning about the deductions you see on your pay stub

is vital to managing your money and budgeting. When it comes to the federal income tax withheld from your pay, you should make sure the right amount is being taken out. When you file your taxes, you don't want to discover that you owe a large amount because you didn't have enough withheld throughout the year.

Each employer's pay stub is different, but you will usually see these items:

Gross Pay – This is what you earned during that pay period before any taxes or benefits, such as insurance, were withheld.

Net Pay – This is your take-home pay after withholdings.

Federal Tax – This might be abbreviated as Fed Tax, FT or FWT. It shows how much was withheld from your paycheck in federal income taxes.

State Tax – This could be abbreviated as St Tax, STW or simply by the abbreviation of the state in which you reside. Your state may not have a state income tax.

Local Tax – Some cities or counties levy a local tax. Depending on where you live or work, you may not be subject to this tax and, therefore, won't see anything withheld.

Social Security Tax – This tax might be abbreviated as FICA, SS, SSWT or OASDI. The federal government requires that 6.2 percent of your wages be withheld.

Medicare – This tax is typically abbreviated as MWT or Med. The

continued on page 16



Sanibel's Largest Selection

Liquor • Wine

Beer • Cigars

Call About Delivery
or Curbside Pick-Up

Open 7 days • 9AM-7PM

Cool Off This Summer!



(239) 472-1682 • www.GrogShopSanibel.com

Bailey's Shopping Center

(next to Island Cinema • Corner of Periwinkle Way and Tarpon Bay Road)

Expect Nothing Less.



The Pecking Order Fried Chicken and Pies

2496 Palm Ridge Road
Sanibel, Florida
(239) 472-2534

Summer Family Fun



by Capt. Matt Mitchell

Most of our charters during the summer months are family trips. We often break up the time on the water between fishing to make it part eco tour and/or beach time. Showing off what our area has to offer is always a favorite for me. Most of the fishing we do on these trips is high-activity flats fishing.

The easy way to locate feeding fish has been to find birds and fry bait schools on the flats. For family fun fishing or just keeping the rods bent, nothing works better than a popping cork rig. This set-up with a live shrimp will bring nonstop action and keep everyone smiling. It helps give inexperienced young anglers a visual indicator of when they have a bite.

For popping corks, I like a concave-style float that makes lots of noise when you twitch the rod tip. This style float comes rigged on a heavy mono or even no kink titanium wire with beads that rattle. Each end of the rig has a swivel for easy attachment. The popping sound of these corks make a clicking noise resembling fleeing baitfish or shrimp and attracts the fish.

When rigging the popping cork, anglers should use 18 to 24 inches of



After flats fishing, we still have been catching a few good snook

photo provided

leader before tying on a hook or jig head. I use a quarter ounce jig head with a 2/0 hook. This allows the bait to sink quickly after you pop the cork.

A regular hook will do the trick. Simply add a split shot to keep the bait down.

You can fish this rig with a variety of baits including live shrimp, small pinfish,

grunts and even shiners. Gulp shrimp along with a variety of other soft plastics will get the job done when this bite is on too. DOA along with a few other companies make this rig with a plastic shrimp thats ready to go right out of the package.

Get the family out on the water for

easy family fishing fun.

Capt. Matt Mitchell has been fishing local waters since he moved to Sanibel in 1980. He now lives in St. James City and works as a back country fishing guide. If you have comments or questions, email captmattmitchell@aol.com.✪

FLORIDA'S #1 SELLING

INSECT REPELLENT

- Locally owned and operated
- 100% natural ingredients
- Smells great
- Safe to use on kids
- Works on pets & horses
- Non-greasy or sticky formula
- Repels mosquitoes & most biting insects

Visit Our Website for Locations on Sanibel & Captiva Islands

WWW.NONOSEEUUM.COM

CLEAR YOUR GEAR™

It Catches More Than Fish

Untangle tackle from vegetation and discard it responsibly

BILL FISCHER

CLEAR YOUR GEAR™

CAPT. MATT MITCHELL

USCG Licensed & Insured

Light Tackle Sport Fishing

Sightseeing • Eco Tours

Tarpon • Snook

Redfish & More

C: (239) 340-8651

www.captmattmitchell.com

email: captmattmitchell@aol.com

Send Us Your Fish Tales

We would like to hear from anglers about their catches.

Send us details including tackle, bait and weather conditions, date of catch, species and weight, and include a photograph with identification.

Email to press@islandsunnews.com or call 395-1213.

ISLAND MARINE SERVICES, INC.

• NEW MOTOR SALES • REBUILT POWERHEADS •

• FACTORY TRAINED •

MERCURY – MARINER – JOHNSON – EVINRUDE

SUZUKI – YAMAHA – OMC – I/O'S – MERCUISER

Courteous Professional Marine Repair Service • Dockside Service

Serving Sanibel & Captiva For Life

472-3380 • 466-3344

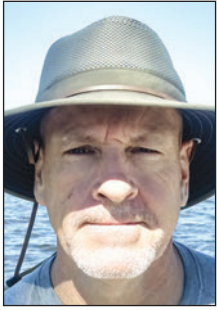
Dave Doane

Your Bottom Specialist

Call on Paint Prices

CROW Case Of The Week:

White Ibis



by Bob Petcher

The white ibis (*Eudocimus albus*) is a wading bird that can be found in wetlands as well as parks or on lawns.

At CROW, an adult white ibis arrived at the clinic after being found

at The Dunes Golf & Tennis Club on Sanibel. The patient was so weak that it couldn't lift its head, and its back end had become so stained with feces that sores developed. Veterinarians suspected the patient to be suffering from toxicosis such as brevetoxins (red tide), cyanotoxins (blue green algae) or botulism.

"We do not know for sure what caused the initial presenting neurological signs, as is often the case. Testing for a wide range of toxins can be both difficult and expensive, so we often treat symptomatically and with supportive care," said Dr. Sasha Troiano, CROW veterinary intern. "In this case, the patient responded well to treatment."

Veterinarians immediately placed an IV catheter to provide the bird with fluids and performed a lipid emulsion treatment to counter any toxins in its body. The IV catheter was in place for two days.

"If the toxin is lipophilic – attracted to



Patient #21-3440 recovered nicely from its neurological illness

photo by Missy Fox

fat – then the intravenous lipid emulsion will bind any circulating toxin before it can be taken up into tissues and continue to cause clinical signs," said Dr. Troiano. "Even if the toxin is not lipophilic, the lipid emulsion is not detrimental to the patient, therefore, we sometimes use it even if we are unsure whether the patient is suffering from brevetoxicosis or a different toxin."

The patient's sores were then cleaned and bandaged. After a few days in the hospital, the white ibis began to support itself and sit up on its own.

"When the wound was first noticed,

there were maggots present in the wound bed. For this reason, the wound was extensively flushed with sterile saline, and then a topical flush was applied to kill the maggots. The patient was also given an injection to help kill the maggots," said Dr. Troiano. "The wound bed was then covered in honey initially, then a silver gel, both of which serve to keep the wound moist and as an antimicrobial layer. Bandages were changed daily for four days before the wound was healing well enough to leave the bandages off."

Dr. Troiano was asked how long it takes to recover from such an injury.

"It depends entirely on the underlying cause of presentation, and response to treatment," she replied. "Sometimes, patients do not respond to treatment, sometimes we can turn patients around in a few days, other times it takes weeks. It is very hard to generalize because we see such a wide variety of species presenting for a variety of reasons, including trauma, infection, systemic disease and toxin, all of which can often have similar clinical signs on presentation."

After nine days of care, the white ibis had fully recovered and was released on June 29.

"We are very happy with how well this patient did," said Dr. Troiano. "The neurological signs resolved quickly within the first couple of days. We do not know if that was due to the lipid, the antibiotics, or just the supportive care of fluid therapy and feeding. The wound was fairly extensive, and very close to the vent, which also was a concern initially, but that too healed very well. Despite grave concerns initially, this patient responded extremely well to treatment, and we are happy to have been able to release it back to the wild."

CROW (Clinic for the Rehabilitation of Wildlife, Inc.) is a non-profit wildlife hospital providing veterinary care for native and migratory wildlife from our local area. The hospital accepts patients seven days a week from 8 a.m. to 5 p.m. Mail donations to P.O. Box 150, Sanibel, FL 33957. Call 472-3644 or visit www.crowclinic.org.*

Bailey's

Groceries • Hardware • Gifts



Serving Sanibel and Captiva Since 1899

ALSO SERVING YOU IN 2 OTHER LOCATIONS

The Island Store

11500 Andy Rosse Lane, Captiva
(temporarily closed for remodeling)

Bailey's Marketplace at Sundial

1451 Middle Gulf Dr, Sanibel
239-395-6016

2477 Periwinkle Way • Sanibel, Florida • 239-558-0548 • baileys-sanibel.com • OPEN 7 DAYS 7 AM - 7 PM

Bailey's WINE WEDNESDAY

— July 14th —

Buy 1, Get 1 FREE*

Chateau D'ESCLANS
Whispering Angel Rosé \$21.99

One of the most popular Provence-style rose in the world. A premium imported wine, more sophisticated and complex than lower priced roses but is so much more enjoyable. Pair with lightly grilled steaks, salmon and other fish dishes and salads.



Come see the largest selection of wines on the island! Bailey's has a wide variety to satisfy your unique taste. Our hand-picked collection includes popular wines from around the world. From casual wines for everyday enjoyment, to exceptional bottles for that special gift or occasion, Bailey's has the perfect choice.

**ENJOY BEER & WINE IN-STORE
WHILE YOU SHOP
AT OUR COFFEE SHOP!**

*While supplies last, valid 7 AM to 7 PM
on July 14th, no coupon necessary.

Shell Of The Week

The Noble Wentletrap



by José H. Leal, PhD, Bailey-Matthews National Shell Museum Science Director and Curator

Reaching about 35 mm (about 1.4 mm) in size, *Sthenorytis pernobilis* (P.

Fischer & Bernardi, 1857), can be found in deep water around Florida and the Gulf of Mexico. Thanks to its elegant proportions and exquisite sculpture of prominent blades, or *costae*, the species is an eternal favorite among shelling enthusiasts. (A large reproduction of this illustration is displayed in the In Focus exhibition at the National Shell Museum.) Read more about mollusks and their shells at www.shellmuseum.org/shell-guide and www.shellmuseum.org/blog.

The Bailey-Matthews National Shell Museum is open from 10 a.m. to 5 p.m. daily. Safety measures have been put in place, and staff and visitors are required to wear face masks.

Your gift helps ensure that our staff and animals remain healthy. To make a secure donation, visit www.shellmuseum.org.



The Noble Wentletrap, *Sthenorytis pernobilis*, from off Dry Tortugas, Florida

photo by James F. Kelly

shellmuseum.org.

The Bailey-Matthews National Shell Museum is located at 3075 Sanibel-Captiva Road. For more information, call 395-2233.*

From page 13

Workforce

federal government requires that 1.45 percent of your wages be withheld.

Year-to-date (for pay and deductions) – The year-to-date fields show how much you have earned up to that point and what has been deducted for each tax or benefit.

KHEAA is a public, nonprofit agency established in 1966 to improve students' access to college. It provides information about financial aid and financial literacy at no cost to students and parents. The agency also helps colleges manage their student loan default rates and verify information submitted on the FAFSA. For more information about those services, visit www.kheaa.com.

In addition, KHEAA disburses private advantage education loans on behalf of its sister agency, KHESLC. For more information, visit www.advantageeducationloan.com.*

American Legion Post 123

American Legion Post 123 is serving barbecued ribs and chicken from noon to 8 p.m. this Sunday, July 11. A meatloaf dinner is on the menu for Sunday, July 18. All are welcome.



On Tuesdays, tacos are served all day. Steak and cheesesteak sandwiches are served on Fridays. There are daily specials as well as half-pound burgers. Food is served from 11 a.m. to 8 p.m. Sunday specials are served from noon to 8 p.m.

The first Thursday of the month is Open Mic Night from 6 to 9 p.m.

The 8-Ball Pool League plays at 5 p.m. on Monday nights. There are two tables in play. Come out and watch the action.

If you have a flag that needs to be retired, you can drop it off at Post 123.

American Legion member eligibility dates are November 11, 1918 through present. All veterans are welcome.

Post 123 is a non-smoking facility with an outside area available for smokers. It is located at mile marker 3 on Sanibel-Captiva Road, open Monday through Saturday from 11 a.m. to 9 p.m. and Sunday from noon to 9 p.m. For more information, call 472-9979.*

In the Moo-d for

UDDERLY GREAT FOOD!

LIVE MUSIC
Fri, Sat & Sun
5pm - 8pm

Get a taste of Key West right here on Sanibel.

For the past 18 years, The Island Cow is Sanibel's award-winning family dining destination with great cookin', lavish island cocktails, specialty coffees, outdoor games, and live entertainment.

BODYGUARD Ultimate NO-SEE-UM DEFENSE SOLD HERE

Family Owned & Operated | 300+ Menu Items | Open Daily 8am - 9pm
2163 Periwinkle Way, Sanibel Island | 239.472.0606 | SanibelIslandCow.com

Enjoy Indoor & Outdoor Dining in a Casual and Friendly Atmosphere.

NEW Lunch features:

- Charleston Chicken Sandwich
- Quinoa Garden Salad
- Ham Bistro
- Shrimp Po Boy
- Braised Short Rib
- Grilled Cheese

OPEN DAILY
LUNCH: 11:30 a.m. – 4 p.m.
HAPPY HOUR: 3 – 6 p.m.
DINNER: 4 – 9 p.m.

239-472-0223
2055 Periwinkle Way
Sanibel, FL 33957
CipsPlace.com



Volunteer Irene Nolan doing an inventory of the first loggerhead sea turtle nest
photo by Shane Antalick

Green Sea Turtles Return To Nest On Sanibel

In the last few weeks, the Sanibel-Captiva Conservation Foundation (SCCF) sea turtle team has documented 12 green sea turtle (*Chelonia mydas*) nests on Sanibel.

The team has been able to identify four green nesters, two of which have been seen on Sanibel in years past and were part of a satellite tag tracking project in 2017, 2018 and 2019.

"Most of the nesting on Sanibel and Captiva is primarily by loggerhead sea turtles so a different species is always extra exciting," said SCCF Research Associate Andrew Glinesky. "Based on the number and timing of nests, there could possibly be as many as two more green sea turtles that we have yet to positively ID."

One of the green turtles, named Gardenia, was seen nesting during the day recently. Sea turtle volunteer Nancy Riley witnessed the event and captured a photo from a safe distance.

As of June 30, Sanibel had 440 loggerhead (*Caretta caretta*) nests and Captiva had 139 loggerhead nests as hatching season is ramping up.

Longtime volunteer Irene Nolan inventoried the first loggerhead nest



Gardenia, the green sea turtle
photo by Nancy Riley

that was laid this season. Her egg count showed that 132 hatchlings emerged from the nest on the east end of Sanibel. Nine nests on both islands have hatched, with nearly 1,000 hatchlings.

To report any issues with nests, nesting turtles or hatchlings, call the Sea Turtle Hotline at 978-728-3663. Visit www.SanCapLifeSavers.org for tips on how to safely share the shore with sea turtles.✧

Sanibel School Accepting New Students

The Sanibel School is currently accepting new student applications.

If you live on or off island and desire an education from a small public community school for your school-age child, now is the time to apply. The Sanibel School is "A" rated and

designated a School of Excellence by the Florida Department of Education. The K-8 campus provides an exceptional learning environment for its students, and the array of programs available is comparable with even the largest schools in the district.

To learn more about enrollment and the waiver process, or to set up a tour of school, call registrar Donna Marks at 472-1617 or email donnamm@leeschools.net.

The Sanibel School is located at 3840 Sanibel-Captiva Road.✧

JERRY'S
Foods
The Neighborhood Place
of Sanibel

JERRY'S HAS EVERYTHING YOU NEED!

Groceries • Wine & Spirits • Restaurant
Gifts • Beach Necessities • Ice Cream
Art • Full-Service Organic Spa

Nanny's
Children Shop

H2O Outfitters

Footloose

Sanibel Surf Shop

Spatini Teabar, Organic
Spa & Hair Lounge

Sanibel Spirits

Love Boat Ice Cream

Sanybel's Finest Art
and Collectables

Visit our collection
of live parrots in
the courtyard!



www.jerrysofsanibel.com

1700 Periwinkle Way • Sanibel Island, FL 33957
Phone: (239) 472-9300

CROW Calendar Of Events

The Clinic for the Rehabilitation of Wildlife (CROW) has specialty programs available for residents and visitors. Meet the staff and learn what it takes to rescue, rehabilitate and release wildlife in Southwest Florida.

General admission is \$12 for adults, \$7 for ages 4 to 12, and no charge for ages 3 and under.

Guests learn about CROW's history and day-to-day operations through displays, interactive exhibits and video. The center also features live animal exhibits, children's areas and live camera feeds of the hospital intake room and several outdoor rehabilitation enclosures. General admission includes the daily presentation (see schedule) and no reservation is required.

Hours are 10 a.m. to 4 p.m. Monday through Friday. CROW is located at 3883 Sanibel-Captiva Road.

For the safety of the animals and other guests, masks are required at all times in the Visitor Education Center.

Wildlife Walk Guided Hospital Tours – \$25 (includes general admission)

Southwest Florida is filled with fascinating wildlife, and CROW provides a unique opportunity to look into wildlife rehabilitation and meet the staff responsible for their care. Wildlife walks are the best opportunity for visitors to get an in-depth look into



the inner workings of the hospital and the treatment process. The hour and a half program has two parts: the daily presentation in the Visitor Education Center and then a guided tour through treatment areas of the hospital, concluding on the rehabilitation grounds. This program is open to all, but it is not recommended for children under the age of 13. Masks are required at all times during the tour.

Tours are offered Monday through Friday at 12:30 p.m. Capacity is limited to eight participants. Advance Registration is required. Tours are subject to modification and cancellation based on patients recovering in the hospital.

To register, call 472-3644 ext. 229 or email reservations@crowclinic.org. Payment is required to complete reservation.

Daily Presentation Schedule
Friday, July 9, 11 a.m., Baby Care at CROW – Wildlife parents are devoted to the care of their young and rarely abandon them, and juveniles found “abandoned” might actually be in a natural stage of development. Those needing assistance are placed in a specialized wing of the wildlife hospital and are provided supportive

care around the clock until they are old enough to care for themselves.

Monday, July 12, 11 a.m.,
Species Profile: Snakes of Southwest Florida – Florida is home to 46 species of native snakes, only six of which are venomous. Although there is a widespread fear and misunderstanding of this animal, most species are harmless to humans and form vital links in the ecosystem. Snakes are extremely valuable because they are efficient at monitoring pest populations without relying on chemical pesticides which can degrade the environment and harm other animal species. One of CROW's animal ambassadors will be present.

Tuesday, July 13, 11 a.m.,
Patient Profiles: Gopher Tortoises – The life of a gopher tortoise revolves around its burrow. These tortoises are found digging from southern Georgia to southeast Florida. Because of its contributions to the ecosystem, it is classified as a keystone species. CROW's presenter will explain why they are admitted and how the medical staff treats this species. One of CROW's animal ambassadors will be present.

Wednesday, July 14, 11 a.m.,
Patient Profiles: Virginia Opossums – Virginia Opossums are the only marsupial, or pouched mammal, native to the United States. They are highly adaptable animals and can live in a variety of habitats, both natural and human made. Although it may not be obvious to some people, opossums are a unique member of Florida's wildlife,

playing an important role in the function of a healthy ecosystem. One of CROW's animal ambassadors will be present.

Thursday, July 15, 11 a.m.,
Patient Profiles: Birds of Prey – Raptors are birds that prey on other animals in the wild to survive. Their specialized beaks and talons make them some of the most effective hunters. This presentation discusses the unique adaptations of the native and migratory raptors of Florida. One of CROW's animal ambassadors will be present.✴

International Fly Fishing Film Festival To Begin

The International Fly Fishing Film Festival, coming virtually to all of Florida beginning Thursday, July 15, features 10 films, six to 16 minutes in length, from all corners of the globe. The films showcase the passion, lifestyle and culture of fly fishing.

Admission to the film festival is \$10 and may be accessed at <https://watch.eventive.org/if4us/play/605e0bd599812300c10d1f00>. Viewers may log on to the site any time within 48 hours of the 6 p.m. EDT showing. Once logged in, access to the film will be granted for seven days.

In addition to the films, there will be fly-fishing product giveaways and other promotions. One attendee will be selected to win the 2021 grand prize drawing consisting of fly-fishing gear provided by International Fly Fishing Film Festival sponsors and valued at thousands of dollars.

The festival is sponsored by the National Sporting Library & Museum in Middleburg, Virginia.

Total virtual film festival viewing time is 115 minutes, said Chris Bird, festival producer.

Among the films to be screened are: *Turbo Giants* by InTents Media: An adventure to the Seychelles off the coast of Africa in search of exceptionally large giant trevally.

The Art of Fly Fishing by Bluff Line Media, winner of the inaugural Stimmie Award. “Stimmies” are presented by *Fly Fusion Magazine* to encourage and reward producers of fly-fishing films by previously unknown filmmakers. The film profiles artist Brooke Belohlavek's passion for fly fishing and painting.

The Wanderer, 2021 International Fly Fishing Film Festival original: Where do we go to escape? Journey to a sanctuary in the heart of the Rocky Mountain West.

Tuna Fuerte by PopFizz Productions: A group of fly-fishing friends embark on a trip to Colombia in search of the tuna that call those waters home.

Others include *Raising Ghosts*, a steelhead odyssey; *Baltics*, tangling with Baltic salmon; and *Raised on Rainbows*, the story of a fly-fishing family navigating early parenthood.

For more information and film trailers, visit www.flyfilmfest.com.✴

Lighthouse Cafe

The World's Best Breakfast



WE'RE OPEN!

From 7am to 3pm

Providing you with enhanced safety measures

Breakfast 7-3: Pan-handled egg dishes, omelettes, frittatas, hot cakes

Lunch 11-3: Sandwiches, salads, homemade soups, homemade desserts

239.472.0303

CALL AHEAD SEATING | TAKE OUT AVAILABLE

362 PERIWINKLE WAY, SANIBEL | LIGHTHOUSECAFE.COM



KEY LIME HONEY VODKA

Discover the world's first Key Lime Honey Vodka. Our premium spirit is 100% gluten free and infused with all natural flavors of raw honey and Florida Key Limes. We filter our product to perfection for a pure, smooth taste. Each batch is made with pride by locals in Southwest Florida.

AVAILABLE:

Sanibel Grog Shop Liquors
Sanibel Spirits Liquors
Last Chance Before Paradise Liquors
Nick's Beach Discount Liquors
Skipper's Liquors
Liquors and More

Or Order online...
Now Shipping to 31 states!

CaptiveSpirits.com

TRY IT IN THE SUNSHINE MULE AT

DOC FORD'S
RUM BAR & GRILLE





Southern toad

photos provided

Summer Showers Rouse Frog And Toad Breeding

The beginning of the summer rainy season heralds the breeding season for most of Sanibel's anuran (frog and toad) species. During the dry season, they keep moist in some permanent water bodies, such as lakes and rivers, or seek out damp places to avoid desiccation (drying out) – burrows, fallen trees, bark piles, or by simply burying themselves. The onslaught of regular June and July rains in Southwest Florida invites frogs and toads to emerge and breed in both temporary and permanent water bodies.



Chris Lechowicz conducting a frog call survey

To understand the local anuran species, and the health of their populations, Sanibel-Captiva Conservation Foundation (SCCF) participates in the national FrogWatch program through the Southwest Florida Amphibian Monitoring Network.

SCCF biologists visit 20 sites across the island after dark every third Wednesday of the month, June through September, to record the species heard, call intensity, temperature, humidity, wind speed, sky condition, traffic noise and other environmental variables.

"Amphibians (frogs, toads and

salamanders) are an excellent indicator species for water quality and environmental problems," said SCCF Wildlife and Habitat Management Director Chris Lechowicz. "Because their skin is exceptionally absorbent, they take in water constantly, as well as toxins. A reduction or total loss of a frog species in a wetland can mean some type of environmental contamination, loss of water quality, or habitat change has occurred."

While "some frog and toad species are more tolerant than others of contaminants, the loss of a highly sensitive frog species can mean the beginning of an issue in a wetland," Lechowicz said.

Male anurans attract breeding females by producing a species-specific call in areas suitable for egg deposition (wetlands). On a good night, you can hear hundreds of male frogs calling all at once. The nine species of frogs and toads on Sanibel have distinct mating calls, and SCCF volunteer frog monitors have been trained to identify the nuances in each species' distinctive calls.

This information is added to the extensive Southwest Florida Amphibian Monitoring Network database, which is shared at the national level through FrogWatch and the North American Amphibian Monitoring Program to get a big-picture understanding of how amphibian populations are faring around the country.

If you have questions about frog or toad calls, email clechowicz@scsf.org.✧

Fish Caught



Tim Callahan

photo provided

Tim Callahan of Miami caught a 20-pound snook with a greenback on 30-pound test line. He was fishing off the beach at Waterside Inn while visiting for a family reunion with the Barica family. Callahan's wife, Michele, said, "There was quite a crowd on the beach for this event. Tim and I live in Miami, Florida but our family members have come as far as Arizona for this reunion."

Callahan has been fishing off the beach on Sanibel for over 22 years.✧



FRESH FARE



FUN DRINKS

Visit our award-winning newly remodeled restaurant and enjoy creative farm-to-table dishes, each carefully crafted with the freshest ingredients. And be sure to check out our new bar room addition featuring small plates and yummy drinks.

To learn more, visit cielo-sanibel.com

CIELO

1244 Periwinkle Way, Sanibel Island

Call 239-472-5555

A Man's Best Friend



by Allison
Havill Todd

For the past 27 years, the owner of Island Marine Services, Dave Doane, remembers always having a golden retriever by his side since the start of his business

in 1994. He shared that he cannot imagine a better partner or co-worker than his four-legged friends.

His current companion for the past seven years is a strikingly handsome, male golden named Jesse, who he has raised since puppyhood and who never leaves his side. When I first learned of this special dog who accompanies his dog dad to work each day, I was eager to meet Jesse. I had a female golden retriever named Jesse who passed just over a year ago and held a special place in my heart.

Upon arriving at Island Marine Services to meet Doane and Jesse, I was greeted by a large dog with a beautiful reddish-gold coat and a strong bark that might have intimidated any stranger, but the sweeping golden retriever tail revealed the canine's true personality. He was just putting on a good show and letting his owner



Dave Doane with his co-worker Jesse

know that a visitor had arrived. Doane smiled as I entered the shop and joked that Jesse was better than any kind of doorbell.

Jesse is the fourth golden retriever to take up post at the shop, and was preceded by Johnson (named after the well-known outboard marine engine) who was featured in an LL Bean catalog that is displayed on one of the walls. It is quite apparent that

photos provided

Doane puts a lot of time into training his dog companions. Not only does Jesse quickly respond to obedience commands to sit, stay, come and down, but he also fetches tools for his owner as needed. This four-legged wonder dog will even hold one end of a tape measure in his mouth when Doane needs an extra hand... or paw, though a stuffed toy duck is his favorite item in the shop to carry around. He is invaluable at guarding the shop when his owner needs to make a service call and is quite adept at warding off unwanted salespeople from entering the building with a warning bark. Doane chuckled that the only thing Jesse does not help him with is cleaning the shop!

When asked how he became so good at training his dogs, Doane revealed that while he was a marine services expert by day, he also taught dog obedience classes every Saturday with an instructor in Cape Coral called John,



Jesse with his favorite shop toy

the Dog Trainer. He frequently brings Jesse to his classes to demonstrate proper behavior to his students, but it's not all work. During a recent Saturday class, all canine participants were able to enjoy a frosty treat in celebration of Jesse's 7th birthday.

Doane beams proudly when he speaks of his dogs, and his passion for the animals and dedication to them is unparalleled. He stated that Jesse sets the mood at the shop and brightens up the whole atmosphere. An entire wall of the shop's office is devoted to displaying dog oriented cards, photos and articles that Doane has received over the years, and his fondness for Jesse is evident by the sparkle in his eyes. There is no doubt that Jesse has earned the role of this man's best friend!

Allison Havill Todd lives on Sanibel Island with her husband and two rescue dogs. She is an avid dog lover, business coach and active outdoor enthusiast. When she's not out with her dogs, you will see her running, cycling, paddling around the island. Follow her on @thedoggie mom and facebook.com/thedoggie mom.✧

OPEN DAILY

7AM-4PM

Jerry's Café Open Daily: 7am-8:30pm
Jerry's Foods Open Daily: 7am-9pm

Located on Casa Ybel and Periwinkle Way



Dave Doane's devoted dog wall

Shells Found



Nicholas Wadman with alphabet cone and Florida horse conch photos provided

Nicholas Wadman, 15, of Fort Wayne, Indiana found an alphabet cone washed ashore and a Florida horse conch in about three feet of water during the first week of June. Wadman and his family visit the islands twice yearly and were staying at a condominium on Sanibel.✱

Shell Found



Junonia photo provided

Amy Canary found a junonia on July 3 while digging in a pile of shells at Silver Key on Sanibel. She said, "Not the best one, but my first!"✱

Lee County Mosquito Control Service Requests

The Lee County Mosquito Control District (LCMCD) provides mosquito control for Sanibel and all of Lee County. Mosquito season typically runs from May through October and mosquito activity increases with rain, particularly after heavy rains that produce large areas of standing water. Due to the abundance of mangroves, wetlands and salt marshes, Sanibel is a prime breeding ground for mosquitoes.

If you are experiencing a high number of mosquitoes at your residence, make a service request by contacting the LCMCD directly at 694-2174. If the LCMCD receives complaints from a specific area or neighborhood, the district will dispatch personnel to conduct a mosquito count and, if warranted, will fog or spray the area.

For more information regarding mosquito control on Sanibel, visit Lee County Mosquito Control District's website at www.lcmcd.com.✱

FAMILY DINNERS TO GO!

FEEDS 4-5.

Visit our website
Matzaluna.net

*All Fresh.
All
The Time.*

CONTACT-FREE
MENU AVAILABLE



Sanibel's home for
Wood-Fired Pizza & Linguine di Mare!

**GROWLERS
TO GO!**



**ON-LINE
ORDERING
AVAILABLE**

HAPPY HOUR
4:30-6:00 • 7 DAYS

\$2.50 OFF

The purchase of
each adult entree.

Present this ad to your server. Must be seated prior to 5:30 p.m.
Not valid on Pizza or with any other coupon or discount. Expires 7/13/21

**GLUTEN FREE &
VEGAN OPTIONS**



matzaluna.net

Open 4:30-9:00 pm 7 days
1200 Periwinkle Way | (239) 472-1998
Full Liquor | Take Out Available | Family Friendly

"Religious Fish Truth"

Buddhism- If FISH HAPPENS, it really isn't FISH.
Catholicism- FISH HAPPENS because you deserve it!
Hinduism- This FISH has happened before.
Islam - If FISH HAPPENS, it is the will of Allah.
Judaism- Why does this FISH always happen to us?
Protestantism- Work harder or FISH will happen!
Rastafarianism- Let's smoke this FISH!
Taoism- FISH HAPPENS!

The Timbers Restaurant & Fish Market
Making FRESH FISH HAPPEN
Since 1978, AMEN!

Oyster bar closed for the season All items still available from your server



Sushi & Sashimi Thurs - Sat

*Best Seafood!! Best Bar!!
Best Place To
Watch The Game!*

**Friday is
LOBSTAH NIGHT!**

Grill Open
7 Days at 4pm



Reservations available at the Timbers

Fish Market Open at 11am - 9pm (2pm - 9pm Sunday)

472-3128 • 703 Tarpon Bay Road • www.timbersofsanibel.com

Best Seafood on The Islands, Year After Year!



**42 Years of Fresh Fish
on Sanibel Island!**

Restaurant Open
7 Days at 5pm





Cantina-Style Tomato Salsa

3-4 large tomatoes, large dice
 1 large sweet pepper, large dice
 1 chili pepper, large dice, seeds removed (jalapeno or serrano)
 1/2 poblano pepper, large dice, seeds removed
 1/2 cup white onion, large dice
 1 cup red onion, large dice
 2 tablespoons olive oil
 2-3 garlic cloves
 1/4 cup fresh cilantro, finely chopped (optional)
 1 tablespoon taco seasoning (your favorite)
 1/2 tablespoon sugar
 2 limes, juiced
 Couple dashes hot sauce (optional)
 Sea salt and fresh ground pepper, to taste
 Preheat broiler to high (500 degrees).



Cantina-Style Tomato Salsa

photo courtesy Fresh From Florida

Combine tomatoes, all peppers, and all onions in a bowl. Add olive oil and taco seasoning and stir to combine. Season with salt and pepper. Pour contents out on a sheet pan and place under the broiler for 10-15 minutes or until vegetables caramelize and char. Remove from heat and let cool completely. Add ingredients to blender or food processor and pulse until desired consistency. Add garlic cloves sugar, lime juice, hot sauce, and cilantro to blender and pulse. Taste and adjust seasoning with salt and pepper.

Fresh tip: if you want the salsa to be hot leave some of the seeds in the chili peppers, this is where the heat lives!✱✱

FAST AND FRESH To Go

To advertise call: 395-1213

SPOONDRIFT
 ISLAND BOWLS

POKÉ BOWLS • SALADS
 DESSERTS • BEVERAGES
 VEGAN • GF/DF OPTIONS
 take out or outside dining

239.472.0875

sanibelspoondrift.com

CALL FOR DAILY PREPARED ENTRÉES



**FULL DELI, BAKERY
 DAILY LUNCH SPECIALS
 COLD BEVERAGES**

Call us for your cookout, picnic and party needs. We'll take care of you!
 Corner of Periwinkle Way & Tarpon Bay Road
472-1516



TWICE AS DELICIOUS!

Breakfast, Lunch and Dinner 2075 Periwinkle Place (239) 472-2525
 Lunch, Brunch and Dinner 1100 Par View Drive (239) 558-5634

Inside or on our Pet-Friendly Patios
 Call for Reservations and Takeout!

BlueGiraffeRestaurant.com



Breakfast, Lunch & Dinner & Later

**Sanibel Deli & Coffee
 FACTORY**

239-472-2555

www.sanibeldeli.com

2330 Palm Ridge Rd.
 (Across from CVS)



Gluten Free Options
 Pizza & Wings • Ice Cream
 & So MUCH MORE!
WINNER Best Pizza
 Taste of the Islands



New Location

2407 Periwinkle Way

239-558-4003

Open: 7 days a week
 10 a.m. to 5 p.m.
 (Breakfast, Lunch, Dinner)

The Pecking Order

**Old-Fashioned
 Fried Chicken**

Open Daily 11am to 8 or 9pm **239.472.2534**

Take Out • Delivery • Catering



**BEST
 BREASTS
 ON THE
 ISLAND**

2496 Palm Ridge Road, Sanibel



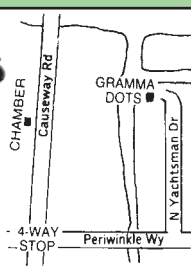
Gramma Dot's

The Only Dockside Dining on Sanibel
 Located at the Sanibel Marina
 Specializing in Local Seafood

We also feature Petite & 10 oz. Filet Mignons

Dining Awards: 6 years running

472-8138



Restaurant & Deli

Daily Lunch Specials • Salad Bar • Take-Out
 or Eat In • Breakfast • Lunch • Dinner

Open Daily

Cafe 7 a.m. - 8:30 p.m.

Grocery store 7 a.m. - 9 p.m.

Coffee Shop 7 a.m. - 1 p.m.

**CALL FOR
 DAILY SPECIALS
 472-9300**

SCCF And Refuge Partner To Monitor Tidal Flushing

The Sanibel-Captiva Conservation Foundation (SCCF) Marine Lab has worked closely with the staff at JN "Ding" Darling National Wildlife Refuge since 2003 to monitor water quality and seagrass health, and a new project is already providing information that aids in tidal flow and water quality improvement efforts.

Most recently, the team decided to install a water quality sonde to an area with stagnant water, occasional fish kills and abundant macroalgae. The water quality sonde measures salinity, temperature, dissolved oxygen, chlorophyll, turbidity and dissolved organic matter hourly in the impoundment.

If you frequent the refuge, you may notice the new sensor on the west side of Wildlife Drive. The impounded body of water, seen on the left when driving down Wildlife Drive, was once naturally connected to the tidally charged mangrove channels feeding into Pine Island Sound on the right.

Currently, Wildlife Drive bisects them, with culverts beneath the road to link the tidal flows from one side to the other. Regular tidal flow is important on both sides of Wildlife Drive. It promotes better health for mangrove and seagrass ecosystems, both crucial for birds, manatees and other wildlife that use the



Angle that can be seen from Wildlife Drive of sonde and solar panel that powers it
photos provided

habitats within the refuge.

The location of the new sonde was based on the stagnant water's depth, elevation, GPS location, salinity and oxygen levels. The data from this sensor is being compared to the water conditions monitored by an adjacent sensor located in Wulfert Flats with unrestricted tidal flushing.

Over the past two weeks, the sensor from the impoundment has shown, on average, lower oxygen levels in the water than the sensor at Wulfert Flats. Ultimately, this information will be used to apply for grants to improve tidal flushing along Wildlife Drive.✪



Kayak used to determine best placement for the new sonde. Instruments mounted to the kayak measured depth, elevation, GPS location, oxygen levels and salinity.

PEOPLE'S CHOICE AWARD

2020 TASTE OF THE ISLANDS

Live Music
Daily
5-9pm

CAJUN KITCHEN
MUDBUGS
Sanibel Island, Florida

FRESH SEAFOOD GRILL • FULL BAR



Home of the Chargrilled Oyster

Voted Best New Restaurant on the Islands!

HAPPY HOUR
SPECIALS

Drink &
Food
Specials
Daily • 3-6pm

Lunch
& Dinner
Daily • 11am

Available for Private Bookings
Takeout Available
Outdoor Seating



www.MudBugsSanibel.com • 239-472-2221 • 1473 Periwinkle Way, Sanibel



The Community House

The Radish



by Chef Jarred Harris

The radish is an edible root vegetable and a member of the Brassicaceae family. It is related to kale, broccoli, cauliflower and horseradish. There are numerous varieties of radishes, and they vary in shape, size and color.

Radishes were first cultivated in China around 3 BC. They spread through the Northern Hemisphere and into Europe during the early 1500s. The radish was one of the first vegetables introduced to the New World, however, radishes were already under cultivation in Mexico and Haiti during the mid-1500s. The word “radish” means “root,” and comes from the Latin “radix.”

In North America, radishes and their leaves are mostly eaten raw and used in salads, but in many European dishes, radishes are cooked and eaten

warm or hot. In Chinese and Japanese cooking, radishes are pickled and brined like cucumbers. Some large radishes are grown for the oil in their seeds. In fact, ancient Egyptians used radish oil in their diet before olive oil was discovered. Radishes were so highly prized in ancient Egyptian civilization; they were paid as “wages” to the Egyptian laborers who built the pyramids.

Radishes have long been used for medicinal purposes throughout history. They have been used to relieve stomach ache, gout and to regulate blood pressure. They have also been used to treat kidney stones, intestinal parasites and bad skin.

Radishes are a particularly good source of vitamins C and B6, fiber, riboflavin and potassium, as well as copper, magnesium, manganese and calcium.

Here is a simple recipe to try:

Radish, Avocado and Jicama Salad

Ingredients

- 20 radishes (thinly sliced)
- 4 avocados (pitted and diced)
- 1 cup jicama (thinly sliced)
- ½ fennel bulb (thinly sliced)
- ½ red pepper (thinly sliced)
- 2 cups mixed salad greens

For The Dressing

- ¼ cup basil (shredded)
- ¼ cup mint (roughly chopped)
- 1 jalapeno (seeded and diced), optional
- ½ cup olive oil

Juice and zest of 2 lemons
4 tbsp. honey
Method

Add the dressing ingredients to a mixing bowl and whisk until well combined. Add the radish, avocado, jicama, fennel and red pepper. Gently mix until everything is well coated with the dressing.

Arrange the salad on a platter, then

top with the salad greens.

Although I have retired early and am no longer the resident chef at The Community House, my heart is still with the members of SCA and the Sanibel community. I will continue to share my knowledge and recipes with you. Please be a patron of The Community House and visit the Culinary Education Center.✧

Poetry Corner

by Crystal H. Rogers

I Must Go Down To The Gulf Again
Apologies to John Masefield and Robert Service

I must go down to the Gulf again to escape the trials of home,
And all I ask is get outta my way, and leave me the hell alone.
I need to hear and see the surf as it bangs against the beach
To feel the calm that brings the balm that nothing else can reach.

The push and pull of the rocking tides will draw all my cares away,
Make me secure, washed clean and pure, at the end of a long sunny day.
I lie in the surf, awaiting rebirth, while the sand files into my suit,
Then I scan the sand with a pail in hand, hoping to spot some loot.

There’s a shell or two, a jellyfish blue, and a bunch of plastic beside,
There’s smelly seaweed, tar balls to heed, and styrofoam along for the ride.
So why did I come, it wasn’t the rum, as I said in the very beginning,
It’s the feel of the day packed in salt spray, and the idea that somehow I’m winning.

Crystal H. Rogers is from Goldhill, Alabama. She wrote this poem to describe her reasons for traveling from Alabama to Sanibel Island to be at the gulf beach each summer.✧

BOGO DRAFT BEERS ALL DAY, EVERY DAY

Everyone Deserves A Slice of Paradise

Island Pizza Company
SANIBEL • ISLAND, FL

Voted "The Best Pizza on the Island" 2009-2020

Serving Sanibel Since 1977 • Eat In - Take Out • Free Local Delivery

Offering Curbside Pickup & Non-Contact Deliveries
(We've teamed up with Sweet Melissa's for delivery)

Ask About This Week's Smoked BBQ Special!

OPEN 7 DAYS 11 am - Closing
239-472-1581 & 239-472-1107
1619 Periwinkle Way, Sanibel, FL
Facebook: islandpizzasanibel
Instagram: Island_pizza_sanibel

FIRST THURSDAY OF THE MONTH

OPEN Mic NIGHT

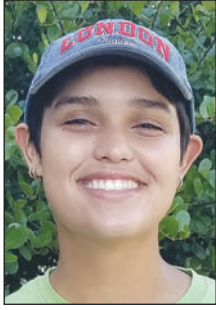
Featuring Local Artists
Everyone is invited to play!

American Legion Post 123
4249 San-Cap Rd. (mm3) • 239-472-9979

Meet The Interns At SCCF



Luke Miller



Glorimar Rivera Zamorano

Luke Miller has been an environmental policy intern for Sanibel-Captiva Conservation Foundation (SCCF) since October 2020. Originally from New Jersey, Miller graduated from Northwestern University with a bachelor's degree in Spanish literature and business. He came to SCCF following three years of working in the global foreign exchange markets.

"I decided to switch career paths to focus more on conservation and policy, and my internship with the policy team at SCCF has been a perfect way to work with experienced professionals in the policy field and learn the fundamentals of the industry," Miller said. "Throughout my internship, I have written articles about Florida policy issues that intend to make complicated policy matters accessible to our whole community. I have also worked to plan and execute action alerts to urge our elected officials to support environmentally friendly policies and oppose harmful ones."

Miller said he has learned about significant issues on the environmental front during the past seven months and how environmental policies are designed and implemented. "During Florida's two-month legislative session, it was great to be able to work with the SCCF policy team to learn how bills progress through the legislative system," he said. "I've also been able to learn about issues such as climate change, renewable energy and sea level rise through my work on various related projects on these topics."

Miller departs in mid-July and will be studying environmental policy at Indiana University's O'Neill School of Public and Environmental Affairs in the fall. "My time with SCCF will be extremely helpful as I continue to pursue my interests in the field of policy. The real-world experience I've gained by covering Florida policy issues over the course of my internship will be invaluable as I learn more about policy design, implementation and issues," Miller said.

SCCF Native Landscapes and

Garden Center intern Glorimar Rivera Zamorano is a senior at the University of Central Florida, where she is pursuing a bachelor's degree in environmental studies. She began the internship on May 31 and will wrap it up on August 8.

"So far, I've come to learn a lot more things than I originally expected since starting this internship," she said.

Zamorano already understood the importance of incorporating native species into urban landscapes, and she is learning more about the roles they play in the environment. She is learning how to better identify native flora and is learning about different species' roles within their habitats as food sources for birds and wildlife, as pollinators and nectar sources for insects and butterflies, and their climate tolerances and culture. "There's something new to learn every day and I can't wait to see what's next," she said.

Aaron White was born and raised in Houston, Texas and recently graduated from Texas State University with a bachelor of science degree in wildlife biology. He has been a shorebird intern at SCCF since March.

"I've learned a lot during my time at SCCF. I've most enjoyed learning about snowy plovers (*Charadrius nivosus*) and their specific behaviors related to nesting and protecting their broods," White said. "It's been really interesting observing the interactions between the broods, such as seeing what territories they establish for themselves to avoid predators and plover infighting."

White is considering what he would like to focus on in wildlife biology.

"Being exposed to new species and learning about them in a fast-paced environment has made me confident in my abilities to work with new species in the future," White said. "On the other hand, if I want to keep pursuing work with plovers, I'm well equipped with base knowledge to advance down that career path."✧✧

College Graduate

Furman University President Elizabeth Davis presided over the class of 2021 commencement exercises, which took place on May 8 at Paladin Stadium on campus. Six hundred fifteen students graduated in the class of 2021. Oliver Goss of Sanibel graduated with a bachelor of arts degree in politics and international affairs.✧✧

College Graduate

Sarah Heidrick of Sanibel, who graduated in December 2020 from Emerson College, was honored during a recent ceremony at Fenway Park in Boston, Massachusetts.

Heidrick received a bachelor of fine arts degree in Theatre Education and Performance.✧✧



400 RABBITS

MEXICAN KITCHEN & TEQUILARIA

*A New Restaurant
On Sanibel Island!*

DINE WITH US

LET THE SPIRIT OF 400 RABBITS IN!

- Classic & Inspired Mexican Menu
- Crafted Margaritas & Cocktails
- Large Selection of Specialty & Premium Tequilas & Mezcal
- Made to YOUR Order Guacamole
- Outdoor Patio & Open Air "El Bungalow" Dining

**NOW
OPEN!**



Open Daily/Lunch & Dinner



Carryout & Curbside Available



Location: 975 Rabbit Road
Sanibel, FL 33957 (Corner of
Rabbit Road & Sanibel Captiva Road)



**SCAN THE QR CODE
WITH YOUR PHONE TO
VIEW OUR MENUS ONLINE:**



239-558-8756

400RABBITSSANIBEL.COM

Book Review

Dark Sky



by Di Saggau

Dark Sky is CJ Box's 21st Joe Pickett novel. It involves a Zuckerberg-clone, Steve Price. He is a 32-year-old Silicon Valley billionaire and CEO of Aloft, Inc. and

the principal behind ConFab, a social media site. Price is planning to build the largest server farm in North America, and the governor of Wyoming wants it in his state. He is anxious for a "real" wilderness experience, so he tells the governor that he wants to go elk hunting in Wyoming. Hoping the experience will convince Price to choose Wyoming for his new headquarters, the governor orders Game Warden Joe Pickett, to make it happen.

All seems easy enough until Earl Thomas and his no good sons arrive on the scene seeking vengeance on Price for the death of Earl's daughter. She committed suicide after being bullied on Price's social media platform. Her suicide may have been Earl's fault, but he's not about to acknowledge that. Instead he and his sons decide to hunt Price and Pickett as they head into the mountains to hunt elk.

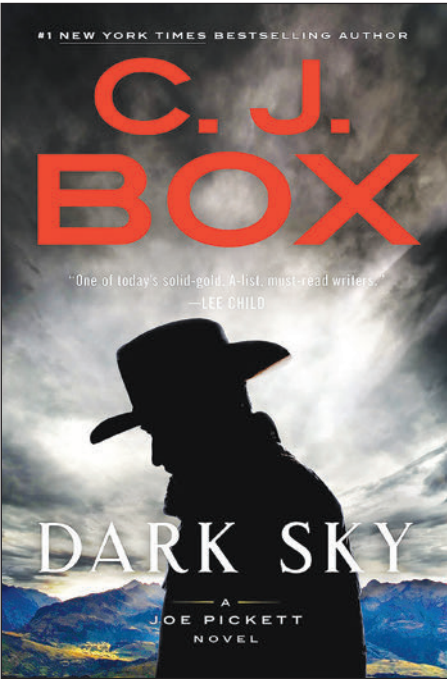


image provided

Meanwhile, Joe's pal Nate Romanowski, ex-special forces turned falconer, has troubles of his own. A subplot involves Romanowski and his protégé, Joe's daughter Sheridan. It's interesting and also serves as a teaser for Box's 22nd Pickett novel. Valuable birds of prey are being stolen by a very bad person. As Nate is dragged into Joe's current situation, we will have to wait to find out more about the stolen falcons in the next novel.

There's enough going on in *Dark Sky* to keep us turning the pages. It's a suspenseful, action-packed tale set in the vividly described wilderness around Battle Mountain. As Pickett tries to protect Price, it gives the author a chance to comment about the dangers of our digital lives. Ultimately, the story is about Pickett

fighting the bad guys with some help from Romanowski. The bad guys are armed with murder on their minds, and Pickett is the only one standing between Price and certain death. The book is fast-paced, filled with action and hard to put down.**

School Smart



by Shelley M. Greggs, NCSF

Dear Shelley, My daughter is going away to college in August and, of course, I have some concerns about her safety and emotionally well-being. What should I talk with her about to see if she's doing OK?

Beverly H, Fort Myers

Beverly, This is a great question, and I'm so glad you're asking it. So much of what determines whether students are successful at college has nothing to do with academics but instead involves the skills of coping, self-care, self-advocating, independent living and self-control.

Here are some key questions from Donna Volpitta, EdD, the founder of the Center for Resilient Leadership, to help you assess your child's ability to navigate the social and emotional aspects of college and some suggestions to help work on these skills.

What does your child do when something doesn't go her way? Pout, problem solve, run to you? It's essential for your child to develop coping strategies in order to be ready to go away to college. Typically, parents want to solve things for their kids, but it's better for them to struggle to find solutions themselves. Use everyday challenges such as missing a deadline or forgetting her homework as opportunities to help your child develop coping strategies.

Self-advocacy is a critical skill for children to learn. Does your child know who to go to if she needs help? Does she know how to ask for help? Think about whether she's prepared for some of the issues that might arise in college, such as working through a problem with a roommate or meeting with a professor to discuss accommodations. If you don't think your child can ask for help, it's time to teach her how to do so. Role-play is one of the ways you can help your high schooler learn how to speak up for her needs, both academic and non-academic.

The day-to-day demands of taking care of oneself can be overwhelming if a child has never had to provide her own self-care before. At college, there won't be anyone making sure she gets enough sleep or eats a balanced meal. She'll also need to do her own laundry, take care of her finances and get herself to the infirmary if she's sick. So, it's very important that you allow her to start the self-care process while she is still at home this summer and you can guide her.

Give your child opportunities to show that she's emotionally ready to take care of herself before she leaves for school. Let her practice getting herself up and ready for school or work, doing her own laundry, making her own breakfast and lunch, and other tasks without constant reminders from mom and dad.

Teens are faced with some very difficult decisions in high school and college. Has your child demonstrated self-control when it comes to drinking, drugs and sex? Is she prepared to make good decisions when faced with tough choices? Teens with a strong sense of self-control are more capable of making good decisions. If your child is still struggling with these issues, it's very important to help your high schooler work on self-control before she gets to college. You can help your teen gain self-control by laying out clear expectations and talking about moods and feelings, so that she has a clearer idea of her own thoughts and feelings about difficult topics.

Unfortunately, there is no single test to determine whether someone is emotionally ready to leave home for college. If you think your child isn't ready for college yet, you can work with her on these skills while she's still at home with you. The good news is that resiliency, self-advocacy, self-care and self-control are all skills that can be taught. Give her opportunities to handle challenges and to ensure that she's ready.

Shelley Greggs is former faculty at Florida SouthWestern State College, where she taught psychology and education courses. She is also a nationally certified school psychologist and consultant for School Consultation Services, a private educational consulting company. Questions for publication may be addressed to smgreggs@gmail.com or at www.schoolconsultationservices.com.

Local Named To Dean's List

Rylee Simons of Sanibel was named to the dean's list for the spring 2021 semester at The University of Tampa. Students must maintain a grade-point average of 3.75 or higher to be eligible for the dean's list.**

Shredding Day

The paper shredding truck will be on site at The Community House on Saturday, July 17 from 9 a.m. to noon. Cost is \$5 per bag or box. Call ahead if you have more than 10 bags or boxes. Businesses are welcome.

For more information, visit www.sanibelcommunityhouse.net or call 472-2155.**

TWICE AS DELICIOUS!

Join us at **Periwinkle Place Shops** For **Breakfast, Lunch or Dinner**

Sanibel Family Owned & Operated

Island Inspired American Cuisine Casual Dining

Inside or Outside on our Pet Friendly Patio

Blue Giraffe Island Dining

OR...visit our Restaurant & Clubhouse at Beachview Estates

Enjoy lunch or dinner in our dining room or outside on our Pet Friendly Patio

BlueGiraffeRestaurant.com

OPEN EVERYDAY

Breakfast 8AM-Noon

Lunch 11AM-5PM • Dinner 5PM-Close

Full Liquor Bar • Happy Hour 4-6PM

Periwinkle Place Shops

2075 Periwinkle Way, Sanibel, FL 33957

OPEN MONDAY-SATURDAY

CLOSED SUNDAY through September

Lunch 11AM-5PM

Dinner 5PM-8PM

Full Liquor Bar • Happy Hour 11AM-6PM

Beachview Estates

1100 Par View Drive, Sanibel, FL 33957

Charitable Foundation Adds Board Member

The Charitable Foundation of the Islands (CFI) appointed Doug Congress to the board recently. Congress has over 30 years of experience working as an executive officer and owner of several businesses. His background includes business operations, finance, administration and public accounting.



Doug Congress

He began his career with Deloitte & Touche, one of the top accounting firms in the country. He went on to build

several businesses and currently owns and manages businesses in the finance, mortgage and retail sectors. He holds a bachelor's degree in accounting from the University of Florida.

Congress has served on the Sanibel School Fund board, was president and treasurer of the Sanibel-Captiva Kiwanis Club, former chairman of the board of the Bonita Springs Chamber of Commerce and former vice mayor of Sanibel City Council.

"We are delighted to have Doug join us as a new member of the CFI board. He has been an essential part of the Sanibel and Captiva community, and his involvement will assist the board in meeting their long-term goals," said Virginia Stringer co-chair of the CFI board.

"Doug's successful business acumen will help strengthen the mission and goals of CFI and move us into a viable position to serve the community we all care about," said Chip Roach, co-chair of the CFI board.✱

Superior Interiors

Our Favorite Desk Organization Tools

by Marcia Feeney



Whether you're still settled into your home desk or you've finally made your way back to the office, now is the perfect opportunity to clean and get organized. This is

especially true for those who haven't been to their office desk in some time – it's time to trash the outdated calendar, get rid of irrelevant notes and make your workspace feel put together again.

Reconsider your current setup. If you're looking to enhance your home office, look at your current desk and decide how much it's really helping you get through your workday. You may have settled with something simple and sleek because it's stylish and inexpensive, but what about the storage space? Do you have papers piled sky-high because you have nowhere else to put them? A desk with built-in storage can be an ideal improvement for getting all your items together.

If you're dealing with the desk at your workplace again and it's not in the company budget to buy new furniture, consider the storage solutions and potential organizational features you can simply add to it instead. Filing cabinets that secure directly under the desk can be the perfect addition to your workspace and open your eyes to a world of possibilities in storage. The main idea is to free up some surface space on your desk; reducing physical clutter can clear your mind and make it easier to concentrate on your work tasks.

Don't be afraid to add other functional furniture. Depending on

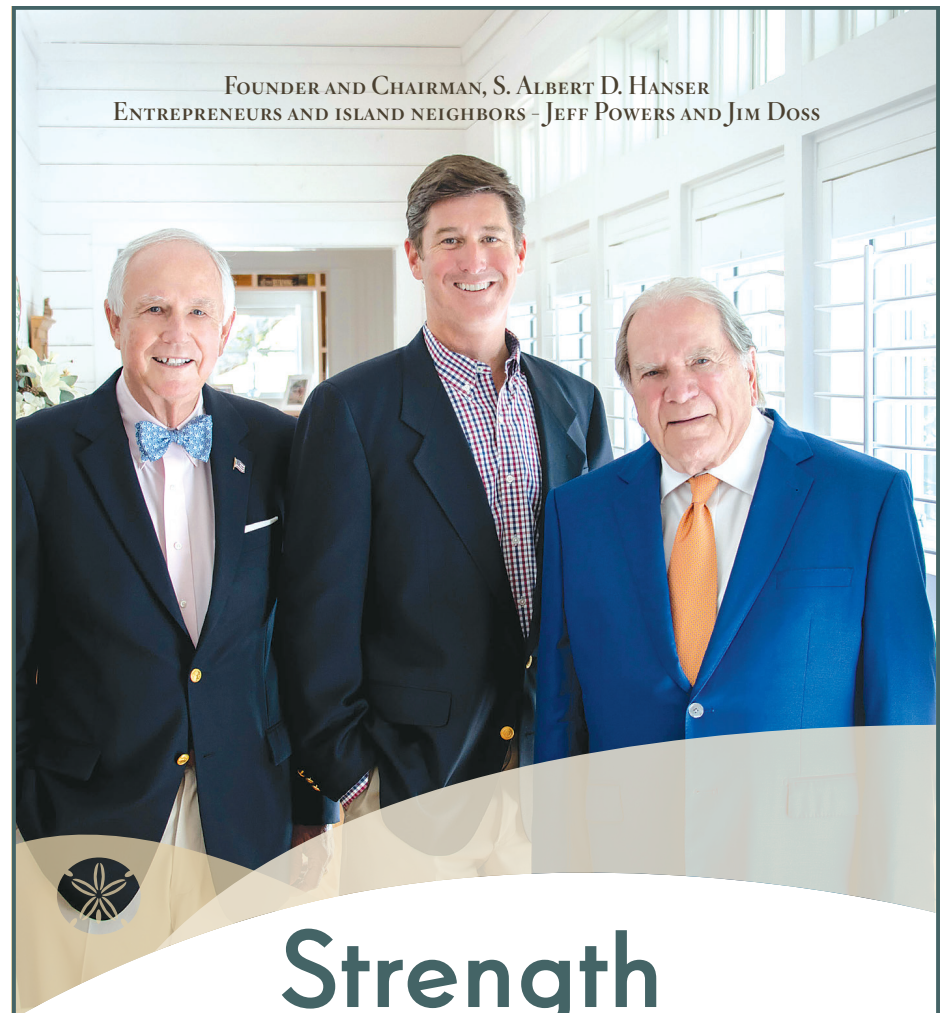
the amount of space you need to work efficiently within your office, you don't only have to rely on your desk for storage space. A bookshelf makes an ideal piece of functional furniture that not only stores books and other important documents but can also add style along the way. You can use the surface space to your advantage while also decorating with accessories that can help the office look and feel more personal and put together.

Wall shelving can also come into play in this instance. Freeing up space on your desktop while also adding a decorative element to your workspace can benefit you in many ways. Remember, you're spending a lot of time here, so you should add features that can help you feel most comfortable without distracting you from your work.

Always remember the traditional organizational tools. Ridding your desk of clutter is important, but there are certain classic tools that can play a major role in how organized your workspace remains. Pen holders, file holders, desk trays and cord organizers can come in handy no matter where you're working. Just remember that less is more and keep things simple and don't clutter your desk with organizational tools just because you think they might help you occasionally. Stick to the options that you'll utilize in the months to come.

Getting your workspace back in order can be a daunting job, especially if organization is one of your least favorite tasks. Don't let the idea of returning to your office or rearranging your home workspace overwhelm you. Instead, consider consulting a design professional to lend their expertise to get the job done. Identifying the best organizational concepts that work best for you will ensure that your new setup can be maintained well into the future.

Marcia Feeney is an interior designer on Sanibel/Captiva Islands. She can be reached at marcia@coindeciden.com.✱



Strength in Numbers

As The Trust Company grows, the more we value the knowledge and experience of our Board and Advisory Board members.

There is strength in *community*.

Ready for a better experience?

We invite you to visit our office to discover the difference.

*Available for investable assets of \$2 million and above.

THE
SANIBEL  CAPTIVA
TRUST COMPANY
PRIVATE WEALTH MANAGEMENT

TRUST & ESTATE SERVICES | INVESTMENT MANAGEMENT

2460 Palm Ridge Road | Sanibel, FL 33957

239.472.8300 | sancaptrustco.com

NOT FDIC INSURED | NOT GUARANTEED | MAY LOSE VALUE



Island Home by Allison Davis is one of the paintings on display photos provided

Summer Reading, Art And Archives At The Library

Sanibel Public Library’s Summer Reading Program theme is Tails and Tales, with a focus on animals. All children, from babies to age 18, are eligible for the program. Locals and visitors welcome. Participants will receive a gift (quantities are limited). Programming is online with Take and Make activities available to pick up at the library. The library is open for browsing and contactless curbside service is available. Beanstack is used for online reading logs. Sign up from a smart phone or computer. Beanstack is a free, user-friendly app for PCs, Apple and



Violet Vanover with her Summer Reading Program completion certificate

Android devices. Adult readers can also use Beanstack by visiting <https://sanlib.beanstack.org/reader365>. As in years past, children read to earn books for their home libraries and for patients at Golisano Children’s Hospital of Southwest Florida. Youth Services Librarian Deanna Evans posts her Baby Bounce Time videos and storytime videos to the children’s webpage weekly. From July through September, stop by the library to see 25 works of art from the Sanibel Captiva Art League



The Sanibel Public Library seeks the names of the Boy Scouts in this 1960s archival photo

exhibit, titled Home Sweet Home. The library is seeking stories, photos or videos of people and places of Sanibel and Captiva for the archive. The digital archives are now online. With over 2,000 items, the ever-growing collection is a peek into the past. To see the images, newspapers and oral histories, go to the homepage at www.sanlib.org. The library is also seeking help in identifying names and places shown in the archives photograph collection. Seed development for this ongoing project is supported in part by

the Roni Jo Freer Fund of the Sanibel Public Library Foundation. Computers, printers, scanners and fax machines are available as well as magazines and daily newspapers. The library is open from 9 a.m. to 1 p.m. on Saturdays through August. Sanibel Public Library cards are available to all residents of Sanibel and Lee County at no charge. Visitor library cards are available for a \$10 annual fee. For more information, call 472-2483 or visit www.sanlib.org. The library is located at 770 Dunlop Road.✧



CHUCK BERGSTROM
Island Resident
Award Winning Realtor®

Chuck@
ChuckBergstrom.com
Direct: 239-209-6500



Let's List ... Let's Market ... Let's Sell Your Property

www.SanibelCaptivaRealEstateGuide.com

4020 WEST GULF DRIVE



Exceptional 3-bedroom, 2-bath home with heated pool across from beach access on one of the larger West Gulf Drive lots. Updated kitchen includes granite countertops, custom kitchen cabinetry, stainless appliances including warming drawer and wine cooler. The Bamboo and travertine tile flooring throughout and theater surround system are just a few exceptional features. Custom hurricane-rated windows and doors throughout. **\$2,795,000**

GULFSIDE PLACE UNIT 225

NEW LISTING



Relaxing view of the Gulf of Mexico and pool from this spacious 2BR/2BA unit. This nicely furnished condo with an open floor plan is move in ready. The sliding glass doors run the width of the living space providing beautiful views. There's enough room in the large master suite for a sitting area. Unit includes interior laundry room, plenty of storage and below building parking for one car. **\$1,595,000**

Locations In Sanibel and Captiva

2400 Palm Ridge Rd.
Sanibel, FL 33957

11508 Andy Rosse Ln.
Captiva, FL 33924



No one's better qualified to handle your real estate needs than your neighbors!

We ARE your REALTORS®



15867 CAPTIVA DRIVE



CAPTIVA GULF TO BAY ESTATE

- Rare opportunity! Main house 3 bedroom, 3.5 bathrooms, 4,000 sf
- Spacious guest cottage 3 bedroom, 3 bathroom, almost 1,300 sf
- Panoramic views of the bay, deep water dock, pool spa
- Panoramic turquoise gulf views, the beach is your front yard

\$12,700,000

1321 SEASPRAY LANE



SEASPRAY

- Near Beach, Large Single Family Buildable Homesite
- Small Beach Community of Fabulous Homes
- Community Tennis Courts & Pool
- Private Community Beach Access

\$899,000

1237 ISABEL DRIVE



EAST END

- Deep Water w/Direct Access, 70' Dock
- 6 BR, 6.5 BA, Open Floor Plan
- iPad Controlled Home, Workout Room
- Bay/Canal Views, Resort Style Pool

\$2,995,000

5633 BALTUSROL COURT



SANCTUARY CC SPEC HOME

- Awesome Lot Location w/Championship Golf Course Setting
- 4 Bedroom/4.5 Bath Open Great Room Floor Plan
- Spectacular Outdoor Space w/ Fireplace, Kitchen, Pool/Spa w/Sun Splash Area

\$2,100,000

11559 LAIKA LANE



MODERN, ICONIC, BEACHFRONT ESTATE

- Iconic, Modern, Gulf Front Estate, 4,730 S.F.
- Rooftop Terrace, Floor to Ceiling Windows
- Open Concept Kitchen, Double Islands, Chef's Dream
- 2 Master Suites, Perfect Home & Vacation Rental

\$7,500,000

15138 WILES DRIVE



CAPTIVA BEACH FRONT

- 102 Feet of Premier Gulf Frontage
- Comfort Meets Luxury w/ 6 BR 5.5 BA 4611 SQFT
- Private Oasis, Pool, Putting Green

\$6,495,000

15261 CAPTIVA DRIVE



WATERFRONT SECLUDED OASIS ON CAPTIVA ISLAND

- 4 BR, 4.5 Bath, Furnished Home, Private Deep -Water Dock w/Lift
- Custom Design by Stofft Cooney of Naples
- Heated Pool w/Infinity Spa, Lush Landscape, Estate Lot

\$11,499,000

3304 SAINT KILDA ROAD



NEAR BEACH

- Possible Gulf Views from Piling Home
- Private, Lake View Setting
- Location off West Gulf Drive
- Great Building Site

\$599,000



McMURRAY & Members of **ROYAL SHELL®**
Real Estate

FOR PROPERTIES OF PRESTIGE & PREFERENCE

McMurrayandMembers.com | Info@McMurrayandMembers.com | Mike McMurray: 239.850.7888

Follow us on Social Media at: @mcmurrayandmembers



Highlights From CHR Give Back Wednesday At Tahitian Gardens



From left, Hunter Briseno, Dylan Traffon, Andrea Timmons, Selena Juarez and Karan Balmer of Paper Fig Kitchen
photos provided



From left, Fran Grant, Lynn Kompinski and Debbie Francis of Pandora's Box



From left, Maryann Gilhooley, Jane Hudson, Nancy Clare and Joan Sperry at Sanibel Cafe



Josh Stewart and Justin Stallings at Adventures in Paradise



From left, Lynne Campean with Jane and Chuck Ramseth



Mary and Ed Holden



From left, Jinny, Tim, Corinne and Bennett Datema



The Johnson family, from left, Richard, Baillie, Dane and Mead



From left, Jerry Edelman, Maryanne Daly and John Morse



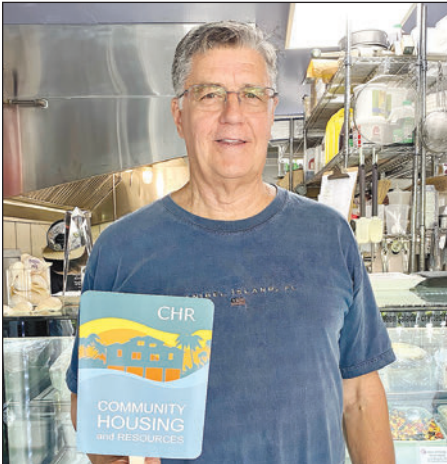
From left, Carrie and Matthew Brun, and Peggy Kavanaugh



Nate Grey



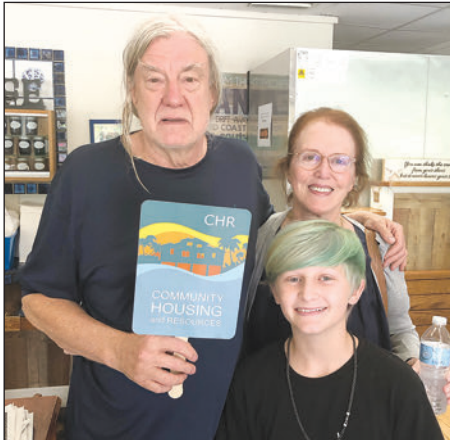
Steve Greenstien and Jeff Muddell



Dwight Grizzell



Susan Ayres



From left, Gene and Linda Massey with Tyler McCurry

BURNS *family* TEAM



1. LAKE & GOLF COURSE VIEWS IN BEACHVIEW - SANIBEL

- 5 BR/ 3.5 BA completely renovated with gourmet kitchen, soaring 2 story ceilings, and incredible views
- Private office, library, formal dining room, private pool, 2 car garage & more
- **\$2,695,000 EURO 2,204,949**

3. GORGEOUS BAYOU VIEWS ON WEST END - SANIBEL

- 3BR/2 BA Coastal chic remodeled home with wood floors & open floor plan overlooking Clam Bayou
- Fantastic outdoor areas including screen closed pool and sitting area, outdoor kitchenette area, firepit, & more!
- **\$1,350,000 EURO 1,137,848**

4. REMODELED DIRECT ACCESS HOME IN SHELL HARBOR - SANIBEL

- 4 BR/ 2.5 BA ground level home with tray ceilings, large kitchen & living area perfect for entertaining
- Private pool, 2 outdoor showers, wrap around boat dock & 10,000 pound lift with direct access to the Gulf of Mexico
- **\$2,450,000 EURO 2,014,421**

5. ON A WHIM - CAPTIVA

- 2BR/ 2 BA cottage located steps to the Bay in the Captiva Village area
- Newly painted, wood plank tile floors, multiple lanais, & tropical décor
- **\$1,295,000 EURO 1,064,765**

6. CANAL LOT ON SANIBEL

- Build your island dream home on this wonderful canal lot on Sanibel's East End
- This location offers both the ability to get a boat to the Gulf of Mexico, while also being walking distance to Sanibel's famous beaches
- **\$699,000 EURO 591,365**



7. SHORT WALK TO BEACH - SANIBEL

- 3 BR/ 4 BA + den home constructed by Gulf To Bay homes on prime lot in Beachview community
- Open kitchen, high ceilings, private pool with spillover spa, 2 story screen enclosure all just a short walk to the deeded beach access
- **\$1,749,000 EURO 1,434,917**

8. CAPTIVA HIDE A WAY

- 2 BR/2 BA move in ready condo with gorgeous Bay views & steps to restaurants and shops
- Intimate community includes Bayside pool, 220ft pier with dock, fitness room, garden & more
- **\$1,075,000 EURO 882,514**

9. 5 HOUSES FROM THE BEACH ON SANIBEL

- 3 BR/2 BA ground level beach house just 5 homes from the private beach access
- Roof, AC, & garage door recently updated. Great rental potential or perfect island getaway
- **\$815,000 EURO 674,873**

10. LONG CANAL VIEWS ON PERIWINKLE - SANIBEL

- 3 BR/3 BA home with 120ft of canal frontage, private 60 foot boat dock and lift
- Elevated pool and spa, vaulted ceilings, elevator, fireplace, and 2 car garage
- **\$2,300,000 EURO 1,886,970**

11. CUSTOM DESIGNED LAKE & RIVER FRONT HOME - FORT MYERS

- 4 BR/ 3.2 BA + office with soaring 2 story ceilings, chef's kitchen, loft area, daily sunsets from the 180 degree views of the River
- Outdoor kitchen & resort style pool with swim up bar, waterfall, sun shelf, & spa
- **\$2,395,000 EURO 1,944,840**

12. HAPPY DAZE - CAPTIVA

- 4 BR + den/4 BA home situated among the tropical vegetation just a short walk to the Captiva Village
- Wood floors, open kitchen, soaring ceilings, fireplace, large lanai overlooking the private pool & spa
- **\$1,699,000 EURO 1,398,507**



Premier | **Sotheby's**
INTERNATIONAL REALTY

LiveSanibel.com | 239.851.2696
LiveCaptiva.com | 239.464.2984

Your Local Experts
with a Global Reach.

Sotheby's International Realty® and the Sotheby's International Realty logo are registered service marks used with permission. Each office is independently owned and operated. Equal Housing Opportunity. Property information herein is derived from various sources including, but not limited to, county records and multiple listing services, and may include approximations. All information is deemed accurate.

Florida Python Challenge Offers \$10K Grand Prize

The Florida Fish and Wildlife Conservation Commission (FWC), South Florida Water Management District and the Fish & Wildlife Foundation of Florida recently announced a new \$10,000 Ultimate Grand Prize exclusive to the 2021 Florida Python Challenge, thanks to sponsor Virtual Business Services. The award will be presented to the participant who removes the most pythons as part of the competition.

The 2021 Florida Python Challenge kicks off at 8 a.m. on Friday, July 9 and ends Sunday, July 18 at 5 p.m.

"This is a monumental contribution to the cause of removing Burmese pythons from the Everglades ecosystem. We are grateful to Virtual Business Services for their generous donation and hope this sparks more interest in this important effort. Working under the leadership of Gov. Ron DeSantis, we will continue to work with our partners to protect our natural resources from the threat of invasive species," said FWC Chairman Rodney Barreto.

"I want to thank the public and all of our corporate sponsors for making this challenge possible. The South Florida Water Management District, the FWC and our partners in this great endeavor are teaming up to take the fight to the pythons, and we won't stop until these invasive snakes are eliminated and the

Everglades are protected," said SFWMD Governing Board Member "Alligator Ron" Bergeron.

"Virtual Business Services is proud to partner with the Florida Python challenge. With the fragile ecosystem in our great state of Florida, we are excited to help eradicate the python issue to preserve our native species," said Virtual Business Services Chief Executive Officer Frank VanDeBoe.

"We are thankful for Frank's commitment to combatting invasive Burmese pythons in the iconic and fragile Everglades. We can't wait to see how many pythons the challenge is able to remove. We wish all the hunters the best of luck," said President and CEO of the Fish & Wildlife Foundation of Florida Andrew Walker.

Participants who do not win the Ultimate Grand Prize can still win thousands of dollars for the most pythons in the Professional or Novice categories. There are also awards for the longest snakes in both categories. Active-duty military personnel and veterans who register for the competition will be eligible for additional prizes.

The goal of the Florida Python Challenge is to increase awareness about invasive species and the threats they pose to Florida's ecology. The annual competition encourages people to get directly involved in Everglades conservation through invasive species removal.

Registration for the challenge is now open, and people can sign up to participate until the last day of the event. There is a \$25 registration fee and

participants must complete free online training.

Visit www.flpythonchallenge.org to register for the competition, take the online training, learn more about Burmese pythons and the unique Everglades ecosystem, and find resources for planning your trip to south Florida to participate in the Florida Python Challenge.

Burmese pythons are not native to Florida and negatively impact native

species. They are found primarily in and around the Everglades ecosystem in south Florida where they prey on birds, mammals and other reptiles. A female Burmese python can lay 50 to 100 eggs at a time. Since 2000, more than 13,000 Burmese pythons have been removed from the state of Florida. For more information on Burmese pythons, visit www.myfwc.com/python.

ISLAND SUN BUSINESS NEWSMAKERS



Meredith Murray



Nancy Finch



Larry Hahn



Deb Hahn

John Naumann & Associates

The top listing agent for June at John Naumann & Associates was Meredith Murray. The top listing team was Harrell, Tolp and Albright. Top sales agent was Nancy Finch and top sales team was Larry and Deb Hahn.



Harrell, Tolp and Albright

ISLAND CONDO MAINTENANCE

40 Years in Business • Located on Island • Veteran Owned & Operated

ICM

POOL SERVICE

PROPERTY WATCH

Commercial & Residential Pool Service and Repairs

Free Estimates

24hr. Emergency Service Available

Everyone Deserves a Clean Pool!

Call Us Today **472-4505**

Mon. - Fri. 7am-4pm

1039 Periwinkle Way (Behind The Bait Box)

www.icmpools.com

admin@icmpools.com

#CPC1458912
#SI-12240

ON ISLAND FOR ISLAND

Progressive Club To Meet

The Progressive Club of the Islands monthly virtual meeting will be held on Thursday, July 15 at 5 p.m. Guest speakers will be representatives from the SWFL Coalition for LGBTQ+ Youth.

The coalition was formed to fight for LGBTQ youth in SWFL and consists of LGBTQ organizations, parents, students, faith leaders, civic leaders, businesses and business owners. The program will feature a presentation and discussion to educate attendees on issues facing LGBTQ youth in the community and constructive actions you may like to undertake.

The meeting will be interactive with plenty of time for questions. Request the Zoom link by emailing pcisancap@gmail.com. You can also view the program live or afterwards on the Facebook page at www.facebook.com/pcisancap.

SWFL COALITION FOR LGBTQ+ YOUTH

Standing in solidarity with our LGBTQ+ youth in Southwest Florida.

image provided

www.facebook.com/pcisancap

Annual dues for the club are \$30 per individual or \$60 per couple. To renew a membership or join, mail a check payable to PCI, P.O. Box 898, Sanibel, FL 33957. For more information, visit <https://pcislands.org>, call 994-3175 or email pcisancap@gmail.com.

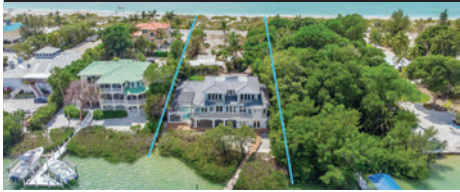
VASANTA SENERAT CPA, P.A.

CERTIFIED PUBLIC ACCOUNTANT
CHARTERED FINANCIAL CONSULTANT

Accounting, Tax Preparation and Consultation for
Businesses • Individuals • Condo Associations • Non Residents

SANIBEL • 472-6000
1633 Periwinkle Way • Anchor Point

FORT MYERS • 418-0008
3949 Evans Ave. • Suite 205•33901

CAPTIVA GULF TO BAY ESTATE

15867 & 15879 CAPTIVA DR., CAPTIVA
 • Main House - 3 BR, 3.5 BA, 4,000 S.F.
 • Spacious 3 BR, 3 BA Cottage
\$12,700,000 **MLS 221027605**
McMurray & Members 239.850.7888

CAPTIVA GULF FRONT

16280 CAPTIVA DR., CAPTIVA
 • 6 BR, 6 BA, 4,402 S.F. Tropical Paradise
 • Main & Guest Houses w/Many Entertaining Areas
\$8,900,000 **MLS 221034324**
McMurray & Members 239.850.7888

FORT MYERS RIVERFRONT

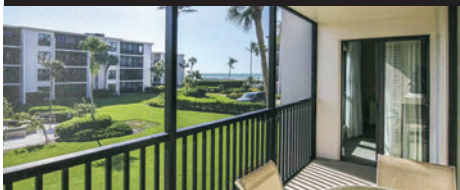
14040 SCHULTZ RD., FORT MYERS
 • 6 BR, 6.5 BA, 6,700+ S.F., 5.7 Acres, Gated Estate
 • Pool/Spa, 1,000+ Riverfront, Protected Basin/Dock
\$7,900,000 **MLS 221025062**
McMurray & Members 239.850.7888

SANIBEL ISLAND

1237 ISABEL DR., SANIBEL
 • Deep Water w/Direct Access, 70' Dock
 • 6 BR, 6.5 BA, Open Floor Plan
\$2,995,000 **MLS 221029905**
Chad Reedy, McMurray & Members 239.989.8838

FORT MYERS

13391 SHIRE LN., FORT MYERS
 • 4 BR, 4 BA, 4,000+ S.F., 2.5 Acres
 • 2 Offices w/Separate Entry, 2,000+ S.F. Garage
\$1,195,000 **MLS 221037231**
Kiersten Capo, McMurray & Members 239.284.5847

SUNDIAL OF SANIBEL

1501 MIDDLE GULF DR. #G204, SANIBEL
 • Gulf Views from Your Screened Lanai
 • 2 Bedrooms, 2 Full Bathrooms
\$749,000 **MLS 220067748**
Brian Murty 239.565.1272



RoyalShellRealEstate.com



239.314.3640

Offices in Florida and North Carolina

**CAPTIVA BEACHFRONT**

11559 LAIKA LN., CAPTIVA
 • Iconic, Modern, Gulf Front Estate, 4,730 S.F.
 • Rooftop Terrace, Floor to Ceiling Windows
\$7,500,000 **MLS 220029520**
McMurray & Members 239.850.7888

CAPTIVA BEACHFRONT

15138 WILES DR., CAPTIVA
 • 102' of Premier Gulf Frontage
 • Comfort Meets Luxury - 6 BR, 5.5 BA
\$6,495,000 **MLS 220031374**
McMurray & Members 239.850.7888

CAPTIVA ISLAND

UNDER CONTRACT



16970 CAPTIVA DR., CAPTIVA
 • Premier Beach Location on Gold Coast
 • Western Exposure, Direct Sunset View
\$4,250,000 **MLS 217074695**
Trevor Nette 239.281.4435

TOWN & RIVER

1033 BAL ISLE DR., FORT MYERS
 • Stunning Modern 5 BR, 3.5 BA
 • Deep Water Dock, Boat/Jet Ski Lifts
\$2,995,000 **MLS 221043638**
Chad Reedy, McMurray & Members 239.989.8838

THE SANCTUARY

5633 BALTUSROL CT., SANIBEL
 • New 2020 Construction on Golf Course
 • 4 BR, 4.5 BA, Great Room Floor Plan
\$2,100,000 **MLS 220004571**
McMurray & Members 239.850.7888

BEACHVIEW ESTATES

UNDER CONTRACT



852 BIRDIE VIEW PT., SANIBEL
 • Spacious for Family & Entertaining
 • 4 BR, 3 BA + Den, Pool/Spa, Cul-De-Sac
\$1,699,000 **MLS 221043161**
Trevor Nette 239.281.4435

HUSCHKA

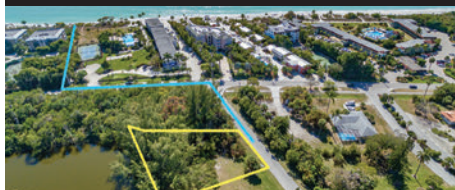
SAWGRASS PL., SANIBEL
 • Incredible Building Site on West Gulf Drive
 • Beach Access Directly Across Street
\$949,000 **MLS 218002687**
John Nicholson, McMurray & Members 239.849.3250

SEASPRAY

1321 SEASPRAY LN., SANIBEL
 • Near Beach, Large Buildable Homesite
 • Small Beach Community
\$899,000 **MLS 221016939**
John Nicholson, McMurray & Members 239.849.3250

SHERILL POINT

13520 SHERILL POINT CT., FORT MYERS
 • Cleared River & Canal Front Lot
 • Long Water Views w/Direct Access
\$889,000 **MLS 220008911**
McMurray & Members 239.850.7888

SANIBEL ISLAND

3304 SAINT KILDA RD., SANIBEL
 • Possible Gulf Views from Piling Home
 • Private Lake View Setting
\$599,000 **MLS 221009944**
John Nicholson, McMurray & Members 239.849.3250

CAPTAIN'S WALK

641 PERIWINKLE WAY #B2, SANIBEL
 • Ideal Sanibel Location
 • 1 Bedroom, 1 Full Bath
\$299,999 **MLS 221033765**
Brian Murty 239.565.1272

HERITAGE POINTE

NEW LISTING



16625 LAKE CIRCLE DR. #529, FT. MYERS
 • 2 Bedrooms, 2 Baths + Den, 1,418 S.F.
 • Massive Lanai w/Lake & Sunset Views
\$250,000 **MLS 221046420**
Chad Reedy, McMurray & Members 239.989.8838

Will Power

Will A Religious Clause Regarding Trust Disputes Hold Up In Court?



by Craig R. Hersch, Florida Bar Board Certified Wills, Trusts & Estates Attorney; CPA

Courts of law normally handle disputes between citizens. Our American court system has evolved over the years to have its own method of procedures, evidence and tribunals. But what happens when a trust mandates that disputes are to be handled not by a secular state court but instead by a religious court? Is that legal? Moreover, what happens when complex tax laws become an issue? Can the IRS declare the imposition of a religious court as something contrary to rights under state law, causing adverse tax consequences?

These issues were recently decided in the Mikel v. Commissioner.

Israel and Erna Mikel made large gifts to an irrevocable trust totaling \$3.62 million. The Mikels took advantage of something known as a “Crummey” withdrawal right, meaning that when a contribution is made to the trust, to the extent that a beneficiary has a limited window to withdraw his or her interest, then all or some part of the contribution to the trust is considered gift tax free.

The Mikels had an unusually large number of family members as beneficiaries – 60, in fact. Under the then current gift tax laws, \$1.4 million could be contributed annually gift tax free to the trust using these Crummey powers. The trust was therefore able to accumulate many millions of dollars gift tax free.

Under the terms of the trust, which were consistent with the federal tax law, each of the 60 beneficiaries had a limited period of time to withdraw their share of any contribution to the trust, subject to a cap based on the federal gift tax exclusion amount (then \$12,000 per donee) at the time of the gift. The trust required the trustee to give notice to each beneficiary when any contribution was received by the trust, and the trustee gave these notices in a timely manner.

Instead of ending there, however, according to the terms of the trust, any dispute that arose between the beneficiaries was to be arbitrated by a “Bet Din” before commencing a lawsuit. A Bet Din is a panel consisting of three men of Orthodox Jewish faith. Under the terms of the trust, the panel was directed to enforce the rights that the parties had under New York law, but the Halachah (Rabbinic Jewish law) was the primary gateway to the beneficiaries’ rights.

These provisions read, in part, “It is the Grantor’s express intent that certain provisions of this Trust instrument be interpreted in accordance with Orthodox Jewish Law, or a “Halachah” including (that) by an Orthodox Jewish Bet Din convened by (Rabbinic Organization)... The Bet Din shall determine and resolve any issue arising as to the interpretation... or the application of Halacha... Grantor expressly directs and authorizes the Trustee to consult with the Bet Din concerning the resolution of such matters...

The IRS took issue with whether the withdrawal rights were valid under the gift tax rules, arguing that the mandatory use of a Jewish court constrained a beneficiary’s ability to compel the trustee to make a distribution. It is important to know that under the federal tax law, the right of a beneficiary to withdraw his or her share of a contribution to the trust under the limited time window must be absolute and not subject to any contingency. The IRS argued that this Bet Din requirement imposed a gatekeeper that could impinge the beneficiaries’ rights of withdrawal.

Not only that, but the Mikel trust also contained an in terrorem clause (no challenge) that would result in a contesting beneficiary forfeiting his or her beneficial interests in the trust. The IRS argued that this provision undermined a beneficiary’s ability to challenge the trustee’s direction as to distributions. If the IRS won their arguments, then none of the contributions to the trust would have been free of gift tax.

As a side note – in terrorem clauses are unenforceable under Florida law. But this was a New York based trust.

The tax court rejected the IRS arguments, holding in favor of the taxpayers, accepting the Bet Din as not inhibiting the beneficiaries’ rights. The court held that the Bet Din was there to interpret state law, and provided a means to resolve disputes outside of the court system. Just because the resolution mechanism was not secular did not invalidate it.

I found this case interesting, and look forward to reading the outcomes of similar cases as they arise.

©2021 Craig R. Hersch. Learn more at www.floridaestateplanning.com.✧

Animal Services Adoption Special

Lee County Domestic Animal Services will celebrate July with red, white and blue. Throughout July, adult dogs and cats are designated “red” and may be adopted for \$10; puppies and small-breed dogs are designated “white” and may be adopted for \$40; while kittens are marked “blue” and may be adopted for \$20. Cats and kittens are also two for the price of one.

The July promotion coincides with kitten season. An average of 520 cats per month enter the shelter during kitten season, compared to a monthly average of 280 during the rest of the year. To further add to the challenge, adoptions typically decline in the summer as the local population dips and residents focus on summer travel.

Although fees are reduced, the adoption package valued at \$600 includes spay/neuter surgery, age-appropriate vaccinations, rabies vaccination and county license for pets over 3 months, 10-day pet health check, microchip ID, feline leukemia and AIDS test for cats, heartworm test for

dogs over 6 months, flea treatment and deworming.

Adoptions typically are available from 10:30 a.m. to 3:30 p.m. Monday through Saturday at the shelter, located at 5600 Banner Drive in Fort Myers. For more information and photos of lost pets or pets for adoption, visit www.leelostpets.com.✧

Reception

From page 1

heritage to work that explores the wider world and interrogates colonialism and income inequality. One piece in the exhibition offers solutions to competitive occupations through an alternative game of chess where players work collaboratively to turn pawns into queens.

The exhibit is currently on view and closes July 31. Gallery hours are Tuesday through Friday from 10 a.m. to 3 p.m. and Saturdays from 9 a.m. to 1 p.m. A high-definition virtual gallery walk-through of the exhibit is available online at www.bigarts.org.

BIG ARTS is located at 900 Dunlop Road on Sanibel. For more information, call the box office at 395-0900.✧

How’s The Market? Ask Ann



Ann Gee
Broker/Owner

June sales were impressive. Average Residential sales price for June 2021 was \$1,359,500 and average sales price for Condos was \$855,940. There were 40 Home Closings and 35 Condo Closings totaling 75 Units. To put this in context, Closings in June of 2019 (prior to the pandemic) totaled 24 sales. An increase of 200%. Historically, Sanibel produces 6-7 Closings per week. We are in a highly volatile market. Here’s my forecast for the second half of 2021: Unit sales will decrease because of a shortage of listings. If you want to buy, market conditions limit your ability to negotiate. If you are selling, our market, particularly in homes, is up 25-30% from a year ago. If you are considering a sale, make sure you talk to me. You can benefit from a substantial commission reduction that will save you \$15,000-\$20,000. Plus you receive 5-Star service.

26 Closed Sales Going Back One Week: 12 Homes, 11 Condos & 3 Lots

1610 Middle Gulf Dr. D6 Spanish Cay - \$549,000	2445 W. Gulf Dr. A-1 Pointe Santo de Sanibel - \$868,500
2299 Starfish Lane Vacant Land - \$554,000	979 E. Gulf Dr.101 Loggerhead Cay - \$964,000
2255 W. Gulf Dr. 102 Cottage Colony West - \$571,500	1469 Sand Castle Rd. - \$959,000
827 E. Gulf Dr. I-8 Sanibel Arms West - \$624,000	450 Lake Murex Circle - \$980,000
1543 Bunting Lane - \$626,000	1605 Middle Gulf Dr. 107 Gulfside Place - \$1,200,000
1737 Serenity Lane - \$635,000	812 Sand Dollar Dr. - \$1,200,000
461 Sawgrass Place Vacant Land - \$675,000	1605 Middle Gulf Dr. #320 Gulfside Place - \$1,349,000
2480 Library Way - \$725,000	1785 Middle Gulf Dr. A102 Sanddollar - \$1,425,000
2265 W. Gulf Dr. 330A Island Beach Club - \$730,000	3385 Twin Lakes Lane - \$1,500,000
1565 Serenity Lane - \$750,000	1460 Middle Gulf Dr. - \$1,725,000
5663 Baltusrol Ct. 3A Heron at The Sanctuary - \$760,000	999 E. Gulf Dr. 103 Plantation Village - \$1,875,000
555 Piedmont Rd. - \$765,000	4701 Rue Belle Mer - \$3,395,000
770 Donax St. - \$850,000	00 W. Gulf Dr. Vacant Land - \$3,895,000

Call or email me with any questions. Stay safe & have a Happy 4th of July!

Certified Negotiation Expert • Certified International Property Specialist
239-850-0979 • RealtorAnn@hotmail.com • www.JohnGeeRealty.com



ENJOY OUR ISLANDS AND PROTECT WILDLIFE AT THE SAME TIME!

Sanibel and Captiva provide crucial habitat for many sea turtles, shorebirds, and sharks. You can help us protect these species by practicing a few easy wildlife-friendly habits.

Check out our beach tips by visiting SanCapLifeSavers.org or simply scan the code.



Reserve Now For National Spirit Of '45 Day

Lee County's National Spirit of '45 Day in Fort Myers will be held on Sunday, August 8 from 4:15 to 7:15 p.m. at Sanibel Harbour Marriott Resort, located at 17260 Harbour Pointe Drive in Fort Myers.

Dinner will be served from 4:15 to 5:45 p.m. The World War II veterans tribute and ceremony will be held from 5:45 to 7:15 p.m. Guest speakers will include several World War II veterans and entertainment will be provided by Guns N' Hoses Pipes N' Drums.

There is no admission charge for World War II veterans and spouses of the World War II generation. For all others, cost is \$30 per person. Reservations must be made by Sunday, August 1 and paid for by Wednesday, August 4 (non-refundable). To make a reservation, contact Eryka Aptaker, Lee County Spirit of '45 chairman, at 917-607-4385.

For more information, visit www.spiritof45.org.



World War II veteran "Pancho," who will be 102 years old in November, with one of the youngest World War II veterans, Fame Academia, who is 91 years old photo provided

Notice From Lee County Mosquito Control District

The Lee County Mosquito Control District (LCMCD) provides mosquito control for Sanibel and all of Lee County. Mosquito season typically runs from May through October and mosquito activity increases with rain, particularly after heavy rains that produce large areas of standing water. Due to the abundance of mangroves, wetlands and salt marshes, Sanibel is a prime breeding ground for mosquitoes.

If you are experiencing a high number of mosquitoes at your residence, make a service request by contacting the LCMCD directly at 694-2174. If the LCMCD receives complaints from a specific area or neighborhood, the district will dispatch personnel to conduct a mosquito count and, if warranted, will fog or spray the area.

For more information mosquito control on Sanibel, visit Lee County Mosquito Control District's website at www.lcmcd.com.

Home Tips To Help Your Electric Bill This Summer

Lee County Electric Cooperative (LCEC) reminds residents that even when the rain cools things down, the heat and humidity in Southwest Florida these days is unforgiving. Don't let the heat skew your electric judgement. Keep the following tips in mind to keep cool without increasing your electric usage:

When cooling your home, set the thermostat at 78 degrees Fahrenheit. Each degree below adds 8 to 12 percent to the cooling costs;

While away from home for more than two hours, set the thermostat at 83 degrees Fahrenheit;

Install a programmable thermostat that will automatically raise and lower the temperature at certain times of the day;

Be sure your thermostat fan switch is set on the "auto" setting. This is more economical for temperature and humidity

control;

Do not close A/C vents or interior doors when A/C is running;

Service your air conditioning system annually;

Change or clean filters monthly;

Keep windows and exterior doors closed when running your air conditioner. Also, use caulk and weather strip around windows and doors;

Replace standard light bulbs with compact fluorescent lamps (CFLs), which use 75 percent less energy, or LED lamps (light emitting diode), which use 85 percent less energy with a life expectancy of 30,000 to 50,000 hours of run time;

Turn off fans when the room is not occupied. Each continuously running fan costs approximately \$7 per month on your electric bill; and

Install reflective window tint/film that will reflect 65 percent or better on windows facing east, west or south. LCEC also recommends installing awnings, storm shutters and planting shade trees.

For more ways to save on your electric bill, visit www.lcec.net.



Window Treatments . Furniture . Flooring . Lighting . Accessories . Closets

DECORATING DEN INTERIORS®

Luxury Design | Concierge Service

"We take care of all of the details, so you don't have to"



695 Tarpon Bay Rd. Sanibel, FL 33957 239.472.6551
coin.decoratingden.com



ISLAND
INSURANCE
SERVICE



Mark O'Brien
Owner/Agent



Susan Barnes
Personal Lines



Trish Barbone
Agent



Justin Wheeler
Agent

Call our office today
for a new Auto
quote.

We are **HERE**
for all your insurance needs

Have an insurance question?

703 Tarpon Bay Rd, Sanibel, FL (239) 472-3022

Frankly Speaking

by Howard Prager



I played sousaphone in the marching band. Can I get Pain Away as my college sponsor? I can even put their name on the bell of my horn for some great visibility at football

and basketball games. Wait, what if the band already has a medical sponsor for aches and pains? And then, what about my fellow piccolo player... how can they get a sponsor when they don't have a large bell to show off a sign? It's all so confusing.

Welcome to the world of college athletes for pay (and I don't think that extends to marching bands). Some athletes have already struck deals for messages and their images, others are trying to figure out what they can do. John Keilman of the *Chicago Tribune* spoke to Dustin Maguire, a former college athlete who is a lawyer whose specialty is college endorsements. When asked if he thought football and basketball players would benefit the most, he replied: "All sports. Already an article is out saying 10 of the top 20 projected highest earners were not football or men's basketball players." When asked if he has any idea how much money athletes can expect, the answer is a clear no, that's yet to be determined. As far as separate deals for shoes and clothing, Maguire shared that restrictions do apply for conflicting contracts and said, "Lots of interpretation is needed." He believes that "in five years and hopefully sooner, athletes will have group licensing opportunities for video games, jerseys, trading cards and other activities."

Clearly this will be a developing story we will follow for quite a while.

Can Lightning strike twice? It looks like it. Montreal won an elimination Game 4 in overtime Monday night, keeping their hopes barely alive in the Stanley Cup. Should they miraculously sweep the rest of the games, that would be the greatest comeback in sport history. Should Tampa Bay close it out, they would deservedly continue to be seen as the sport champion city with back-to-back Stanley Cups, a Super Bowl LV championship in 2020 and an American League pennant and runner-up in the 2020 World Series.

On the court, it's been which superstar is going to be missed less, Yiannis or Tre? Looks like Yiannis, as the Bucks won Game 6 in Atlanta without him and now have a date with the Sun. Yiannis is still doubtful for Game 1. It is Phoenix, who has never won an NBA Finals, versus Milwaukee, which last won in 1971.

The Twins were in Chicago so I thought I'd have a look for myself at the team our Mighty Mussels are aiming to join. The welcome sign is on, they need you. Despite all the injuries on the White Sox, they outplayed the Twins in all three games and are 15 games over .500. Big. The press from Minneapolis are looking at the rest of the season as a great way to see how prospects play. Look for the Twins to make a big move before the trading deadline. Interesting side note: Josh Donaldson had a little something to say about Sox pitcher Lucas Giolito's spin rate without some added substance. And Giolito was unhappy with that, and Sox fans rode Donaldson the whole series. Centerfielder Nick Gordon looks like a keeper. He made a remarkable catch by taking a home run away when he jumped high on the outfield wall. His wrist unfortunately landed on the wall coming down and the ball fell out, over the wall for a three-run homer. Berrios pitched the best of the Twins starters and made it close in Game 3, but they couldn't hang in there and lost 8-5. Yet Monday night at Target Field, the Twins

repaid the favor taking the first game from the White Sox 8-5.

The good news story of the day is from AP News. Gwen Goldman applied to be a bat girl for the New York Yankees 60 years ago when she was 10. Goldman had been rejected by then-Yankees general manager Roy Hamey, who wrote her in a letter on June 23, 1961: "While we agree with you that girls are certainly as capable as boys, and no doubt would be an attractive addition on the playing field, I am sure you can understand that it is a game dominated by men. [A] young lady such as yourself would feel out of place in a dugout." Current Yankees general manager Brian Cashman said he had been forwarded an email written by Goldman's daughter, Abby. In a letter dated June 23, 2021, Cashman wrote, "... it is not too late to reward and recognize the ambition you showed in writing that letter to us as a 10-year-old girl. Some dreams take longer than they should to be realized, but a goal attained should not dim with the passage of time. I have a daughter myself, and it is my sincere hope that every little girl will be given the opportunity to follow her aspirations into the future." Wearing a full Yankees uniform, Goldman threw out a ceremonial first pitch to New York

player Tyler Wade, then stood alongside manager Aaron Boone for the national anthem.

"I don't know where to start, of which was the best, what did I enjoy the most?" Goldman said during a news conference in the fourth inning. "The whole piece, from walking in the front door of the stadium at Gate 2, to coming up to a locker with my name on it that said 'Gwen Goldman' and suiting up, then walking out onto the field. It took my breath away. It was a thrill of a lifetime – times a million. And I actually got to be out in the dugout too. I threw out a ball. I met the players. Yeah, it goes on and on. They had set up a day for me; that is something that I never would have expected."

New York extended the invitation as part of the Yankees' annual HOPE week, which stands for Helping Others Persevere & Excel. Sounds like something we should all be a part of. It's never too late to live your childhood dream.

Howard Prager is the son-in-law of longtime columnist Ed Frank. Prager is a sports enthusiast from the Chicago area who also writes and blogs about leadership. Email comments or questions to press@islandsunnews.com.

Record-Breaking Traffic At Airport

During May, a record-breaking 946,366 passengers traveled through Southwest Florida International Airport in Fort Myers. This was an increase of 562 percent compared to May 2020 and more than 30 percent above May 2019. Year-to-date, passenger traffic is up 34.9 percent compared to last year.

The traffic leader in May was Southwest Airlines with 212,214 total passengers. Rounding out the top five airlines were Delta (193,971), American (124,336), United (122,108) and JetBlue (94,007).

Southwest Florida International Airport had 9,203 aircraft operations, an increase of nearly 175 percent compared to May 2020. Page Field saw 12,097 operations, a 24.7 percent increase compared to May 2020.

Southwest Florida International Airport

served nearly six million passengers in 2020 and is one of the top 50 U.S. airports for passenger traffic. No ad valorem (property) taxes are used for airport operation or construction. For more information, visit www.flylcpa.com or www.facebook.com/flylcpa.

Two Nonstop Flights To Resume

Alaska Airlines will resume its nonstop service between Southwest Florida International Airport (RSW) in Fort Myers and Los Angeles International Airport (LAX) and Seattle-Tacoma International Airport (SEA) on November 19. Alaska has also increased the frequency of both flights and will operate daily to LAX and SEA.

For more information or to book a flight, visit alaskaair.com. For more information about Southwest Florida International Airport, visit www.flylcpa.com.

Helping Build A Bridge To Financial Freedom



Zurbriggen Financial

Investment Management • Asset Protection
Wealth Transfer • Perpetual Income Strategies

Are you taking your retirement income from the correct asset in your portfolio to keep from running out of income before you run out of time?

Call us to find out about time segmented income streams today at 239-395-3520 or send us an email at rick@zurbriggenfinancial.net

www.ZurbriggenFinancial.net



RICK ZURBRIGGEN
Private Wealth Manager

Securities offered through Securities America, Inc., Member FINRA/SIPC. Rick Zurbriggen, Registered Representative. Advisory services offered through Securities America Advisors, Inc., Rick Zurbriggen, Investment Advisor Representative. Zurbriggen Financial and the Securities America companies are not affiliated.

695 Tarpon Bay Rd., Suite 4 • Sanibel, FL • 239-395-3520

SPORTS QUIZ

1. Baseball Hall of Fame pitcher Walter Johnson holds the Major League Baseball all-time record for shutouts with how many?
2. What British golfer won the Open Championship in 1934, '37 and '48? (Hint: The European Tour's Rookie of the Year award is named after him.)
3. In 1989, the New York Knicks hired what 33-year-old to be their head coach?
4. What college football bowl game was first played at Yankee Stadium in 2010?
5. What Pro Football Hall of Fame kicker holds the NFL record for regular-season games played with 382 from 1982-2007?
6. Name the rookie NHL goaltender who started every regular-season game for the Detroit Red Wings in 1964-65?
7. Businesswoman Gail Miller was owner of what NBA franchise from 2009-20?

ANSWERS

1. 110. 2. Sir Henry Cotton. 3. Stu Jackson. 4. The New Era Pinstripe Bowl. 5. Morten Andersen. 6. Roger Crozier. 7. The Utah Jazz.

Lee Health Lifts Restrictions On Visitation Hours

Effective immediately, Lee Health is returning to pre-COVID-19 pandemic visitation hours for non-COVID-19 patients. Visitation hours are 8 a.m. to 8 p.m. As necessary for patient care, the number of visitors in a room at one time may be limited at the discretion of the patient's care team. Visitation is not allowed for COVID-19 patients except for cases of compassionate care.

All visitors must undergo symptom and exposure risk screening at facility entrances and wear a face covering per CDC guidance for universal source control. For this reason, there can be no visitation by children under age 2. Children over age 2 are required to wear masks like all other visitors, including in mom-baby units. In OB areas, visitation by children under age 12 is limited to siblings of the newborn. Other visitation by children can resume to pre-pandemic guidelines.

The movement of visitors throughout the healthcare facility is restricted and should be limited to only the patient

they are visiting or activities related to that patient. Visitation is not allowed during an aerosol-generating procedure.

For outpatient surgery patients, their companion is now allowed to wait inside the facility waiting area once the patient goes into the operating room. While waiting for the patient during surgery, the visitor must remain physically distanced from others and wear a face covering while in the waiting area. The visitor is not allowed to wander throughout the facility while waiting.

For compassionate care visits of COVID-19 patients, gowns, gloves and hospital-supplied masks are required. Training on the donning, doffing and discarding of personal protective equipment is required for those visiting COVID-19 patients. Compassionate visits for COVID-positive patients may include guardians for patients such as minors or those who are developmentally disabled if they normally live with the patient.

People who are at high risk for severe illness from COVID-19 should consider not visiting for their own safety. For a list of conditions that put someone at risk of severe illness, visit www.cdc.gov/coronavirus/2019-ncov/need-extra-precautions/people-with-medical-conditions.html.

Help Those In Need Through LCEC Program

Lee County Electric Cooperative (LCEC) has launched the Power to Share by Rounding Up Program, an expansion of the current Power to Share program that was created in 2009 to assist financially strained customers having difficulty making electric bill payments through a partnership between LCEC and the United Way. This short-term emergency assistance is available to qualifying customers within the LCEC service territory, and the program is funded through donations by LCEC employees, business partners and customers.

Power to Share by Rounding Up expands the current program by providing participating customers with the

opportunity to round up their monthly electric bill to the nearest dollar. This makes it easy to donate. For example, a bill of \$150.25 would be rounded up to \$151. The additional 75 cents will be allocated to the Power to Share Program. Customers can also add an additional monthly contribution or make a one-time donation to their bill. Excluding additional donations, the maximum year contribution per customer is \$12.

All of the donated funds are allocated to the Power to Share Program and administered by United Way to help pay the electric bill of someone in need. Customers can enroll through the LCEC SmartHub, online at www.lcec.net, or over the phone at 656-2300 with an LCEC customer care professional. If a customer decides to opt-out later, they can simply use the same enrollment channels to do so.

For more details on the program, visit www.lcec.net/about-lcec/community-and-education/power-to-share.

Generator Safety Tips From LCEC

If you power your home with a portable generator during electrical outages, it is essential to consider the serious health and safety risks to you, your neighbors and unsuspecting line crews working in the area, if not operated properly. Keep the following in mind to protect yourself and others this storm season.

Before you buy a generator, determine how much electricity you need for your home. Be sure to buy the right size generator.

Read the operating instructions carefully before operating the generator.

Do not connect a generator directly to your home's electrical system. Plug appliances directly into the generator.

Never use a generator indoors or in an attached garage. Keep in an open, well ventilated area outside and away from open windows.

Buy a battery-operated carbon-monoxide alarm, which will alert you if carbon monoxide levels become dangerous.

Do not touch a generator if you are wet or standing in water.

Consult an electrician if you have any questions about the safe operation of your generator.

Visit www.lcec.net for more tips for staying safe around electricity.

Soma Abuse

Soma abuse is common and this drug is being prescribed by many pain management clinics. A person abusing Soma builds up a tolerance and often a dependence to this drug. In a study of 20 Soma users, 13 of them admitted to using more than prescribed.

To learn more about Soma abuse, visit www.narconon-suncoast.org/drug-abuse/soma-effects.html. Call 877-841-5509 for free screenings or referrals.

We Invite You To Come Think Outside The Box!



SANIBEL HOME FURNISHINGS

SHF • CUSTOM INTERIOR DESIGN

1618 Periwinkle Way • Heart of the Island • Sanibel

Mon Thru Fri 10 - 4 Saturday By Appt. 472.5552

www.sanibelhomefurnishings.com

PERSONALIZED ADDRESS PLAQUES

- Weatherproof PVC
- Up to Six Numbers

Order at www.naturebrackets.com (Free Shipping) • 239.454.1001

Health First

Life Lessons From Cancer Survivorship



by Julie Rosenberg, MD

In October of 1993, I was diagnosed with papillary carcinoma of the thyroid. I had no signs or symptoms of this disease – my cancer was found incidentally on an

MRI of my neck that was done following a bicycle accident. The MRI showed not only a herniated cervical disc, but also a nodule on my thyroid gland. The doctors told me that this nodule was probably “nothing” but the biopsy results showed cancer.

I was fortunate to have Stage 1 disease, which was successfully treated with surgery and radioactive iodine. Nevertheless, living as a cancer survivor has not been easy. I have needed to be diligent about my health throughout my adult life, to manage the long-term effects of the disease and its treatment, and to ensure a good quality of survival.

In this article, I share five major lessons from my 28 years as a cancer survivor.

1) Put your health first – The title of this column, *Health First*, is in no way random. It is imperative to embrace a healthy lifestyle and to take an active role in your physical and mental health. Key components of healthy living include making time each day for physical activity, healthful eating, relaxation, reflection, nurturing relationships and sleep. It’s also important to prioritize your recommended health screenings and to create a safe and healthy environment

in which to live.

2) Let go of past struggles – There is no time like the present to let go of the past. I’ve learned the hard way that hanging on to emotional pain from the past can prevent you from healing and moving on. Practicing mindfulness in such situations can be very helpful. Mindfulness teaches you to focus on the present, rather than on the future or the past. By being present, past hurts and transgressions have less control over your life. In addition to practicing mindfulness, practicing forgiveness will give you peace of mind and lead to greater happiness and contentment.

3) Do what makes you happy – It’s always amazed me that so many people choose to be unhappy or stay in unhappy relationships. Happiness comes from within and is a great motivator. When you do what makes you happy, rather than what you think you should do or what others expect you to do, you empower yourself. You become content with who you are, your decisions and your life, no matter your circumstances. It’s a scientific fact that people who choose happiness are healthier than those who choose unhappiness.

4) There is always something to be grateful for – No matter how difficult your life circumstances are, you can always find something to be grateful for, even if it’s small. What are you grateful for? I am grateful for sunshine, the ocean breeze, a hot shower and wildflowers, to name a few. Practicing gratitude by keeping a journal or by simply reflecting on things for which you are grateful each day can positively impact your outlook on life.

5) Celebrate and enjoy life – I used to believe that if I worked hard and earned a good income, I would ultimately find happiness in the things that I could do and the places that I could see. I was wrong. Happiness alluded me. Over many years, I learned to work smarter and not harder, so that I could make time to enjoy and celebrate each day,

rather than wait for happiness. Daily celebrations have been key for me in living a fulfilled life. So, take the time to stop and celebrate life more often. Enjoy the little things in life.

In conclusion, there is always uncertainty in life, and no one is guaranteed tomorrow. When life throws us a curve ball – such as a cancer diagnosis – we feel anxious, stressed and, sometimes, forlorn. However, we can learn to stay positive – positive thoughts quiet fear and irrational thinking. We can choose to appreciate simple acts and moments that touch us. We can practice gratitude. And, we can embrace happiness, regardless of our circumstances.

Julie Rosenberg, MD, is a global healthcare leader, medical consultant and the author of two books, Beyond the Mat and Be True. For more information, visit her website at www.drjulierosenberg.com. For consulting and speaking requests, email inquiries to info@drjulierosenberg.com.

Data Released On Homelessness In Lee County

The Lee County Homeless Coalition is an advocacy group made up of individual stakeholders and agencies who are engaged to ensure that homelessness is rare, brief and one-time. The coalition represents the Continuum of Care, a local planning body that coordinates housing and human services funding for homeless families and individuals. Once per year, the coalition, with the help of many volunteers, conducts a Point in Time (PIT) census to count the homeless and provide data to the U.S. Department of Housing and Urban Development (HUD). The PIT count is also used to gather the information that allows local service providers to target services to meet the specific needs of the homeless in local communities.

The PIT count, which asked people where they slept the night of January 26, 2021, included both sheltered and unsheltered homeless individuals and families. The PIT count documented 394 homeless persons, of whom 57 (14.47 percent) were chronically homeless

according to the HUD definition. HUD defines chronic homelessness as “an unaccompanied adult homeless individual with a disabling condition who has either continuously been homeless for a year or more or has had at least four episodes of homelessness in the past three years.” Among the 394 homeless persons surveyed, 29.44 percent reported having a disabling condition. Also, among the 394 were 30 families with 65 children. There were 39 veterans recorded in the PIT count, 35 of which were active in a Rapid Rehousing program working with a case manager to obtain housing. Data obtained through the Lee County Homeless Management Information System (HMIS) and PIT count found that during the year, there were an estimated 2,789 people experiencing homelessness in Lee County.

Housing and service programs for the homeless are provided in part through Continuum of Care funds from HUD. The 2020 Continuum of Care funding announcements were made in January 2021. Lee County was awarded funding to sustain existing programs and begin new programs that provide housing and services to persons experiencing homelessness. These programs are operated by Lee County Human and Veterans Services, Community Assisted and Supported Living, Lee County Housing Development Corporation, Jewish Family and Children Services, Saint Vincent de Paul, Goodwill Industries of SWFL, and The Salvation Army. The total awarded amount was \$1,997,727.

The Lee County Homeless Coalition thanks all the volunteers who assisted with this year’s PIT count.

From page 1

Cooking

and we are excited to work with Leslie again to offer another cooking experience,” said Susan Alexander, senior services and community engagement director for FISH. “We hope our neighbors will join us for this fun, interactive Zoom event where everyone can learn new recipes and beneficial cooking techniques while satisfying their palates.”

Registration is required by Monday, July 19 by contacting Susan Alexander or Manuela Martinez at 472-4775. Once registered, FISH will provide a link and meeting ID number for access to the Zoom webinar.



Rosier

INSURANCE

Wind • Flood • Home
Condo • Business
Auto • Boat

CONTACT US TODAY

472-1152

www.rosierinsurance.com

Rosier: The name that has been serving
Southwest Florida for over 65 years

1200 Periwinkle Way, Suite 2
Matzaluna Plaza • Sanibel Island



Angela Larson Roehl

alarson@rosierinsurance.com



ISLAND LAW OFFICE OF

JANET M. STRICKLAND

P.A.

Wills, Trusts & Estate Planning
Probates & Estates

Member of The Real Property,
Probate & Trust Law Section of The Florida Bar
Lee County Bar Association.
AV Rated by Martindale-Hubbell
BBB Accredited Business Rated A+

31 Years Experience

(239).472.3322

Behind The Village Shops
2340 Periwinkle Way, Suite J-1, Sanibel FL 33957
www.jmslawyer.com

dearPharmacist

Natural Treatment Options For Anxiety



by Suzy
Cohen, RPh

Dear Readers:

It's summer and people that I know are still battling some type of anxiety, whether it's from travel stress, flying, the idea of the delta

strain, or something stressful going on with your family.

Whatever it is, there are some natural ways to conquer anxiety and boost mood.

First off, do not feel alone, millions of people are anxious over something. I'll tell you one of my issues, it's driving on big highways with other cars, and I assume that when they fly past me, they are texting. In fact, I assume pretty much everyone is distracted except for me and so I usually GPS the slower roads. I have been this way for years, and there's no amount of lavender that helps me. But for other anxieties, there is help and today's article will lend insight into some natural remedies.

Here are some symptoms of anxiety, which you may relate to, depending on the day and the severity of your condition: Sweaty palms, rapid heartbeat, a feeling of impending doom, trembling or shaking, dry mouth, GI symptoms, and inability to think of anything else other than the perceived danger at hand. Some people also experience insomnia. Furthermore, hypertension, gastric ulcers and depression are also associated with prolonged anxiety. Finding the root cause, or the root person that causes your anxiety is key to getting well.

For some simple anxiety-producing situations, you can look into the following nutrients, but if your conditions is serious, you must see a qualified specialist.

Vitamin B1 – Thiamine or B1 helps you produce and release serotonin and

norepinephrine which reduce mental fatigue and improve physical energy. If you like to drink wine, you are sure to be deficient in this nutrient.

Vitamin B2 – Riboflavin or B2 helps your adrenal glands which secrete DHEA and cortisol, and these hormones must remain in proper homeostasis in order for you to cope.

Probiotics – The friendly gut bugs help you activate thyroid hormone, which has been proven in some studies to work even better than traditional antidepressants in some people. We know that a reduction in probiotics can indirectly cause profound anxiety and depression.

Zinc – This mineral has a very calming effect on the body, perhaps it helps with the COMT gene that some people have, and it is relaxing to most people.

Exercise – Few things work better than a run, or a trip to the gym. Physical activity is known to raise dopamine immediately.

Herbs – There are many herbs that can help you if you like herbal teas, or herbal supplements. Among the best are chamomile, lavender, lemon balm, ashwagandha, catnip and valerian.

Conventional medical wisdom has programmed us to believe that sedatives, and addictive medications are the answer to anxiety, but that's not necessary for everyone. If you'd like to read the more comprehensive version of this article, sign up for my free newsletter at www.suzycohen.com

This information is not intended to treat, cure or diagnose your condition. Suzy Cohen is the author of The 24-Hour Pharmacist and is a registered pharmacist. To contact her, visit www.SuzyCohen.com.

New Nonstop Flight Coming

Spirit Airlines will inaugurate nonstop service between Southwest Florida International Airport (RSW) in Fort Myers and Milwaukee Mitchell International Airport (MKE) on November 17. Spirit Airlines will operate the RSW-MKE flight daily. For more information, visit ww.spirit.com.

Got A Problem? Dr. Connie Is In



by Constance
Clancy

Q: I have been going out with a new guy for about three months now. I am falling in love with him, and he seems great. Do you have any suggestions on how I can know he is the

one for me?

A: I believe that if you want to attract a healthy partner, you have to love yourself first. Can you answer that question with a yes?

If so, then what you want to watch for is that this partner is totally in alignment with what he says and does. Pay close attention, as this is most revealing as to whether this can be a potential life partner.

I would watch and listen for kindness, honesty, compassion, authenticity, genuineness, alignment, congruence, sense of humor, empathy and laughter. Be sure to focus on the reality of your situation. Did you set criteria and does this person match your criteria? Be honest with yourself and refuse to settle for less. Take time to really get to know this person. You are getting to know him and you are falling in love. However, it

takes much longer than three months to really get to know someone. Look at the whole person. Does he still meet your standards?

Do not fixate on this person's potential. Notice what is showing up in this person now, in the present.

Is he attentive? Is he present? Does he honor and respect you? Is he a good listener? Is he emotionally available?

This will help you determine if it is worth your time and energy.

Pay close attention to your intuition as your inner guidance system knows. What many of us do is ignore what our intuition is trying to tell us. It really can save you grief down the road.

You deserve the absolute best. Love and honor yourself first and take your time as you are deserving of love, honor and respect.

Open your heart to this and you will have the love and honor you so deserve.

Constance Clancy, EdD, LMHC, LPC, NCC is a licensed mental health therapist, hypnotherapist, author and holistic stress management instructor. If you have a question, email Constance at drconstanceclancy@gmail.com or visit www.drconstanceclancy.com.

To advertise in the
Island Sun
Call 395-1213

CARING MEDICAL FLORIDA & THE HAUSER NECK CENTER

3 UNIQUE SPECIALISTS IN REGENERATIVE
& CHIROPRACTIC MEDICINE TREATING:

- CERVICAL SPINE DISORDERS
- CHRONIC NEUROLOGICAL SYMPTOMS
- JOINT AND SPINE PAIN
- OSTEOARTHRITIS
- POST-SURGICAL JOINT PAIN
- SPORTS INJURIES



9738 Commerce Center Ct., Fort Myers, FL 33908 | (239) 308-4725 | CaringMedical.com

PHYSICAL THERAPY - MASSAGE - PILATES

Island Therapy Center

Sanibel Square, 2242 Periwinkle Way MM#27832

Medicare Providers for Pain Relief,
Strengthening, Fall Prevention, Dizziness,
Arthritis, Osteoporosis and Post-Surgical.



Expert Treatment
One-on-One
Doctorate PTs

239-395-5858 www.islandtherapycenter.com

Doctor and Dietician

Heart Palpitations May Not Be What You Think



by Ross Hauser, MD
and Marion Hauser, MS, RD

Heart palpitations are a sense of a pounding, fluttering, or rapidly beating heart. Most traditional medicine providers explain the cause as related to stress, exercise, medications, or underlying medical conditions. Patients report a feeling of their heart fluttering rapidly or skipping beats, beating very fast, a flip-flop feeling, or even a pounding feeling in the neck, throat, or chest, and they occur at rest or during activity. In some cases, these may be related to more serious problems and may lead to chest pain, shortness of breath, fainting and dizziness.

Some home remedies to consider include the following: quit smoking if you smoke; drink plenty of fluids and maintain

good hydration status; get plenty of high-quality sleep at night; exercise regularly; eat at regular intervals to avoid dramatic swings in blood sugar levels; practice relaxation techniques such as meditation, prayer, yoga, breathing exercises, or other methods that help stress reduction; and avoid excessive caffeine and alcohol.

What can also happen is that heart palpitations come on out of the blue. None of the above factors is an issue, thus people seek care from health care professionals, often cardiologists, which is a good thing. If heart disease is ruled out, then the person is still left baffled. One possible explanation as to why seemingly healthy individuals, having been checked out by a cardiologist, have cardiovascular-type symptoms with no clear explanation is related to issues of instability of the boney structures of the neck.

The vagus nerve is responsible for slowing the heart rate or bringing the heart rate down after an event that caused it to rise such as exercise or doing something strenuous, fear, anxiety, panic, or fright. Sometimes the vagus nerve does not get this message. Why? Because something is blocking or interfering with the message. This may occur due to cervical instability and vagus nerve compression.

The sensory nerves that tell the brain what is going on, moment to moment, regarding heart rate and blood pressure are carried by the vagus nerve and the glossopharyngeal nerve. If the messages that these sensory nerves need to deliver to the brain are blocked or impaired, the symptoms described above can develop. How?

The person's cervical bones are moving

too much, thus these nerves can get compressed and stretched, and some of the nerve impulses are blocked, producing symptoms such as heart palpitations. The symptoms may come and go because the issue is positional, meaning it occurs when the person moves their head in a certain direction causing the blockage/pinching to occur.

You may be wondering how neck structures become loose. Well, hold the phone! We mean, drop the phone. We find that "the facedown lifestyle" of constantly looking at some kind of device is the main culprit. We cannot encourage you enough to put the phone away – for

many reasons – but the health of your neck depends on it. If these issues do not resolve, strengthening the neck with specific exercises and working on proper posture can help correct the problem. If the neck is too far gone, then regenerative medicine treatments to strengthen the looseness may be in order.

*This information is not intended to treat, cure or diagnose your condition. Ross Hauser, MD, and Marion Hauser, MS, RD, established Caring Medical in 1991. Caring Medical Florida and the Hauser Neck Center are located in Fort Myers. They can be reached at info@caringmedical.com.**

Beautifulife:

Retail Therapy

by Kay Casperson



One of my favorite things to do, especially when I am traveling, is to find unique stores and boutiques. I love to see how people design and decorate their stores. I enjoy

seeing how store owners and managers display their items and how much love goes into picking their array of goods to offer. Boutiques tend to give you an opportunity for more unique and possibly one-of-a-kind items. I am lucky that I have two daughters who love to browse these stores with me.

There is something to be said about how going to a store or shop is more fun and fulfilling than always shopping online. There is just something personal about it, and it tends to bring joy to many individuals. Research has shown that there is an actual psychological and therapeutic value when you are shopping. Whether it is window shopping, browsing a store or gallery, or even purchasing a particular item, an emotional boost of happiness can surround us.

Shopping can give you a sense of achievement, especially if you purchase something you have wanted for some time. It can also be a distraction from something negative you have been dealing with in your life. Getting out for a nice day of shopping can take your mind off of many things. Also, what an excellent way for you to bond with an old or new friend, or a loved one.

Of course, as with everything else in life, shopping should not become an obsession. I have tried to teach my girls that you don't always have to buy something everywhere you go. Taking a good look around, enjoying the moment, and making intelligent purchases is an excellent habit to have. Learning when and how to shop is something that you can take with you your whole life. Making wise decisions on what to buy gives you a strong sense of control and an appreciation for your purchases.

There are many ways in which you can make yourself feel better, happier or more fulfilled. Still, I believe that retail therapy is good for us as individuals and fabulous boutique shop owners. They

put their heart and soul into making their stores beautiful, unique and memorable for us to browse and enjoy, and maybe even take home a thing or two.

My affirmation for you this week is: "I will make time now and then to do some retail therapy to live my best and most beautiful life."

*Kay Casperson is a beauty and lifestyle expert, founder and CEO of Beautifulife by Kay Casperson. She owns resort spas on Sanibel and Captiva islands and manufactures beauty and lifestyle products sold across the country. To stay inspired, visit www.kaycasperson.com or follow on social media @kaycasperson.**

Use LCEC App To Monitor Electricity

Managing your Lee County Electric Cooperative (LCEC) account safely and securely online with SmartHub is an electricity win. LCEC's bill pay and customer service tool offers a multitude of ways to make your life easier and even lower your electric bill.

With SmartHub, you are able to view payment history, pay your bill, request a payment extension, receive bill reminders, set usage alerts, monitor energy usage and report an outage.

Visit www.lcec.net or download the free SmartHub app. Make sure to have your account information handy when you register as a new user.*

From page 1

Preserve

penetrate to the ground to allow tortoise forage plants such as grasses to thrive in the uplands. Tortoises that left this parcel to live in neighboring open canopy residential yards will find the land much more suitable for burrowing after the restoration.

SCCF is the largest private landholder on Sanibel, with more than 1,815 acres in preservation on the island and an additional 200-plus acres of environmentally sensitive land on other Southwest Florida islands including North Captiva and Buck Key, as well as mangrove and tidal habitat in Cape Coral and in south Fort Myers.

To donate to the SCCF Land Acquisition and Improvement Fund, contact SCCF Development Director Cheryl Giattini at cgiattini@sccf.org or 822-6121.*

BECOMING A FLORIDA RESIDENT IS EASY!

ESCAPING YOUR FORMER STATE'S TAXING AUTHORITY IS THE HARD PART!

GET YOUR FREE GUIDE TODAY!

LEARN HOW STATES TRAP YOU EVEN IF YOU'VE DECLARED FLORIDA RESIDENCY!!

floridaestateplanning.com/escape



CRAIG R. HERSCH
Florida Bar Board Certified Wills, Trusts
& Estates Attorney, CPA



MICHAEL B. HILL
Florida Bar Board Certified Wills, Trusts
& Estates Attorney



HAYLEY E. DONALDSON
Wills, Trusts & Estates
Attorney, CPA



SHEPPARD LAW FIRM
ATTORNEYS AT LAW
SHEPPARDLAWFIRM.COM

Main Office: Fort Myers | 9100 College Pointe Ct. Fort Myers, FL 33919
Sanibel & Naples by Appointment | 239.322.3831

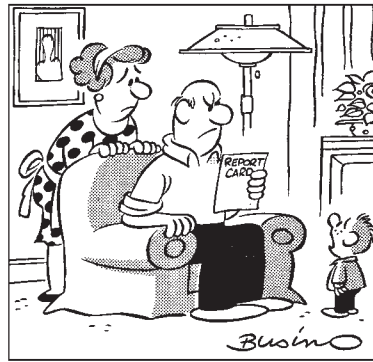


Emergency	911
Sanibel Police.....	472-3111
Lee County Sheriff's Office	477-1200
On Call Captiva Deputy.....	477-1000
Fire Department, Sanibel	472-5525
Fire Department, Captiva	472-9494
Florida Marine Patrol.....	332-6966
Florida Highway Patrol	278-7100
Poison Control.....	1-800-282-3171
Chamber of Commerce.....	472-1080
City Council	472-4135
City Building Department.....	472-4555
City Manager	472-3700
City Planning & Code Enforcement Department	472-4136
City Public Works	472-6397
Library, Sanibel	472-2483
Library, Captiva	239-533-4890
Lee County Mosquito Control	239-694-2174
Post Office, Sanibel	472-1573
Post Office, Sanibel (toll free)	800-275-8777
Post Office, Captiva.....	472-1674
Sanibel Community House.....	472-2155
Center 4 Life, Senior Center.....	472-5743
ARTS	
Arcade Theater.....	332-4488
Art League Of Fort Myers.....	275-3970
BIG ARTS.....	395-0900
Broadway Palm Dinner Theatre	278-4422
Fort Myers Symphonic Mastersingers	288-2535
Gulf Coast Symphony.....	277-1700
Herb Strauss Schoolhouse Theater.....	472-6862
Lee County Alliance for the Arts	939-2787
Naples Philharmonic.....	597-1111
Sanibel Music Festival	336-7999
Sanibel-Captiva Art League	sancapart.org
Southwest Florida Symphony	418-0996
Symphonic Chorale of Southwest Florida	560-5695
CLUBS & ORGANIZATIONS	
ABWA.....	http://abwasanibelcaptiva.org
American Legion Post 123.....	472-9979
Angel Flight SE	1-877-4AN-ANGEL
Audubon of SWFL.....	https://www.audubonswfl.org/
Audubon Society.....	472-3744
Bailey-Matthews National Shell Museum	395-2233
CHR Community Housing & Resources	472-1189
Community Foundation of Sanibel-Captiva	274-5900
COTI Committee of the Islands	coti@coti.org
CROW, Clinic For The Rehabilitation of Wildlife.....	472-3644
Disabled Am Vets #108 (San-Cap Rep Ted Tyson) 211	984-5920
FISH OF SANCAP Neighbors Helping Neighbors	472-4775
FISH OF SANCAP 24-hr service.....	472-0404
Horticultural Society of the Islands.....	472-6940
Horticulture and Tea Society of Sanibel and Captiva	472-8334
JN "Ding" Darling National Wildlife Refuge	472-1100
Kiwanis Club	677-7299
League of Women Voters	sanibelLWV@gmail.com
Lions Club, Jeff MacDonald.....	302-521-1158
Master Gardeners of the Islands	472-6940
Military Officers Assc. of America, Alex MacKenzie	395-9232
Newcomers	472-9332
Notre Dame Club of Southwest Florida	768-0417
Optimist Club.....	472-0836
PAWS, Protection of Animal Welfare Society	239-313-6918
Progressive Club of the Islands	pcisancap@gmail.com
Rotary Club	472-7257 or 472-0141
Sanibel Bike Club	sanibelbicycleclub.org
Sanibel Beautification Inc.....	470-2866
Sanibel-Captiva Orchid Society.....	472-6940
Sanibel-Captiva Power Squadron	www.sancapboating.club
Sanibel-Captiva Republican Caucus	395-0819
Sanibel-Captiva Shell Club.....	267-7291
Sanibel Historical Museum & Village	472-4648
Sanibel Island Fishing Club	472-8994
Sanibel Youth Soccer.....	395-2040
SCCF Sanibel-Captiva Conservation Foundation.....	472-2329
SCCF Sea Turtle Hotline.....	978-728-3663
Shell Islands Garden Club	246-8875
United Way of Lee County - 24 hour helpline 211	433-2000
Zonta Club	728-1971

To be listed in calling card email your information to:
press@islandsunnews.com

PUZZLES

Answers on page 47



"Why shouldn't Herbie Wilson be smarter than me? He has smarter _____."

SCRAMBLERS

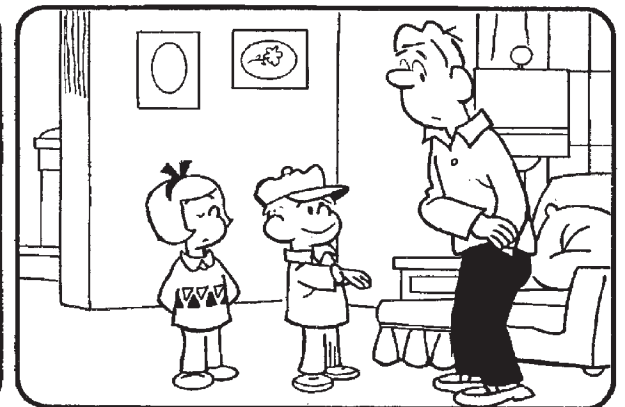
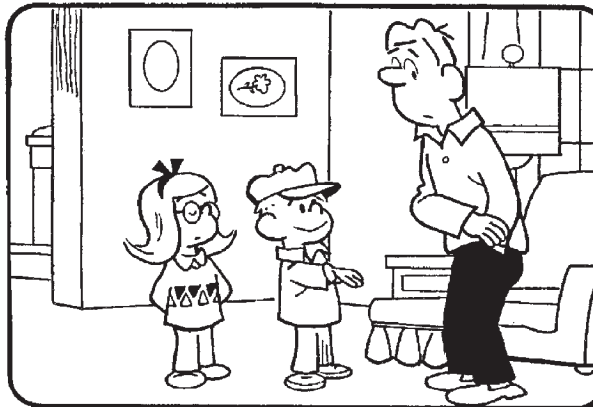
Unscramble the letters within each rectangle to form four ordinary words. Then rearrange the boxed letters to form the mystery word, which will complete the gag!

Puncture	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>
CREEPI					
Soft	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>
LIPTAN					
Call	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>
NECKBO					
Weapon	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>
BEARS					

TODAY'S WORD

HOCUS-FOCUS

BY
HENRY BOLTINOFF



Find at least six differences in details between panels.

Differences: 1. Picture is higher. 2. Sweater is different. 3. Glasses are removed. 4. Hairstyle is changed. 5. Pillow is added. 6. Shoes are different.

8	2		5			9		
5				3			2	
		6			9			4
7			4					2
	6			1			5	7
		5			2	3		
		7			5		6	
4			8	9		1		
	1			2				5

To Play Sudoku:

Complete the grid so that every row, column and every 3x3 box contains the numbers 1 through 9 (the same number cannot appear more than once in a row, column or 3x3 box.) There is no guessing and no math involved, just logic.

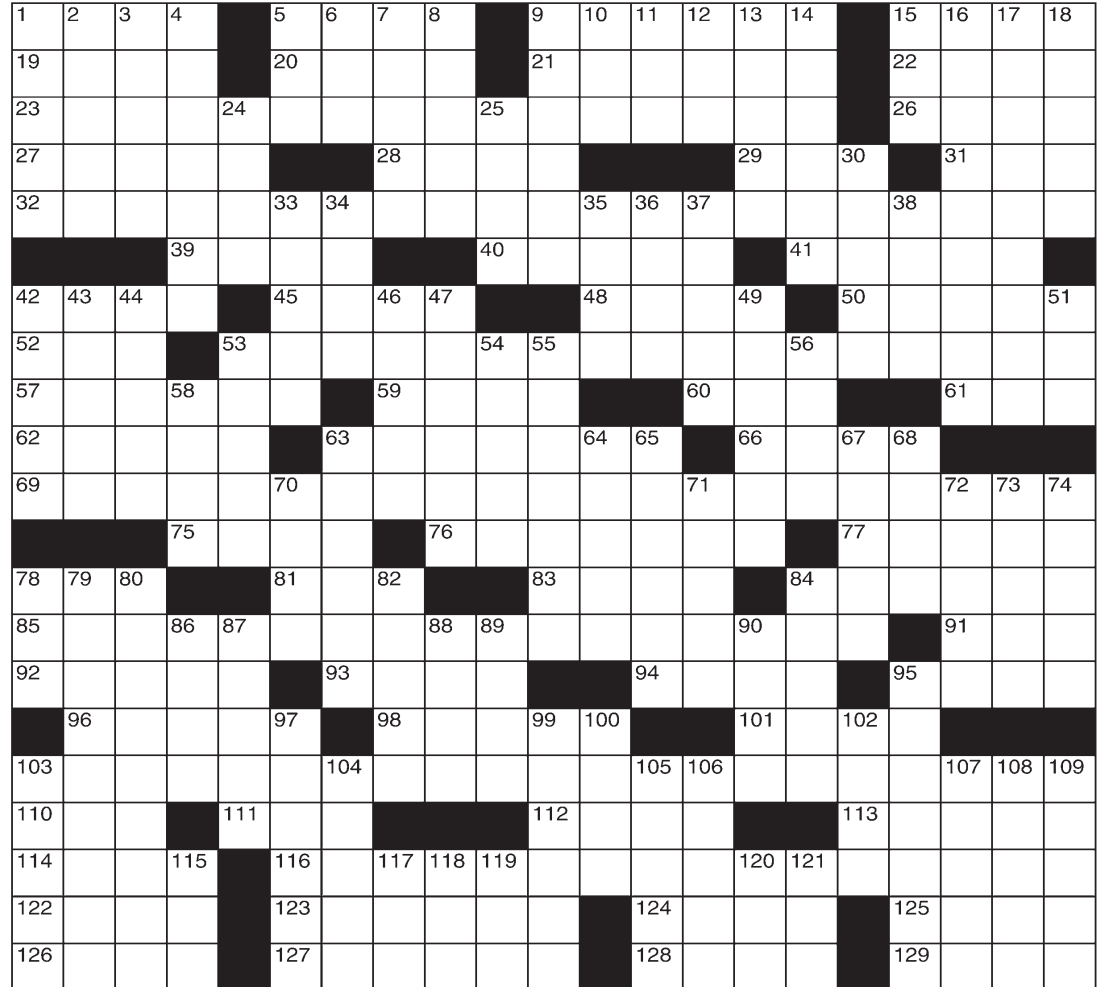
PUZZLES

Answers on page 47

Super Crossword

THREE OF A...

- ACROSS
- 1 Livestream annoyances
- 5 Mark for omission
- 9 Tennis star Seles
- 15 Feudal drudge
- 19 Like — out of hell
- 20 Special periods
- 21 Tesla vehicle
- 22 Court claim
- 23 THREE OF A KIND
- 26 Himalayan hoax subject
- 27 — Lodge (motel chain)
- 28 British title
- 29 Yoko who appeared in "Let It Be"
- 31 Op. — (footnote abbr.)
- 32 THREE OF A FIND
- 39 — awkward position
- 40 Broadcast
- 41 Severe spasm
- 42 Chicken, e.g.
- 45 Destruction
- 48 Opposite of alway
- 50 Merits, as an income
- 52 "Put a sock in it!"
- 53 THREE OF A HIND
- 57 Pro at alterations
- 59 Way out
- 60 British title
- 61 Green tract
- 62 Put lube in
- 63 Deny, as a statement
- 66 Blue-skinned race in "Avatar"
- 69 THREE OF A BIND
- 75 Wry comic Mort
- 76 Bitter complainers
- 77 Troll's cousin
- 78 Famed coach Parseghian
- 81 Edmonton's prov.
- 83 Like boys
- 84 Certain granola snack
- 85 THREE OF A WIND
- 91 Rink star Bobby
- 92 "Silas Marner" novelist
- 93 On the cutting edge of art, informally
- 94 Fluids in blood
- 95 Car part on a wheel, to Brits
- 96 Airport town on Long Island's South Shore
- 98 Bite gently
- 101 Giddy delight
- 103 THREE OF A MIND
- 110 In the past
- 111 Really strain
- 112 — Ball (arcade favorite)
- 113 Slight ridge on a surface
- 114 Tiny particle
- 116 THREE OF A RIND
- 122 Calf's father
- 123 More diletantish
- 124 Cuisine with many curries
- 125 Under sail
- 126 Apple discard
- 127 Jeb the reb
- 128 Desiccated
- 129 Gen — (millennials)
- DOWN
- 1 Like skates
- 2 Crude counters
- 3 Cats, in Spanish
- 4 Letter-printing aid
- 5 "Gloria in Excelsis —" (hymn)
- 6 Act human, so they say
- 7 Crust, mantle or core
- 8 Expository piece
- 9 Dry red wine
- 10 Fall mo.
- 11 In no way
- 12 Super-cold
- 13 Dinner chicken
- 14 "The Human Condition" author Hannah
- 15 CIA figure
- 16 Concerned with voting
- 17 Inclination to keep silent
- 18 Islam, e.g.
- 24 Hired tough
- 25 Structured gps.
- 30 Orangy shade
- 33 Knightly virtue
- 34 Slaughter in an outfield
- 35 Ian Fleming novel
- 36 Forecaster
- 37 Water pitchers
- 38 Part of UAE
- 42 Aperture setting for a shutterbug
- 43 Atheist
- 44 During which Madalyn Murray —
- 46 Geyser stuff
- 47 More alluring
- 49 Signs again, as a contract
- 51 Jamaican pop genre
- 53 Orators' platforms
- 54 Lisa of "Melrose Place"
- 55 "The hour has arrived"
- 56 Asia's shrunken — Sea
- 58 Kinds of bulbs, in brief
- 63 Big name in polls
- 64 "Sounds like —" ("Let's do it!")
- 65 Gives up
- 67 Human herbivore
- 68 "— it rich?"
- 70 Converse
- 71 Minoan land
- 72 N'awlin's sub
- 73 Celebrity astrologer
- 74 — Haute (Indiana city)
- 78 Master pilot
- 79 Eliminating as a possibility
- 80 Plato's pupil
- 82 Rodeo ride
- 84 Dental care brand
- 86 Mouselike critter
- 87 Half-cocked
- 88 Broadcast
- 89 Hale- — (comet)
- 90 Strong desire
- 95 Afternoon service salver
- 97 Public squares
- 99 Contend
- 100 Young 'un
- 102 Irish Gaelic
- 103 Bard's feet
- 104 Really strain
- 105 Boston hoopsters
- 106 Actress Anne
- 107 Angelou's "And Still —"
- 108 S.F. NFLer
- 109 Epic stories
- 115 Hardwood tree
- 117 VW lead-in
- 118 Carrere of "Rising Sun"
- 119 — capita
- 120 Sculling item
- 121 Contend



PROFESSIONAL DIRECTORY

NEW HOMES, REMODELING & ADDITIONS

KIRCHNER CONTRACTING INC.

- New Homes
- Consulting
- Remodeling
- Contracting

MATT KIRCHNER
CG-C059097
Mobile: 239-410-6932

P.O. Box 143
Sanibel Island, FL
Phone: 239-472-2601
Fax: 239-472-6506

REAL ESTATE



Your Island Home Team

239-472-0004

CUSTOM HOME BUILDER

Ph (239) 472-8446 Ron DeCorte
DeCorteFour.com #CBC058483



DeCorte Four
Custom Home Builders, Inc.

We do it all from repairing a door to adding a 2nd Floor
New Construction Too

P. O. Box 922 • Sanibel, FL 33957 • Fax (239) 472-8449

PAINTING

Residential & Commercial Painting



- Power Washing
- Wallpaper Hanging
- Faux Finishing
- Free Estimates
- Interior & Exterior
- Dependable
- Reliable
- Licensed & Insured

COLOR SCHEMES
on request from
Sanibel Home Furnishings

Lic #S3-11944

395-3928 Cell: 841-4302
barefootcharley@aol.com

With your contract
a donation to your
favorite charity will be made.

GENERAL CONTRACTOR

D.BROWN GENERAL CONTRACTORS LLC

CGC1517615



New Construction & REMODELS

239-593-1998 | www.dbrowngc.com

POOL CLEANING, SERVICE & REPAIR

40 YEARS IN BUSINESS

Specialists In
Residential & Commercial Pools
Fast, Reliable Service & Repair

- Next Day Installation of Equipment
- Retail Location off Periwinkle
- Free Estimates
- After Hours Emergency Service

ICMSanibel@yahoo.com
www.ICMpools.com



ISLAND CONDO MAINTENANCE

Call Us Today
472-4505

Veteran Owned & Operated
CPC 1458912

PLUMBER

WALKER PLUMBING

Plumbing repairs
Sewer and drain cleaning
Water heaters • Back flow
Sewer camera, jetting and repair

239-395-2689

Sanibel owned and operated Lic S1-18245

POOL SERVICE & REPAIR

Deep-End Pool Service

25 years experience
License # CPC1457386



239-699-6279

- Pool Heater Specialist
- Sales Service & Installation of All Brands
- FREE Estimates

24/7 emergency repair service.
Free estimates for weekly service and repairs!

CONSTRUCTION



MILLS BROTHERS BUILDING CONTRACTORS QUALITY, RELIABILITY, SATISFACTION

- Custom Home Building | Remodels
- Design Service Available • Sanibel Owned & Operated

Office Phone & Fax
239-472-6711

Joseph Mills Lic. #CBC058789
William Mills Lic. #CBC058788

COSMETICS

MARY KAY THE BEAUTY OF YOU!

Mary Kay® products offer you so many ways to enhance your beauty and well-being. Innovative skin care! On-trend color! Pampering bath and body products and so much more!



Let's Find your favorites.
Contact me to defy aging.

Maggie Butcher

Ind. Sr. Sales Director
marykay.com/mbutcher
904 Lindgren Blvd., Sanibel, FL 33957
239-395-0978 / 317-509-6014

GLASS

Insured



Licensed
S2-11975

Stevens & Sons Glass

Replacement Impact Windows & Sliding Doors,
Mirrors, Tub & Shower Enclosures, Store Fronts,
Porch Enclosures, French Doors, Plate Glass

Specialists in impact condo complex replacement

2416 Palm Ridge Road
Sanibel Island, FL 33957


Phone: (239) 472-0032
Stevensglass@comcast.net

CONSTRUCTION




- New Construction
- Remodeling & Additions
- Kitchens & Bathrooms
- Windows & Doors
- Exterior Stairs & Decks
- Crown Moldings & Trim


Celebrating 11 Years on Sanibel
Sanibel Family Owned & Operated
Patrick & JoAnne Ulrich
239-896-7116
ulrichbuilding@gmail.com
#CRC1331575




FRIDAY
Partly Cloudy
High: 87 Low: 78




SATURDAY
Mostly Cloudy
High: 90 Low: 83




SUNDAY
Cloudy
High: 89 Low: 81




MONDAY
Partly Cloudy
High: 90 Low: 82



TUESDAY
Partly Cloudy
High: 89 Low: 81



WEDNESDAY
Partly Cloudy
High: 92 Low: 85



THURSDAY
Partly Cloudy
High: 91 Low: 83

Redfish Pass Tides					Point Ybel Tides					Punta Rassa Tides					Cape Coral Bridge Tides				
Day	High	Low	High	Low	Day	High	Low	High	Low	Day	High	Low	High	Low	Day	High	Low	High	Low
Fri	12:31 pm	8:30 pm	None	None	Fri	11:36 am	8:32 pm	None	None	Fri	2:04 am	4:05 am	12:48 pm	8:42 pm	Fri	2:41 pm	11:46 pm	None	None
Sat	1:11 pm	9:06 pm	None	None	Sat	12:16 pm	9:08 pm	None	None	Sat	3:06 am	7:25 am	1:24 pm	9:27 pm	Sat	3:21 pm	None	None	None
Sun	4:55 am	6:38 am	1:53 pm	9:41 pm	Sun	4:00 am	6:40 am	12:58 pm	9:43 pm	Sun	4:09 am	8:32 am	2:04 pm	10:07 pm	Sun	7:05 am	12:22 am	4:03 pm	9:54 am
Mon	5:10 am	7:34 am	2:37 pm	10:17 pm	Mon	4:15 am	7:36 am	1:42 pm	10:19 pm	Mon	4:50 am	9:27 am	3:01 pm	10:43 pm	Mon	7:20 am	12:57 am	4:47 pm	10:50 am
Tue	5:29 am	8:37 am	3:25 pm	10:53 pm	Tue	4:34 am	8:39 am	2:30 pm	10:55 pm	Tue	5:23 am	10:13 am	4:09 pm	11:16 pm	Tue	7:39 am	1:33 am	5:35 pm	11:53 am
Wed	5:52 am	9:46 am	4:18 pm	11:30 pm	Wed	4:57 am	9:48 am	3:23 pm	11:32 pm	Wed	5:53 am	10:57 am	5:05 pm	11:49 pm	Wed	8:02 am	2:09 am	6:28 pm	1:02 pm
Thu	6:20 am	11:03 am	5:21 pm	None	Thu	5:25 am	11:05 am	4:26 pm	None	Thu	6:20 am	11:43 am	5:58 pm	None	Thu	8:30 am	2:46 am	7:31 pm	2:19 pm

PETS OF THE WEEK



Darlene ID# A872981
photos provided



Monica ID# A872499

Lee County Domestic Animal Services

Darlene And Monica

Hello, my name is Darlene. I'm a white 10-year-old female labrador retriever mix. My face may be white, but my heart is pure gold. I have lots of love left to give to the right family. I am just waiting for them to come to Animal Services and adopt me. I will truly

show you there is no shame in growing old, and senior pets are the best! My adoption fee is \$10.
Hi, my name is Monica. I'm a brown tabby 1-year-old female domestic shorthair. I'm the perfect age if you are undecided about whether you would like a kitten or an adult cat. I'm fully grown, but I still have the playfulness of a kitten. I love to roll on my back to play with my cat toys. My favorite is anything that bounces. And, if cuddling is your thing, I'm definitely up for the task. My adoption fee is \$20, and you can adopt a feline friend for me at no additional charge.
Lee County Domestic Animal Services is located at 5600 Banner Drive in Fort Myers. Adoptions are available by appointment Monday through Saturday from 10:30 a.m. to 3:30 p.m. Visit www.leelostpets.com to complete an online application. As always, cats and kittens are adopt one and get a feline friend at no additional charge. For more information, call 533-7387.✱

My Stars ★★★★★ FOR WEEK OF JULY 5, 2021

Aries (March 21 to April 19) You clever Ewes and Rams love nothing more than to rise to a challenge. So, by all means, if you feel sure about your facts, step right up and defend your side of the issue.
Taurus (April 20 to May 20) You've done some great work recently. Now it's time to reward yourself with something wonderful, perhaps a day at a spa or a night out with someone very special.
Gemini (May 21 to June 20) You love to talk, but don't forget to make time to do a little more listening; otherwise, you could miss out on an important message someone might be trying to send to you.
Cancer (June 21 to July 22) Your aspect indicates some uncertainty about one of your goals. Use this period of shifting attitudes to reassess what you really want and what you're ready to do to get it.
Leo (July 23 to August 22) Your social life is picking up, and you'll soon be mingling with old friends and making new ones. But 'twixt the fun times,

stay on top of changing workplace conditions.
Virgo (August 23 September 22) A trusted friend offers understanding as you vent some long-pent-up feelings. Now, move on from there and start making the changes you've put off all this time.
Libra (September 23 to October 22) You might well feel uneasy as you face a difficult situation involving someone close to you. But you know you're doing the right thing, so stick with your decision.
Scorpio (October 23 to November 21) You're a good friend to others. Now's the time to allow them to be good friends to you. Rely on their trusted advice to help you get through an uncertain period.
Sagittarius (November 22 to December 21) Family and friends are always important, but especially so at this time. Despite your hectic workplace schedule, make a real effort to include them in your life.
Capricorn (December 22 to January 19) That project you've been working on is almost ready for presentation. But you still need some information from a
continued on page 46

PROFESSIONAL DIRECTORY

LANDSCAPE



Bonny's Blooming Gardens
239 822-1939
For all your landscaping needs
Landscape Design and Installation
Beautiful Palms and Tropicals
Landscape and Lawn Maintenance
Tree Trimming Services
Mulch Application
Property Clean up & more!

INTERIOR DESIGN



Bridget Vandenburg
INTERIORS, INC.
Allied A.S.I.D.
O 239.312.8800 | C 239.222.0148
Please visit us in our Blue Bungalow Showroom and Design Studio!
M-F 10AM-5PM or by Appointment
DESIGN@BRIDGETINTERIORS.COM
WWW.BRIDGETINTERIORS.COM
1633 PERIWINKLE WAY SUITE C & D
SANIBEL FL 33957
Located at the Anchor Point Plaza

Decorating on the Island since 2005

WINDOW CLEANING



JC Window Cleaning
239-203-5913
407-902-7845
Juan Penaloza
Residential-Commercial-New Construction
Pressure Washing, Window Cleaning and Gutter Cleaning
LICENSED and INSURED
jccpcleaning@aol.com / jccpwindowcleaning.com

LOCKSMITH



Island Locksmith
Serving Sanibel & Captiva Islands Since 1976
"Veteran Owned & Operated"
www.sanibelislandlocksmith.com

2340 Periwinkle Way, J-3
Behind Village Shops
239-472-2394
IslandLocksmith@yahoo.com

PRESSURE WASHING



PROFESSIONAL PRESSURE WASHING
Ask About Our
\$99.00
Specials!!
Owner **MATTHEW RYAN**
239 645-9834
FREE ESTIMATES
Quality Service Guaranteed • Licensed & Insured

AUTOMOBILE



RANDY'S CAR REPAIR, LLC
"FIXED RIGHT THE FIRST TIME"
WWW.RANDYSCARREPAIRLLC@YAHOO.COM
16191 SAN CARLOS BLVD SUITE 1
FORT MYERS, FL 33908
(239) 267-2556



ASE CERTIFIED
MASTER AUTO TECHNICIANS
FLORIDA MV 94239

Woman Owned Business – We Hire Veterans

PROFESSIONAL DIRECTORY

TELEVISION

WOOSTER TV

SALES • SERVICE • RENTALS
HDTV • VIDEO • DVD • COMPUTERS

Serving the Islands for Over 40 Years!

P.O. Box 1695 239.472.1133
Sanibel, FL 33957 Mike (cell) 239-565-2875
woostertv@comcast.net

PAINTING

PAINTING SERVICES by Martinis Painting Inc.

- Exteriors • Interiors
 - Deck Staining & Sealing
 - Driveway & Pool Decks, etc.
- 40 Years Local & Family Owned
www.martinipaints.us

239-313-0980 **\$400 OFF**
w/Ad Ends Soon

BUILDING AND DESIGN



New Construction Remodeling Decking Trim Windows/Doors Kitchens/Baths

Raye Scott (239) 410-3547
scottbuilt@hotmail.com

CONTRACTOR

CONCRETE WORK

- New or Widen Driveways
- New Slabs or Sidewalks
- Repair cracks & Stucco Work
- Steps, Footers, Knee Walls, etc.
- Decorative Coatings, Stamped Concrete
- Concrete Painting, Pool Decks
- Landscape Curbing

Family Owned & 40 Years Local
Lic cbc1261010 & Insured
www.martinipaints.us

239-313-0980

Martinis Concrete Inc.

\$400 OFF
w/Ad
Ends Soon

DESIGN, REMODELING AND CUSTOM HOMES



"We don't just remodel,
we create artwork"

CHRIS.ARTISTICINTERIORS@GMAIL.COM 239-989-6122
WWW.ARTISTIC-INTERIORS.COM Lic#RG291 103860, SI 16371

TREE TRIMMING, ARBORIST

Arbor Specialist Since 1995

"Tell A
Friend"

TREE WEST

- Tree Trimming • Tree Removal
- Stump Grinding

239-910-3256

info@treewestflorida.com
www.treewestflorida.com
P.O. Box 564, Sanibel, FL 33957
Licensed, insured, workers compensation

HOME SERVICES

YARD SERVICE • TREE SERVICE • POOL SERVICE
HOME WATCH • CLEANING SERVICE



JUERGEN SCHREYER
OWNER

ISLAND HOME SERVICE

P.O. Box 1050 • SANIBEL • FLORIDA 33957

WWW.ISLANDHOMESERVICE.COM

INFO@ISLANDHOMESERVICE.COM

PHONE: (239) 472-5247 • CELL: (239) 229-6366

CLEANING

THE BEST AND PROFESSIONAL
CLEANING SERVICES

ASK ABOUT MORE SERVICES

- ✓ Domestic cleaning
- ✓ Office cleaning

Ana Martínez (239) 443 6959

THE BEST AND PROFESSIONAL
OUTDOOR CLEANING

ASK ABOUT MORE SERVICES

- ✓ Driveways
- ✓ Roofs
- ✓ Pool area
- ✓ Windows
- ✓ Building
- ✓ Decks
- ✓ Fences

Victor Lara (239) 634 0729

CONSTRUCTION/REMODELING

COOPER

CONSTRUCTION

Custom Homes & Remodeling Specialists
We can design, build and manage any endeavor
you can dream up.

239.454.5699

cooperconstruction@embarqmail.com

Kerry Cooper • An Island Business Since 1982 • License # CBC1255742

ROCK, MULCH, PLANTS



239-337-7256
gulfcoastlandscapenursery.com

POOL & SPA SERVICE

Left Coast Pool & Spa Service

Weekly Service
Licensed & Insured
Residential & Commercial

239.889.5850

GENERAL CONTRACTOR

Sanibel Plumbing

Your Favorite Home Service Company!
Price Match Guarantee*

Roofing
Plumbing
Remodels
Electrical
Solar Panels
Air Conditioning
General Contractor
239-472-1101
www.sancaphomeservices.com
2244 Periwinkle Way, Suite 13, Sanibel
2271 Bruner Lane, Unit 6, Fort Myers

Sanibel Plumbing Company - CFC1429575
SanCap Home Services - EC13009454
Milestone Builders, LLC -
CGC1519724 - CCC1331922 - CAC1820364

"Quality" is more than just a word, it is the foundation of our reputation!

At SanCap Home Services, we are continuing 72 years of service excellence!! We are a comprehensive home services company that will take care of all your PLUMBING, ELECTRICAL, HVAC, ROOFING, and REMODEL needs. Whatever issue arises, you don't have to deal with it alone, we are always here to help! From maintenance and repairs to new installation, we are dedicated to serving your needs and are sure to exceed your expectations!

Financing Available

\$500 OFF ANY BATHROOM KITCHEN OR WHOLE HOME REMODEL	\$500 OFF WHOLE HOME REPIPE	\$200 OFF WHOLE HOME ELECTRICAL PANEL	\$100 OFF DUCT CLEANING	\$30 OFF ANY SERVICE CALL	10% OFF ROOFING INSTALLATION
--	--	--	--------------------------------------	---	---

* Not Valid With Any Other Coupon Or Offer
* Price Match Guarantee Applicable With Proof Of 2 Other Estimates From A Licensed Contractor

From page 44

My Stars

colleague before you can consider it done.

Aquarius (January 20 to February 18) Don't let those negative attitudes that have sprung up around you drain your energies. Shrug them off, and move ahead with the confidence that you can get the job done.

Pisces (February 19 to March 20) Aspects favor some dedicated fun time for the hardworking Piscean. A nice, refreshing plunge into the social swim can recharge your physical and emotional batteries.

Born This Week: You love to travel and be with people. You probably would be happy as a social director on a cruise ship.

MOMENTS IN TIME

- On July 16, 1863, the draft riots enter their fourth day in New York City in response to the Enrollment Act. Although avoiding military service became much more difficult, wealthier citizens could still pay a \$300 fee to stay home.
- On July 14, 1881, Sheriff Pat Garrett kills Henry McCarty, known as Billy the Kid. Garrett had been tracking the Kid for three months after the gunslinger escaped from prison only days before his scheduled execution. At the trial, the judge had sentenced Billy the Kid to hang until "you are dead, dead, dead." Billy reportedly responded, "And you can go to hell, hell, hell."
- On July 15, 1903, the newly formed Ford Motor Company takes its first order, an \$850 two-cylinder Model A automobile with a backseat. The car,

produced at Ford's plant in Detroit, was delivered a week later.

- On July 13, 1930, France defeats Mexico 4-1 and the U.S. blanks Belgium 3-0 in the first-ever World Cup football matches, played in Montevideo, Uruguay. The World Cup has since become the world's most-watched sporting event.
- On July 18, 1940, Franklin Roosevelt, who first took office in 1933 as America's 32nd president, is nominated for an unprecedented third term. He would eventually be elected to a record four terms.
- On July 17, 1955, Disneyland opens on former orange groves in Anaheim, California. Due to counterfeit invitations, thousands showed up and the opening did not go well. Food and drink ran out, and the steamboat nearly capsized from too many passengers.
- On July 12, 1979, disco music died at Chicago's Comiskey Park when a "Disco Demolition" night is held. Organizers grossly underestimated the number of fans who would want to blow up their disco records: a sellout crowd inside the stadium and 40,000 outside who stormed the field and lit bonfires on the diamond.

NOW HERE'S A TIP

- Groceries and food shopping can eat up a tremendous portion of your budget if you aren't careful. The best and most serious money-saving tip for home economists is to ALWAYS use a list. It really does make a difference to have a plan. Here are some more tips to save money while feeding your family. – JoAnn
- Most stores list the unit price on the shelf tag. Use it to compare the cost of different sizes and brands of the same

item. Just because a package is bigger doesn't necessarily mean it has the best price per unit.

- "A secret of busy moms: Cook once, eat twice (or three times, if you plan well)! When you prepare favorite recipes that will freeze well, or even just elements of those recipes, make a double or triple batch. Then a few nights of the month, you can just pop something in the oven easily. I cook taco meat once for the month, and we have tacos every week. I just freeze three portions of the meat, and the rest is easy to assemble." – KS in Florida
- "If you know you're going to make a purchase soon from a specific store, search online for discounted gift cards to that store. Many people get gift cards for places they don't shop, and they sell them at a discount for cash. That's a percentage off your purchase just for preplanning." – ES in Virginia
- Remember that, typically, the higher shelves and the lower shelves at the grocery store house the better deals.

STRANGE BUT TRUE

- In Tikrit, Iraq, there's a 6-foot-tall monument of a shoe that journalist Muntadhar al-Zeidi threw at then-President George W. Bush.
- Speaking of shoes, a collector of same is called a Sneakerhead.
- Researchers were able to mimic the voice of a 3,000-year-old Egyptian mummy by re-creating much of its vocal tract using medical scanners, 3D printing and an electronic larynx. The mummy had little to say, however, even after all that time, as they produced just a single sound somewhere between the vowels in "bed" and "bad."
- Magnolia plants are so ancient that they're pollinated by beetles, as they

existed prior to the appearance of bees.

- A study by psychologists found that when 4- to 6-year-olds pretended to be Batman while doing a boring but important task, it helped them resist distraction and stay more focused. (We're trying this the next time we wash the dishes.)
- Tootsie Rolls were added to soldiers' rations in World War II due to their ability to withstand all weather conditions.
- In medieval games of chess, pawns that had been promoted to a queen were given the title of "adviser," so as to not imply that the king had more than one queen or was guilty of adultery!
- Those tears you see in the Tin Man's eyes in *The Wizard of Oz* were made of chocolate syrup, as machine oil didn't photograph well.
- Ancient Egyptians loved their cats so much that household members would shave their eyebrows as a sign of mourning when the cat died. Mourning ended when their brows had grown back.

THOUGHT FOR THE DAY

"I never thought in terms of being a leader. I thought very simply in terms of helping people." – John Hume

TRIVIA TEST

- Television:** What is Agent Mulder's nickname on *The X-Files* drama?
- Measurements:** How many gallons are in one barrel of oil?
- Games:** How much money do you get when you start a board game of "Life"?
- Science:** When was the sound barrier broken for the first time?
- Movies:** What was the name of the whale that swallowed the title

CLASSIFIED

VACATION RENTAL

Island Vacations
Of Sanibel & Captiva
Million \$ Views Await You!
• Cottages • Condos • Homes •
Miles of Beaches & Bike Paths
239-472-7277
1-888-451-7277
1/4 * TFN



Cottages To Castles
Unique Vacation Rentals
2427 Periwinkle Way
Sanibel, FL 33957
Local: (239) 472-6385
Toll Free: (800) 472-5385
Fax: (239) 472-5858
www.cottages-to-castles.com
1/26 * TFN

ANNUAL RENTAL

ANNUAL RENTAL
SANIBEL ANNUAL RENTALS
AVAILABLE NOW!
This updated 2 BR/2½ BA home
with family room and garage,
is offered unfurnished, and is
canal front with dock and direct access.
Close to Causeway.
\$3,000/mo.
Plus utilities.

472-6747
Serving The Islands Rental Needs Since 1975
Gulf Beach Properties, Inc.
7/9 * TFN

RENTING FOR OVER \$1,500?

Inbox me your monthly rent amount and
I'll send you 3 houses you could
OWN for the same monthly payment.
chip@chipwolfe.com
chipwolfe.com
239-848-0906
REMAX OF THE ISLANDS
6/5 * TFN

SERVICES OFFERED

ROGER NODRUFF ELECTRIC
Dock Lighting, affordable LED conversion.
FPE panel replacement, Landscape
Lighting. Generator Sizing, etc, etc, etc.
Call or text Roger 239-707-7203
State License #13002788
4/20 * TFN

HELPER
Are you elderly, disabled or just
don't have free time?
I can help!
Just give me a call...
973-919-2116
12/11 * TFN

PUBLIC SERVICE

AL-ATEEN HELP LINE
Are you concerned with a
friend or family member's drinking?
Call the 24-hour help line of
South Florida Al-Anon
at 941-564-5098 or visit
www.southfloridaal-anon.org.
4/24 * TFN


HELP WANTED

DRIVERS
Island Taxi is looking for FT/PT drivers.
Call 239-472-4888 or email
ride@islandtaxi.com.
5/28 * 7/16

RECEPTIONIST
Receptionist needed for Sanibel real estate
office. Saturdays 9 to 5 and some holidays.
Fun atmosphere. \$15 hour.
Send resume to dbarr@virealty.com or
call Diane Barr at 472-5187.
7/2 * 7/9

**FULL/PART-TIME
SALES ASSOCIATE**
Sanibel Sole is seeking an additional sales
associate to join our great team! We have
expanded in the Tahitian Gardens plaza
and offer a wide variety of clothing and
footwear. We offer competitive wages,
benefits, and perks. No evenings required.
Please email a resume to
sanibelsale@gmail.com.
7/9 * 7/9

Shore Fishing:



Don't Harm The Fish
by Capt. Matt Mitchell

Landing a big fish from the beach can be hard on the fish. Dragging a fish up onto the sand if you're going to release it is not an option as it usually damages or kills the fish. Hold the fish in the water while you unhook it if you're going to release it. The less you can touch a fish before release the better for the fish.

If you want a picture with the fish, support it as you lift it out of the water – and do it quickly. Before releasing, revive the fish while holding it in the water; moving it slowly back and forth so water goes over its gills. The fish will let you know when it's ready to swim off.

Florida residents as well as out of state visitors need a fishing license to fish from shore.

1. Spooky 2. 42 3. \$10,000 4. 1947
5. Monstro 6. The process by which
sediment is turned into sedimentary rock
7. Colorado River 8. Eight (Illinois,
Missouri, Kansas, Oklahoma, Texas,
New Mexico, Arizona and California) 9.
Cucumbers (96% water) 10. Sore throat

1. Pierce 2. Pliant;
3. Beckon; 4. Saber

Today's Word
PARENTS

A cartoon illustration of a man and a woman relaxing on a grill on a beach. The man is wearing purple shorts and sunglasses, and the woman is wearing a pink bikini and sunglasses. They are lying on their backs on a large, round grill with blue metal bars. The grill is filled with red and orange flames. The background shows a sandy beach with palm trees, a blue ocean, and a bright yellow sun. The text 'FLORIDA 15 MINUTES - THEN FLIP.' is written in bold, black letters at the top of the image. The artist's signature '© HORTOON' is in the bottom right corner.

PUZZLE ANSWERS

L	A	G	S		D	E	L	E	M	O	N	I	C	A	R		S	E	R	F
A	B	A	T		E	R	A		E	C	O	C					P	L	E	A
C	A	T	E	G	O	R	Y	S	O	R	T	T	Y	P	E		Y	L	E	I
E	C	O	N	O		E	A	R	L		D	S	E	N	O	C	A	C	I	T
D	I	S	C	O	V	E	R	Y	G	O		D	S	E	N	D	C	A	T	C
			I	N	A	N			S	T		R	E	W		T	H	R	O	
F	O	W	L		L	O	S	S		N	E	E	R		T	E	A	R	N	
S	H	H		P	O	S	T	E	R	I	O	R	R	E		A	R	B	A	
T	A	I	L	O	R		E	X	I	T			S	I	R			L	E	
O	I	L	E	D		G	A	I	N	S		A	Y		N	A	V	I		
P	R	E	D	I	C	A	M	E	N	T	P	I	C	K	L	S		P	O	
			S	A	H	L		R	A	I	L	E	R	S		L	G	N	O	
A	R	A				A	L	B			M	A	L	E		O	A	T	B	
C	U	R	V		A	T	U	R	E	B	E	N	D	T		U	R	N		
E	L	I	O	T		P	O	M	O		S	E	R		A		T	Y	R	
		I	S	L	I	P			N	I	P	A	T			G	L	E	E	
I	N	T	E	L	L	E	C	T	P	S	Y	C	H	E	B		R	A	I	
A	G	O		T	A	X				S	K	E	L				S	T	R	
M	O	T	E		Z	E	S	T	P	E	E		L	C	O	V	E	S	T	
B	U	L	L		A	R	T	I	E	R		T	H	A	I			A	S	
S	T	E	M		S	T	U	A	R	T		S	E	R	E		Y	E	R	

	O	P	T			W	T	S											
	S	M	E	W		C	O	O	K	S									
C	H	E	R	I		U	N	P	I	N	S								
F	I	G	U	R	E	S	K	A	T	I	N	G							
O	N	A		L	A	P	A	Z			P	O	E						
			P	E	T	S					N	E	R	O					
	C	B	E	R	S			A	N	O	D	E							
I	R	A	N				I	N	I	T									
C	A	R			H	O	N	D	A			G	M	S					
H	I	D	D	E	N	F	I	G	U	R	E	S							
	G	O	A	L	I	E				A	P	A	R	T					
		T	I	M	O	R				R	O	M	E						
			S	S	N					A	N	S							

A crossword puzzle grid with 10 numbered squares. The grid is filled with letters, and the words are: Across 1: ELDERBERRY; Across 2: DOK; Across 3: TNO; Across 4: W; Across 5: ROTARRANR; Across 6: CR; Down 1: W; Down 2: CT; Down 3: RORROHY; Down 4: T; Down 5: R; Down 6: R; Down 7: R; Down 8: R; Down 9: R; Down 10: D; Down 11: H; Down 12: R; Down 13: I.

8	2	3	5	7	4	9	1	6
5	9	4	6	3	1	7	2	8
1	7	6	2	8	9	5	3	4
7	3	1	4	5	8	6	9	2
2	6	8	9	1	3	4	5	7
9	4	5	7	6	2	3	8	1
3	8	7	1	4	5	2	6	9
4	5	2	8	9	6	1	7	3
6	1	9	3	2	7	8	4	5

Subdivision	City	Year Built	Square Footage	Listing Price	Selling Price	Days On Market
Barefoot Beach	Bonita Springs	2009	8,840	\$5,699,000	\$5,350,000	173
Chateaux Sur Mer Unrec	Sanibel	1983	2,983	\$3,395,000	\$3,395,000	587
Anacapri	Miromar Lakes	2007	5,158	\$2,675,000	\$2,500,000	0
Yacht Club	Cape Coral	2021	2,806	\$2,100,000	\$2,100,000	0
Island Shores	Fort Myers Beach	2020	3,995	\$1,995,000	\$1,995,000	54
Island Shores	Fort Myers Beach	2020	3,995	\$1,995,000	\$1,950,000	54
Cape Coral	Cape Coral	1990	5,058	\$1,890,000	\$1,860,000	46
Town And River	Fort Myers	2020	3,641	\$1,850,000	\$1,850,000	432
Cape Coral	Cape Coral	2002	4,124	\$1,787,000	\$1,825,000	44
Metes And Bounds	Sanibel	2005	3,660	\$1,799,000	\$1,725,000	32



**"FOR THE SUN-KISSED &
SUN-DESIROUS ALIKE,
A VACATION ON A PLATE."**

The New York Times
Magazine

   
WWW.DOCFORDS.COM

**THE ORIGINAL
YUCATAN SHRIMP!**

**Visit Our Sister Locations on Ft. Myers Beach
The Dixie Fish Co. & The Whale**